Work-Based Learning Guide:
A Resource for Developing and Implementing Quality Experiences for Students

Vermont Agency of Education
ISL High School & Adult Division

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"In order to see this gap [global achievement gap] between what many kids are being taught by competent teachers every day in good schools versus what the world will require of them, you have to spend considerable time understanding what's going on in both the "Old World" of classrooms and in the "New World" of work.

Moving between these two worlds, I have come to understand that there is a core set of survival skills for today's workplace, as well as for lifelong learning and active citizenship - skills that are neither taught nor tested even in our best school systems. Young people who want to earn more than minimum wage and who go out into the world without the new survival skills I've uncovered in my research are crippled for life; they are simply unprepared to be active and informed citizens or to be adults who will continue to be stimulated by new information and ideas..."

- Quote from Tony Wagner's "The Global Achievement Gap"
ACKNOWLEDGEMENTS

In late 2010 the Vermont Department of Education convened a Work-Based Learning Committee to bring a new focus to the essential element of work-based learning as part of Vermont high schools’ efforts to transform learning to make it more relevant and student centered. The group decided that its first task was to establish a set of ‘gold standards’ that broadly defined quality work-based learning. Credit must be given to the National Academy Foundation’s Gold Standards for High School Internships as the primary reference point for establishing the new Vermont Standards for Work-Based Learning.

The committee’s second charge was to utilize the Gold Standards as the foundation for rewriting Vermont’s Work-Based Learning Manual, which had been produced in 1998 as part of the state’s School-to-Work initiative. It should be noted that while the format of the manual has been restructured to follow the standards, much of the text from that manual has been reproduced in this rewrite, reflective of the considerable research and high quality effort that went into production of the first version. We are indebted to Mary Mulloy of the Vermont Department of Education and Robin Morton formerly of the Vermont Chamber of Commerce Business Education Partnership who were primarily responsible for its development. Contributions to the manual were made by a large number of practitioners from schools and agencies across the state.

As for the current version, the Department of Education commissioned Linking Learning to Life, working in partnership with Upper Valley Business and Education Partnership, to carry out the rewrite. We would like to thank Linking Learning to Life and the Upper Valley Business and Education Partnership for the role they played in developing this new Work-Based Learning Manual. We would also like to acknowledge the support of Greg Voorheis from the Vermont Department of Labor for reviewing the sections related to legal issues, and the work of the entire Work-Based Learning Committee for review and revisions of the standards and manual drafts.
**DISCLAIMER:** PLEASE NOTE THAT THIS DOCUMENT IS INTENDED TO BE A RESOURCE TO GUIDE THE DEVELOPMENT OF SAFE, MEANINGFUL, EFFECTIVE, AND SUSTAINABLE WORK-BASED LEARNING PROGRAMS ACROSS THE STATE. REFERENCING THE GUIDE AND PARTICIPATING IN TRAININGS RELATED TO THE DEVELOPMENT OF EFFECTIVE PROGRAMS DOES NOT MEAN THAT AN INDIVIDUAL IS QUALIFIED TO COORDINATE AND SUPERVISE WORK-BASED LEARNING EXPERIENCES. INDIVIDUALS WHO COORDINATE THE EXPERIENCES AS WELL AS THE ADMINISTRATORS WHO SUPERVISE THEM SHOULD KNOW AND FULLY UNDERSTAND THE RISKS AND OBLIGATIONS INVOLVED IN WORK-BASED LEARNING.

**INTRODUCTION**

The vision, stated below, for transforming education in Vermont, particularly at the secondary level, has been further defined and articulated by the Commissioner of Education and other education leaders in the state. Part of this articulation describes the concept of flexible pathways through which all students can successfully complete high school. Elements that might be included in a student’s unique pathway include career and technical education programs, blended/virtual learning options, dual enrollment programming with Vermont postsecondary institutions, and work-based learning experiences.

What is Work-Based Learning?

Work-based learning (WBL) is learning that results from students engaging in activities on site with employers and...
designed to increase the knowledge and skills of the learner. The work experience is supplemented with instruction and activities that apply, reinforce, refine, or extend the learning that occurs during work, so that learners develop attitudes, knowledge, skills, and habits that might not develop from work experience alone.

WBL creates opportunities for employers and schools to provide structured learning experiences to develop workplace readiness, technical skills and 21st Century Skills. It is a process that allows students to explore careers, connect with businesses, learn about the functions of an organization, and understand the relevance of their education. Work-based learning experiences are activities that involve actual work experience or that connect classroom learning to employment and careers. Through work-based learning experiences, educational programs become more relevant, rigorous, challenging, and rewarding for students, parents, educators, and businesses. These opportunities particularly help students make the connection between academic principles and real world applications. For many, being able to answer the question ‘Why do I need to know this?’ provides motivation for more learning.

In addition to being an important component of good educational experience, work-based learning is essential to developing Vermont’s future workforce. There are very significant workforce development needs related to all Vermont youth that were described eloquently in the report from the Next Generation Commission: Linking Learning to Earning in Vermont (Dec. 2006). This group was appointed by the Governor and Vermont Legislature to review Vermont’s workforce concerns and recommend solutions.
In essence, the Vermont workforce will need to retain and train beyond high school as many Vermont youth as possible, including those that may have been considered ‘on the fringe’. The Next Generation Commission made four recommendations to address the pending workforce crisis in Vermont. One of these recommendations is:

“Raise postsecondary aspirations by markedly strengthening career awareness education beginning in elementary school. Continue exposure to careers and the need for postsecondary education and training in middle and high schools through technical education, school-to-work initiatives, internships, dual enrollment, and other efforts.”

Whether the reader is beginning to create work-based learning opportunities at their school, or whether the reader is in need of a reference to an already flourishing work-based learning program, this manual is intended to help Vermont schools develop programs that will raise postsecondary aspirations and that will expose students to the realities of today’s workplace.

