**Answer in your own words:**

Why are you ready to take steps toward making a change?

What would you like to see change?

You are more likely to excel in your career if you choose a career path that lines up with your skills, interests, and goals.

Have you ever taken a skills and interest survey? If so, what career paths/jobs match your skills and interests?

* + - Career Path – Choice 1 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Career Path – Choice 2 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Career Path – Choice 3 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you have hobbies? What about your hobby do you enjoy? These could include being creative, organizing activities, helping others, problem solving, physical activity, communicating, etc.

Have you ever had a job or volunteered? What kind of work would you like to do?

* Technical
* Management
* Craftsman/Foreman
* Service
* Farm/Other Labor
* Clerical
* Sales
* Other

What are your work-related skills/strengths? Include knowledge of operating machines and equipment, ability to type, tools owned, etc.

Where do you see yourself in 5-years?

This page asks for your employment history, job duties, and skills required to complete those job duties. This is another way to think about your valuable skills to contribute to a work environment. Once you complete this page, go back to the skills you made note of and compare.

|  |  |  |
| --- | --- | --- |
| **Job Title** | **Job Duties** | **Skills Required to Complete Job Duties** |
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Skills are important to think about when considering employment. You may have learned everyday skills from your parents/guardians, teachers, family members, mentors, friends, or past coworkers. Such skills include:

* Starting work on time (attendance)
* Dressing properly for work (self-presentation)
* Knowing how to use equipment at work (technical skills)
* Treating others with respect or treating them how you want to be treated (teamwork)
* Having a positive attitude (showing initiative)
* Using social media (computer skills)
* Writing in a journal (communication)
* Working on or repairing stuff (problem-solving skills)

Look at the skills above and see how they relate to your past experiences. Look at the definitions for these skills and ask yourself:

* What examples in my life can I use to show that I have that skill?

* Did I use that skill while working on a school project? Volunteering? Past job? Hobbies?

* What are my interests? What skills do I struggle with?

* What are my top 3 strongest skills?

* What are my 3 weakest skills? How am I going to enhance these skills?

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