**Objectives**

This manual’s primary aim it to assist practitioners in schools and community based organizations with developing and implementing quality school-to-work, internship, and other work-based learning experiences for all students. This manual serves as a guiding framework for defining not only the roles and responsibilities of the coordinator, but also the elements of quality program planning and implementation.
Please note, that the information in this guide is general information on legal considerations related to work-based learning and does not carry the force of legal opinion.
VERMONT GOLD STANDARDS FOR WORK-BASED LEARNING

Standard 1  Every school makes WBL a part of a program of study leading to college and career readiness.

Standard 2  A qualified professional facilitates WBL activities as identified in the Vermont Work-Based Learning Guide.

Standard 3  Employers develop the future workforce through WBL activities.

Standard 4  Students’ individual needs and goals are incorporated into WBL activities.

Standard 5  WBL activities are coordinated as a continuum of career development.

Standard 6  WBL activities are integrated with academic standards.

Standard 7  WBL activities are utilized as a mechanism to acquire the 21st century skills needed to succeed in the workplace, for all students.

Standard 8  WBL activities are in compliance with labor, health, and safety regulations.

STANDARDS WITH INDICATORS
### STANDARD 1

Every school makes WBL available as part of a program of study leading to college and career readiness.

| Objectives: | All state approved secondary schools strive to make WBL activities available to all students. For secondary students with special needs, WBL activities are integrated with their IEP/504/transition plans. |
| Indicator: | Each school has identified which WBL activities are offered. |

### STANDARD 2

A qualified professional facilitates WBL activities as identified in the Vermont Work-Based Learning Guide.

| Objectives: | WBL Coordinators complete a Department of Education approved training program. WBL Coordinators have clearly defined job descriptions and high quality supervision. |
| Indicator: | WBL Coordinators demonstrate understanding of and proficiency in using the Vermont Gold Standards for Work-Based Learning and WBL Guide. |

### STANDARD 3

Employers develop the future workforce through WBL activities.

| Objectives: | Employers create opportunities for students to explore possible future employment. Employers develop a means to assess student performance through long-term WBL activities (i.e. internships and co-op placements) |
| Indicator: | Employers can identify benefits from and value their involvement in WBL activities. |

### STANDARD 4
STANDARD 5

Students' individual needs and goals are incorporated into WBL activities.

Objectives:
- Specific learning objectives are identified and assessed for each WBL activity.
- Students engaged in longer-term WBL activities (i.e. internships and co-op placements) include a training plan that outlines learning objectives.

Indicator:
- Students identify how WBL activities help achieve their learning goals.

WBL activities are integrated with academic standards.

Objectives:
- Long-term WBL activities (i.e. internships and co-op placements) will be valued in satisfaction of graduation requirements merit earning high school credit.

Indicator:
- Schools identify how WBL activities enhance their core curriculum.

WBL activities are utilized as a mechanism to acquire 21st Century Skills for all students in order to succeed in the workplace.

Objectives:
- National educator and employer consortia have defined essential 21st Century Skills necessary for all students to succeed.

Indicator:
- Schools define and measure the acquisition of 21st Century Skills acquired through WBL.

WBL activities are in compliance with legal, health and safety regulations.

Objectives:
- School districts are responsible for providing adequate insurance and other risk management policies related to WBL activities.
- Employers are responsible for providing safe, closely supervised
The 21st century introduces a plethora of new challenges to youth growing up during these times, especially when it comes to becoming ready for the workforce. These challenges include the following:

- A hyper-competitive economic environment where many skills are becoming commoditized so that only the most creative, competent, and innovative people can succeed
- Globalization and introduction of cross-cultural work environments that demand cultural competency
- Constantly changing workplace demands that require adaptation and self-initiative
- Rapidly shifting technology trends that require the workforce to be fluent in using the latest technologies

WBL prepares youth to tackle these challenges and successfully transition into the 21st century workforce. The Partnership for 21st Century Skills has created a Framework for 21st Century Learning. WBL offers students opportunities to practice 21st century skills in these three focus areas.

- Financial, economic, business and entrepreneurial literacy
- Learning and innovation skills
- Life and career skills

While there are a number of definitions for 21st Century Skills, most of the core competencies are similar. A useful framework for listing these essential skills comes from
Tony Wagner’s *The Global Achievement Gap (2008)*. In it he defines the Seven Survival Skills for Teens Today as:

- Critical thinking and problem solving
- Collaboration across networks and leading by influence
- Agility and Adaptability
- Initiative and Entrepreneurialism
- Effective oral and written communication
- Acquiring and analyzing information
- Curiosity and Imagination

**Core Subjects and 21st Century Themes**

Mastery of core subjects and 21st century themes is essential to student success. Core subjects include English, reading or language arts, world languages, arts, mathematics, economics, science, geography, history, government and civics.

In addition, schools must promote an understanding of academic content at much higher levels by weaving 21st century interdisciplinary themes into core subjects:

- Global Awareness
- Financial, Economic, Business and Entrepreneurial Literacy
- Civic Literacy
- Health Literacy
- Environmental Literacy

**Learning and Innovation Skills**

Learning and innovation skills are what separate students who are prepared for increasingly complex life and work environments in today’s world and those who are not. They include:

- Creativity and Innovation
- Critical Thinking and Problem Solving
- Communication and Collaboration
Information, Media and Technology Skills

Today, we live in a technology and media-driven environment, marked by access to an abundance of information, rapid changes in technology tools and the ability to collaborate and make individual contributions on an unprecedented scale. Effective citizens and workers must be able to exhibit a range of functional and critical thinking skills, such as:

- Information Literacy
- Media Literacy
- ICT (Information, Communications and Technology) Literacy

Life and Career Skills

Today's life and work environments require far more than thinking skills and content knowledge. The ability to navigate the complex life and work environments in the globally competitive information age requires students to pay rigorous attention to developing adequate life and career skills, such as:

- Flexibility and Adaptability
- Initiative and Self-Direction
- Social and Cross-Cultural Skills
- Productivity and Accountability

For more information about 21st Century Skills, visit:

www.p21.org
Involving Participants in Work-Based Learning

Any work-based learning opportunity involves the participants described in the graphic while providing an opportunity for employers and schools to offer students structured learning experiences that develop broad transferable skills. This is a process which allows students to meet academic standards and find inspiration in a hands-on, real life environment while developing employability skills and career awareness. Success depends on the involvement and commitment of all participants: schools, employers, students, and parents/guardians.

Further Definitions of Work-Based Learning

There are many different definitions of work-based learning. According to Linked Learning's Pathways to College and Career Success, "Work-based learning is an educational strategy that provides a range of experiences that are intentionally designed to help students extend and deepen classroom work and make progress toward learning outcomes that are difficult to achieve through classroom or standard project-based learning alone."

For additional definition/explanation of WBL, see:
http://www.qualityresearchinternational.com/glossary/workbasedlearning.htm
FOUNDATION OF A STRONG WBL PROGRAM:

The Qualified Professional

High quality WBL opportunities require planning and are carried out by trained, qualified, and properly credentialed professionals either based at the school or working on behalf of the school through an intermediary organization in the community. In Vermont there are people serving as WBL coordinators who function in a number of different capacities. For example: the career and technical education centers are required to have a licensed co-operative education/student apprenticeship coordinator (SBR 2379(5)) and some middle and high schools employ school-to-work coordinators, special educators, career class instructors, guidance staff, service learning coordinators who arrange WBL experiences. Partner non-profits or human service agencies may employ career development staff, employment specialists, job placement or internship coordinators and the like.

Whoever is responsible for helping to support students and employers with setting up quality learning experiences in the community should be well prepared to make these experiences safe, successful, and meaningful for the student.

WBL Coordinator Roles and Responsibilities

These services may include the following:

- Promoting work-based learning
- Orienting students, parents/guardians, and employers
- Working with students to develop measurable learning goals and objectives that connect their experience to academic standards
- Conducting or arranging classroom activities related to pre-employment skills, work readiness and job search skills
- Counseling students about jobs and careers
- Assisting students with questions and forms relating to work
- Developing job sites and work-based learning placements
- Matching students with employers
- Providing basic safety training as appropriate to the placement
- Assessing student performance at school and at the worksite
- Conducting on-site employer visits to monitor and evaluate student progress
- Maintaining professional relationships with employers
- Taking disciplinary action when necessary in relation to classroom activities or worksite placements
- Attending professionally related trainings and conferences
- Completing records and forms
Integration of Academic Standards

A well-planned continuum of career development incorporates high-level academic achievement. Career exploration activities such as job shadowing give students a chance to see the connection between what they are learning in school and what skills are required in the workplace. By observing people at work, students understand first-hand the importance of math, science, technology, communication, teamwork, critical thinking and problem solving. Through WBL activities, a student’s classroom is extended to the workplace. Students actually put skills learned in the classroom to use in the workplace while learning new, job-related skills. When students can see the connection between schools and their future, they often gain a new appreciation for schoolwork. As described in the Common Core State Standards, integrating academics with work-based learning is essential to ensure students are college and career ready.

The American School Counselor Association’s National Standards suggest that “Students will understand the relationship of academics to the world of work and to life at home and in the community.” According to the ASCA, in order to relate school to life experiences, students must:

- demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life, and seek co-curricular and community experiences to enhance the school experience;
- understand the relationship between learning and work;
- demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals;
- understand that school success is the preparation to make the transition from student to community member; and
- understand how school success and academic achievement enhance future career and vocational opportunities.

Awarding Academic Credit for Work-based Learning

Students enrolled in a WBL program should be eligible to earn credit for both the
classroom instruction and the supervised work experience. The actual amount of credit earned will vary depending on each school’s policies and practices. In the case of internships, students sometimes earn credit rather than wages, but that is determined by the school and the employer, and needs to adhere to applicable labor laws.
Legal Matters

While these experiences provide a rich source of instruction and are a valuable resource to educators, employers, and students, they also add additional legal concerns and responsibilities. This section should not be a substitute for the advice of an attorney or of the government agencies charged with administering and enforcing the laws. In addition, any risk management plan developed for work-based learning opportunities should always be reviewed by legal and risk management experts before implementation.

Many parents, employers, and schools are confused or uninformed regarding the mix of federal and state laws and regulations that apply to young people in the workplace. It is essential that educators and employers become knowledgeable about liability issues and laws governing students in the workplace. Employers must comply with federal and state child labor laws and regulations that address wage and hour, and workplace safety requirements for minors. Those who place students in the workplace need to understand the laws and have a responsibility to the students (and parents/guardians) involved in the WBL program to provide comprehensive information concerning risks associated with work-based learning. By providing this detailed information, the WBL professional allows the student and his/her family to make an informed decision about student participation in a WBL experience.

This section of the manual is intended to highlight some of the basic legal issues pertaining to work-based learning including wage and hour laws, risk management issues, nondiscrimination laws, and confidentiality concerns. A subsequent section will address safety concerns. Neither section will provide all the answers. In some cases it will evoke more questions. It will help work-based learning professional to identify potential problems and create the steps toward solutions.

Risk Management & Insurance

The old adage “an ounce of prevention is worth a pound of cure” can certainly apply to
work-based learning opportunities. If the school and the WBL professional have created reasonable plans for students in WBL activities, and the WBL professional has done their diligence to ensure students, families, and employers are educated about their rights and responsibilities, and has taken steps to make sure the workplace setting will be safe and in compliance with established labor laws, then the preventative steps have been taken.

Even with every possible prevention measure taken, accidents can and do happen. This is why insurance is important. No one counts on an accident happening, but having proper insurance coverage indicates that a potential negative outcome has been considered in the planning of WBL opportunities.

In order to minimize the potential financial risks to the school related to the work-based learning activities of its students, the school will need to acquire appropriate insurance coverage. This section of the manual cannot guarantee perfect coverage, or that no misfortunes will happen, but hopefully it will help you and your school to attain fairly comprehensive coverage for work-based learning activities.

If you are not an administrator, work with your school’s administration to address concerns related to insurance coverage. You will need their support and approval. Administration may choose to address the situation themselves. With a little research, you will be able to determine the insurance coverage your school already has or needs to have in place.
**GENERAL LIABILITY INSURANCE**

Liability is not accident or medical insurance. Its purpose is to protect the insured against claims of negligence. Negligence exists when a duty is owed to another and a non-intentional breach of that duty occurs, resulting in some form of physical injury and/or property damage.

School liability policies typically only cover the liability exposure of the school and teachers. It is recommended that you get written verification from your school’s insurance carrier or underwriter stating that the policy will cover work-based learning activities. In order to make sure the carrier knows what coverage you need, provide them with a list of work-based learning activities. If the carrier does not understand the issues well, and you can get permission to work with the underwriter, the underwriter can be the best source of information about the bottom line of your school’s policy. Make sure the coverage will be active when students are engaged in any and all work-based learning activities, including those that are not during traditional school hours, not on school grounds, and not directly supervised by a school employee. If your policy does not provide coverage that encompasses these three requirements, the school and the individual arranging work-based learning activities may not be protected by insurance coverage when students are involved in situations as simple as job shadows.

Ask your carrier about riders and endorsements. Some general liability policies will allow

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**LIABILITY INSURANCE QUESTIONS**

- Does it cover work-based learning activities including traditional school activities? (typically yes)
- Does it cover work-based learning activities that take place during or after school hours?
- Does it cover work-based learning activities that are on, or off school grounds?
- Does it cover work-based learning activities that are, or are not supervised by a school employee?
- Are there any exclusions?
- Does it cover students?
- Does it provide medical payment coverage? (typically no)
- What is the coverage provided?
you to add a work-based learning rider to the existing policy so that it will cover work-based learning activities. Some companies also offer various work-based learning endorsements which can make your policy more comprehensive.

Another question to ask is whether your school’s liability policy has any exclusions, such as malpractice (health services) or a garage exclusion. Policies often have exclusions for situations such as these that are considered high risk. If such an exclusion exists you should not place students at those types of worksites, or you may be able to negotiate a rider to the policy allowing such placements. That would require administrative support and funding.

Another issue to address is whether the policy covers students. If a student causes damage at a work-based learning site (for example, they mistakenly delete precious files from a computer), would the student be covered by the liability policy?

If the answer is no, negotiate a rider to the policy. Verify that the school’s liability policy protects the school against third party suits for paid and un-paid placements. If an accident occurs in a paid placement, the student is covered by workers’ compensation. The student-employee can’t sue the employer but the parents, as a third party, can sue the school.

The last question to ask is whether the policy provides medical coverage for accidents if a student is hurt. Typically the answer will be no, which brings us to the next type of insurance.

**BASIC VOLUNTARY STUDENT ACCIDENT INSURANCE**

Basic accident insurance is offered to students through the school but generally is not required. Most basic voluntary student accident insurance programs provide maximum benefits up to $25,000; some programs include $50,000 and $100,000 benefit maximums. For certain activities such as school sports, student accident insurance may be encouraged. Most traditional accident insurance policies require the student to be on the school site and/or under the direct supervision of a school employee for the student to be covered, unless other provisions are made within the actual policy. With the exception of school
sponsored and supervised field trips, work-based learning activities frequently are not covered by such policies.

If this type of insurance is offered through your school, verify with the carrier that the policy will cover work-based learning activities. Sending the carrier an outline of work-based learning activities is helpful. Again, it is important to make sure that coverage will be active when students are engaged in any and all activities, including those that are not during traditional school hours, not on school grounds and are not directly supervised by a school employee. If the policy meets these requirements, and you are sending students out on work-based learning activities, document whether or not the student's family has purchased the accident policy. Some of these policies offer “school time only” and 24-hour coverage options. So, also document which policy the student has. Most “school time only” options provide coverage only for work-based learning activities that take place during school hours. Define what “school hours” are and verify with the carrier whether or not the policy has any time exclusions before assuming students are covered for activities that take place outside of school hours.

**STUDENT ACCIDENT CATASTROPHIC INSURANCE**

Student accident catastrophic insurance serves as a potential stop-loss for a school in case of a major injury. Most basic voluntary student accident insurance programs provide maximum benefits up to $25,000; some programs include $50,000 and $100,000 benefit.
maximums. Catastrophic insurance has much higher maximum benefits such as one to five million, along with a substantial deductible amount that assumes the existence of a basic accident insurance policy or a process for self insurance.

Should an accident occur, a student’s family medical and/or voluntary accident insurance policy, if they have such coverage, may cover medical expenses. If so, such policies often provide coverage only up to a point. Beyond that, catastrophic insurance acts as a stop-loss for the school. Whether or not your school’s liability policy has a medical payment exclusion, the school may want to purchase catastrophic insurance. This type of coverage is typically inexpensive, with different rates for athletics, work-based learning and regular students. Schools and school districts can pool together to purchase policies, making it even more affordable. The value of obtaining this type of coverage can be well illustrated by the settlement of a case at a school in northern Vermont which did not have catastrophic insurance and where a student was seriously injured. In most cases parents would not sue a school system because their child was injured if all of their medical costs were covered. In the case of this Vermont school the final settlement, which was for medical costs alone, would have paid their catastrophic insurance policy premiums for 156 years.

As with liability insurance, verify with the carrier that your school’s catastrophic insurance policy will cover work-based learning activities. Sending the carrier an outline of work-based learning activities is helpful. Again, it is important to make sure that coverage will be active when students are engaged in any and all activities, including those that are not during traditional school hours, not on school grounds, and are not directly supervised by a school employee.

**STUDENT ACCIDENT CATASTROPHIC INSURANCE QUESTIONS**

- Does it cover work-based learning activities including traditional school activities like field trips? (typically yes)
- Does it cover work-based learning activities that take place during or after school hours?
**FAMILY MEDICAL INSURANCE**

If a student is covered by a family medical insurance policy, it may or may not cover the student while he/she is engaged in school activities and it may or may not cover accidents.

As with the voluntary accident insurance, verify whether or not a student is covered by medical insurance and if the policy covers accidents. Consider sending home a form requesting the name of the policy, policy number, effective dates, and parent(s) signature. Keep in mind that some families will be sensitive to the request for such information. Suggest to the parents that they verify with their carrier that the policy will cover the student while at school or engaged in school work-based learning activities. Even if the parents verify that the student is covered, this type of insurance is not as reliable as the others. For example, while a family may have coverage when the student enrolls in a work-based learning program, a month later the family may cancel the policy or miss a payment losing the coverage. If the policy has a high deductible, it might benefit the family to purchase a voluntary accident insurance policy for their child.

**OTHER BASIC ACCIDENT INSURANCE OPTIONS**

Another insurance product that is available in some places is called “slots”. This type of insurance provides basic accident coverage for students while engaged in work-based learning activities that are non-paid. Many students can be rotated through each slot given that only one student is using it at a time. You need only to purchase enough slots to cover the maximum number of students that would be out on an unpaid work-based learning activity at a time. With this insurance in place, the existence of a family medical or voluntary accident policy for the student is not as crucial.

**FAMILY MEDICAL INSURANCE QUESTIONS**

- Does the policy cover the student during or after school hours, and while they are engaged in any type of school activity, including work-based learning?
- Are there any exclusions?
WORKERS’ COMPENSATION

Workers’ compensation is insurance that compensates an individual’s lost wages (a percentage) due to injury suffered while on the job and covers medical costs, disability rehabilitation, the loss of functional capacity and survivor benefits, as well as providing liability protection for the employer.

*Individuals who are engaged in a paid employee-employer relationship must be covered by the employer.* Any student involved in a paid work-based learning position must be covered by workers’ compensation insurance. Currently in Vermont, workers’ compensation coverage for the student is the responsibility of the employer. **Do not place any students into a paid work position if the employer does not or will not cover the student with workers’ compensation insurance.** It is illegal according to both state and federal law to have a paid employee who is not covered by workers’ compensation insurance. Before placing a student in a paid employment position verify that the employer has workers’ compensation insurance, or that the student has such coverage through the school or other party specifically for that position.

TRANSPORTATION INSURANCE

Transportation of work-based learning students is a complex insurance issue. Transporting students in a school bus is probably the safest situation, assuming the school has all the proper insurances in place. However, a school bus is not always practical when working with one or just a few students. When using a bus, make sure you follow all school procedures and protocols, such as permission slips.

Most schools have general liability policies that provide secondary liability insurance for employees who transport students, as required by Vermont statute (Source: [16 VSA §1756(b)](https://www.regulations.gov/aag/details/16VSA§1756(b))). This means that the adult’s personal auto insurance will pay first and the school policy
will pay second. If the adult’s policy will not cover the situation, the school’s policy generally then becomes the primary policy. It is very important to check with your school on their protocol for driving students. Some schools will not allow people to drive students unless their personal policy will cover them to drive students and unless their policy covers them up to a specific amount. Some policies also provide secondary coverage for volunteers, such as parents, to drive students. Insurance companies often require that the school have copies on file of the volunteers’ driver’s licenses and insurance cards.

1. **Student driving himself/herself:** Check school policies and protocols around students transporting themselves and others. If a student drives him/herself to a work-based learning site, prepare a transportation agreement including the following:
   - Parental permission to drive, including:
     - verification that student and car are covered by insurance
     - statement that the car to be used is safe and inspected
     - other agreements as needed (see sample form)
     - parent and student signatures
   - Copy of student’s driver’s license and insurance card on file

2. **Students driving other students:** Generally the practice of students driving other students is discouraged as being a very risky situation. However, if you choose to let students drive one another to a work-based learning site, prepare a transportation agreement to include the following:
   - Parental permission to drive, including:
     - verification that student and car are covered by insurance
     - statement that the car to be used is safe and inspected
     - parental permission for their child to drive the other student(s)
     - parental permission for their child to be driven by the other student
     - other agreements as needed (see sample form)
     - parent and student signatures
   - Copy of student’s driver’s license and insurance card on file
3. **Teacher/other person driving a student:** Minimally, do the following:
   - Get written parental permission for the student to be driven by the given person
   - Have the adult verify with his/her insurance carrier that he/she is covered to transport students
   - Follow school policy and protocols on transporting students in private vehicles
   - Verify with the school’s general liability insurance carrier that adults will receive at least secondary coverage through the policy when transporting students, and which adults are authorized under this coverage
   - Inform the adult driver of coverage and protocols

**OTHER INSURANCE CONSIDERATIONS**

When a work-based learning activity involves a business or a site off school grounds, verify that the site has commercial general liability insurance. The employer should verify that its policy will cover them when hosting students.

- Always verify with the school administration, what policies and protocols and checklists you need to follow for the activities you are implementing. If these strategies are not in place make sure they are established. The issues to be addressed include:
  - protocol for student placement
  - ensuring student safety
  - expectations of students
- Insurance policies that cover work-based learning activities sometimes have a definition of “to monitor” which outlines what is expected of the person coordinating the work-based learning activity including supervision requirements, pre-placement activities, and site review requirements.
- Work-based learning activities usually assume or require a connection between the activity and the student’s academic program, either for credit or not for credit.
- Always make sure forms are returned signed.
- Another issue to address is that of doing background checks on business and community people who will be working with your students. Check with your school administration on the school’s policies and protocols around doing background checks on people who are not employees of the school but who will work with students directly in a work-based learning activity.
DISCRIMINATION & HARASSMENT

Federal and state laws ban sexual harassment in both public educational programs and in employment situations.

DEFINITIONS:

Discrimination in the workplace is defined as treating a person (or group of people) differently or less favorably because of a particular characteristic.

Harassment in the workplace is defined as unwanted comments or conduct by a co-worker, boss, or other employee that is based on a protected characteristic and that is severe enough to create a hostile work environment. Harassment based on sex is the most common type.
(Definitions provided by EEOC.gov)

In employment situations Title VII of the Civil Rights Act of 1964, the Americans with Disabilities Act (ADA) of 1990 and the ADA Amendments Act of 2008, and Vermont’s Fair Employment Practices Act ban discrimination on the basis of race, color, national origin, religion (sometimes referred to as creed), sex, age, disability, sexual orientation (VT), or gender identity (VT) for both employees and job applicants.

In educational programs, Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, and Title II of the Americans with Disabilities Act (“ADA”) of 1990 paired with Vermont’s statutes covering places of public accommodation (schools are included) prohibit discrimination based on the same characteristics.

Practitioners who place students in a work-based learning site are required to obtain assurances from the employer indicating that they do not engage in discriminatory practices based on the characteristics mentioned above. Any agreements with employers should be in writing and should also include assurances that they abide by applicable labor laws. Include a section on your worksite checklist noting that you have addressed this area of concern. In addition, to comply with the ADA, make sure that the worksite is accessible and that students with disabilities have the accommodations they need to participate in the work-based learning experience. If the experience is paid, the employer would be
responsible for providing those accommodations based on the provisions of the Americans with Disabilities Act.

The Equal Employment Opportunity Commission (EEOC) is responsible for enforcing federal employment related anti-discrimination laws. In the State of Vermont, the Attorney General’s office investigates complaints and oversees enforcement of the state’s employment related anti-discrimination laws in private sector employment while the Human Right Commission is responsible for investigating complaints from the public sector.

Sexual harassment can be a very troubling issue in a work-based learning situation. By taking a series of precautions you can alleviate the chances of having a serious problem arise. Every agreement used for work-based learning student participation needs a section that indicates that an employer is expected to maintain a safe working environment. A safe working environment includes protection from discrimination and harassment of any kind. The school has an obligation and a right to terminate the agreement at any time if there is a breach in the above stipulated items.

As required by Title IX of the Education Amendments of 1972 (34 CFR Part 106 §106.9), a school that receives any federal financial assistance is required to publish a continuous notice of non-discrimination in brochures, pamphlets, fact sheets, etc. describing a program or service offered by the school or recruiting students to participate in a program or service – including work-based learning experiences. An example is provided below:

The __________________ SUPERVISORY UNION/SCHOOL/TECHNICAL EDUCATION CENTER does not discriminate on the basis of race, color, national origin, sex, disability, religion, sexual orientation, gender identity, age, and marital/civil union status in admission or access to, or treatment or employment in, its programs and activities. The SUPERVISORY UNION /SCHOOL/TECHNICAL EDUCATION CENTER provides equal access to the Boy Scouts and other designated youth groups. For questions about this policy, please contact: xx[name or title]xx at 802-xxx-xxxx.

The EEOC has a website geared toward youth in the workplace with a number of resources related to discrimination.

The website can be found at:

http://www.eeoc.gov/youth
**WAGE & HOUR LAWS**

Even though labor laws may not always apply in a work-based learning situation, you are encouraged to adhere to child labor laws with regard to hours and hazardous working conditions. Compliance with federal child labor laws (Fair Labor standards Act (FLSA) and Vermont’s state labor laws (child labor 21 V.S.A. §431) is an important part of a safe, successful, and meaningful work-based learning program. The close alignment of the two laws ensures that compliance can be more easily achieved as the rules for youth employment are clear and comprehensive for employers. Guidance that is provided by the federal and state departments of labor is invaluable in assisting a school-based coordinator in determining hazardous jobs or working conditions for children.

What is the youngest age at which a person can be employed?

- Vermont’s law has time and hour restrictions for children under the age of 16.
- Occupational restrictions for children under the age of 18, similar to those in the federal law.

*Note: In Vermont there are exemptions for children employed as a performer/actor, agricultural worker, or employed in domestic service.*

- Vermont allows children to work in some professions at age 14.

Might a certificate of eligibility be required?

Vermont only requires employment certificates issued by the Department of Labor for minors if:

- (a) the child is under 16 years of age, and
- (b) employed during school hours in other than a duly approved educational or technical course of study.

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**CHILD LABOR LAW GUIDE**

A helpful guide to child labor laws can be found on the Vermont Department of Labor website, or by clicking this link:

http://goo.gl/N8e2e
Also under Vermont law, employers are strongly encouraged, for their own protection, to maintain a certified copy of a birth certificate for all minors they employ (21 VSA §431).

### ADDITIONAL YOUTH EMPLOYMENT RESOURCES:


Fact Sheets specifically related to youth employment (also good for employers):

### TRAINING OR EMPLOYMENT

Work performed by students in work-based learning may constitute employment (and subject to the Fair Labor Standards Act (FLSA)) or training (not subject to FLSA).

The U.S. Department of Labor Wage & Hour Division established criteria based on U.S. Supreme Court interpretations of the FLSA for determining whether work is employment or training.

The applicability of the labor laws depends on whether a student involved in work-based learning has the role of student, voluntary trainee, or employee. The student’s status is critical in the design, implementation, and monitoring of all work-based learning experiences.

In general, a student is considered a trainee not covered by FLSA if ALL of the following criteria are continuously met:

- The training, even though it includes actual operation of the facilities of the employer, is similar to that which would be given in a vocational school
- The training is for the benefit of the trainees or students
- The trainees or students do not displace regular employees, but work under their close supervision
• The employer that provides the training derives no immediate advantage for the activities of the trainees or students and on occasion the employer’s operations may actually be impeded

• The trainees or students are not necessarily entitled to a job at the conclusion of the learning experience (although employers may offer jobs to students who complete training)

• The employer and the trainees or students understand that the trainees or students are not entitled to wages or other compensation for the time spent in training (although a stipend may be paid for expenses).

Refer to the related Fact Sheet on Internships from the U.S. Department of Labor found here: http://www.dol.gov/whd/regs/compliance/whdfs71.pdf

In the event that any one of these criteria is absent, the work performed by the student will likely constitute employment subject to the provisions of the FLSA. If a student meets all the criteria and is determined to be a trainee, wages are not paid and labor laws do not apply. A stipend may be paid to reimburse expenses such as books or tools, but not as a substitute for wages.

If a student is determined to be an employee, then both state and federal child labor laws cover the work-based learning placement. Both jurisdictions regulate only those workers under 18 years of age, after which they are considered to be adult workers protected by state and federal general labor laws.
CONFIDENTIALITY

Confidentiality in a work-based learning experience is a two-way street. An employer or potential employer may ask questions regarding a student. Students in a worksite may also be privy to confidential information regarding the employer or the business’ customers.

When working with students in work-based learning sites, it is important to release student information such as classes taken, skills, and grades to employers. You may provide directory-type information which includes the following:

- Student’s name
- Student’s address
- Student’s date and place of birth
- Student’s major field of study
- Student’s participation in officially recognized sports or activities
- Weight and height of members of athletic teams
- Dates of attendance
- Degrees and awards received
- Most recent previous educational institution attended

Information which does not fall under the directory-type of information is considered to be confidential information (Source: Family Educational Rights and Privacy Act Regulations [FERPA] 34CFR§99.1).

All confidential information, including a student’s social security number, can be shared only with the signed permission of the student (age 18 and over) or the student’s parent/guardian (under age 18). It is a good idea to have a student and/or their parent/guardian sign an information release form before making a work-based learning placement. The information release statement may also be contained in the training contract.

Employers may also be concerned that a student in a work-based learning experience will share confidential information regarding the employer’s business or it’s customers with those outside of the worksite. Explain to the student the importance of confidential
information and what the employer’s rules are regarding information. A student may be asked by the employer to sign a form stating that they understand the rules, and that they will keep such information confidential.

Some students may be engaged in a hospital or other healthcare setting. In this case, confidential employer information may also be confidential patient information. While students do not have a “need to know” information from patient charts and files, they may become privy to confidential patient information that is protected by the Health Insurance Privacy and Portability Act (HIPPA). This would be the employer’s responsibility to ensure students are properly trained to protect confidential patient information they may come into contact with.
Safety

BACKGROUND CHECKS

School district policy may require a Criminal Background Check be completed on any person who directly works or volunteers with youth. Consult with school administrators regarding this issue. This may apply to a variety of WBL activities.

LICENSING REQUIREMENTS FOR B/G CHECKS!

AT THE WORKSITE

The importance of ensuring the safety of each student during a WBL activity is vital to the success of the program. All activities from worksite field trips to service learning to paid work experience must be monitored and students must be protected at all times.

There are several types of work that are potentially hazardous to young people. These include:

- working in or around motor vehicles;
- working near electrical hazards;
- working in retail and service businesses where there is a risk of robbery;
- working on ladders, scaffolds, roofs or construction sites;
- working around cooking appliances;
- continuous manual lifting and lifting of heavy objects; and,
- operating tractors and other heavy equipment.

EDUCATOR & EMPLOYER TOOLKIT

The WBL coordinator must be familiar with laws pertaining to hazardous occupations.

Important information and a toolkit for educators and employers is available at:

http://www.youthrules.dol.gov/for-employers/index.htm
Preventing hazards and accidents is the collective responsibility of the WBL coordinator, the employer, the supervisor, and the student. Prior to students engaging in an activity at the site, the WBL coordinator surveys the potential risks for students. Corrective actions should be made by the employer before a WBL activity begins. The WBL coordinator monitors the site throughout the experience and addresses basic safety rules in the school-based curriculum.

The employer is responsible for maintaining a safe work environment, eliminating hazards, training students to recognize hazards and use safe work practices, complying with child labor laws, evaluating equipment, and providing appropriate supervision. The student’s immediate supervisor is responsible for monitoring the safety of the student and instructing the student when the need arises.

Each student is also responsible for taking steps to protect him or herself. They should know their rights, participate in training programs, recognize the potential for injury at work, ask questions, and follow safe work practices. The Occupational Safety and Health Administration makes the following resource available to youth workers, specifically aimed at educating young workers about their rights and responsibilities related to a safe workplace. The website is: [http://www.osha.gov/youngworkers/workers.html](http://www.osha.gov/youngworkers/workers.html)

Sadly, every year about 70 teens die from work injuries in the United States. Another 70,000 get hurt...
badly enough that they go to a hospital emergency room.

In order to ensure student safety, it is recommended that you do the following:

- Contact the Vermont Department of Labor to check on workplace safety requirements.
- Include safety items in your worksite evaluation forms.
- Visit worksites before placing students and identify safety concerns.
- Identify needed safety equipment (e.g., safety glasses, steel-toed boots) and how to provide.
- Talk with the employer and the student’s worksite supervisor about safety issues. You may want to give them a copy of the information contained in the Work Safe This Summer: Employer’s Guide to Teen Worker Safety or other safety publications.
- Train students on safety issues before they go into the workplace. A free training resource, made available by the Occupational Safety and Health Administration at the US Department of Labor can be found here: [http://www.osha.gov/youngworkers/resources.html](http://www.osha.gov/youngworkers/resources.html). The website has a training component that addresses nearly all of the hazardous occupations for youth.
- Ensure that students placed in child care facilities, medical facilities, and other sites where they may be in potential contact with body fluids or wastes are inoculated with the Hepatitis B vaccine, or at least given the opportunity to be inoculated. *If the WBL activity is paid, the employer is obligated to pay for the inoculation.*
- It is also appropriate to train students in using applicable safety precautions and in the use of personal protective equipment (PPE).

In order to ensure the safety of the students, safety training at the school and worksite should include the following:

- Basic first aid
- Basic safety rules
• Health and safety hazards
• Proper use of personal protective equipment
• Ergonomics
• Proper handling of hazardous materials
• Maintaining safe and clean work areas
• Safe practices with machines and tools
• VT Employee Rights
• Reporting of illnesses, injuries or unsafe conditions

Sources: VT Employee Rights, MN DCFL, VOSHA

MORE SAFETY INFORMATION AND RESOURCES

The National Institute for Occupational Safety and Health (NIOSH)
Request for Assistance in Preventing Deaths and Injuries of Adolescent Workers

http://www.cdc.gov/niosh/docs/95-125/

**CAREER DEVELOPMENT PROGRESSION**

Work-based learning is one element of the larger category of career and college readiness activities, all of which combine to create a lifelong process of career development stretching from preschool through adulthood. There are four broad overlapping stages that most people experience as they develop their careers—awareness, exploration, preparation, and application. WBL activities are designed to help students move through these stages and learn about the world of work and the career options they could pursue.

**The Process of Progression in Career Development**

Career development is a process just like learning to walk and talk. The stages of career development overlap and are ongoing throughout one’s lifetime. The appropriate time for initiating each of the stages of career development for students with disabilities will depend more upon the developmental level vs. the student’s grade level. There are certain stages that should be addressed at elementary, at middle school, and high school and beyond.

The progression of career development might look like:

- Awareness of self (abilities and aptitudes)
- Awareness of careers
  - **Career awareness/orientation** is the first stage of the process and should begin in the early elementary years. This stage really never ends. It is important for this stage to begin early in children’s lives so they can develop self-awareness and feelings of self worth/confidence. This will assist them in: (1) developing a work personality that helps them perceive themselves as workers; (2) becoming more aware of different jobs; (3) developing work values, attitudes and other attributes appropriate to their unique abilities and needs.
- Career exploration (background orientation and preparation for training)
Career exploration is the second stage of career development. This stage should be emphasized particularly during the middle school years; although it, too, never really ends. During this stage teens should be given a chance to examine firsthand broad occupational groupings such as agricultural work, construction, information technology, public service jobs, business and finance, and manufacturing. They should be allowed to obtain various hands-on experiences, and be given the opportunity to examine their own particular set of abilities and needs, as related to vocational interests, leisure and recreational pursuits, and other roles related to their overall career development.

- Continued career exploration including community-based learning
- Career preparation
  - Career preparation represents a third stage of career development. This stage occurs usually during the high school years and finds the student beginning to develop and clarify personal, social and occupational knowledge and skills. Specific interests, aptitudes and competencies of the student should be more clearly delineated in this stage relative to the lifestyle the student desires. Courses should be selected on this basis so a variety of experiences in and out of the classroom can be provided. A substantial experiential component should characterize this stage of development.
  - Career training programs and work experiences designed to prepare students for employment and/or additional training
  - Postsecondary training or retraining of persons for gainful employment
  - Continual development of transferable and occupational specific skills to result in a satisfying career life
    - Career application and continuing education reflects the opportunity to experience first hand real work environments. This
stage of development requires the direct involvement of employers and community-based organizations providing students with paid and unpaid opportunities in the community. Supported guidance and counseling services will be required. All people change at least somewhat in their interests and goals as they become older.

- Life of work as play

* [http://www.cde.state.co.us/cdesped/download/pdf/TK_CareerDevelopment.pdf](http://www.cde.state.co.us/cdesped/download/pdf/TK_CareerDevelopment.pdf)

The chart below from the original Vermont Work-Based Learning Manual, provides another mechanism for linking specific WBL activities with the stages of career development at appropriate grade levels. The stages of career development overlap and are ongoing throughout one’s lifetime.
Several states have developed a similar framework for a progression of career development from elementary school through high school completion and beyond. Another great example is Colorado’s Department of Education “The Stages of Career Development”. The American School Counselors National Standards for career development also provide a framework for career development activities that enable students to make a successful transition from school to the world of work, and from job to job across the life span. Following are the three main standards under Career Development:

1. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions
2. Students will employ strategies to achieve future career goals with success and satisfaction
3. Students will understand the relationship between personal qualities, education, training and the world of work. This model can be found in the Resources section.

**OVERVIEW OF TYPES OF WORK-BASED LEARNING EXPERIENCES**

The following section provides an overview of the various types of work-based learning experiences available for students. Appendix A details considerations that the WBL should give when developing the different experiences for students.

This information was adapted from the 1998 Vermont Work-Based Learning Manual.

*Job Shadowing –*

Job shadowing is an unpaid experience where a student follows an employer for a short period of time to learn about a particular occupation or industry. This activity helps students explore the world of work and the range of opportunities found within an occupational area.

*Unpaid Work Experience -*

Students may spend short periods of time in each job and also rotate into related areas. These unpaid placements allow career exploration and provide in-depth knowledge of the day-to-day activities and skills needed to perform a job successfully. It is legal for a student to spend short periods of time in activities learning specific skills, and then spend another short period of time within the same company in a different area, learning a different set of skills. This is to protect the student and maintain her/his status as a trainee. In Vermont, an unpaid work experience opportunity through Career & Technical Education Centers is also known as a Career Work Experience (CWE). Internships are distinguished from other unpaid work experiences due to the fact that they are linked with a specific academic preparation experience.
**Internship**

These may be paid or unpaid experiences. Internships are supervised, structured work experiences that involve the practical application of previously studied theory for which school credit is awarded. Many times the internship is a required component of the program. Credit hours and the length of the internship as well as the intensity may vary depending on the course of study. There is a strong emphasis on coordination and integration between worksite and classroom learning.

**Paid Work Experience**

The training plan is an agreement between the school, employer, and the student that specifies the occupational skills, employability skills, and the academic standards that the student will achieve in the work experience. It also defines the relationships and responsibilities of all involved, and describes the evaluation process. Student progress in achieving the learning goals in the training plan is supervised and evaluated collaboratively by appropriate school and worksite personnel. Worksite supervisors/mentors also help students use appropriate workplace skills to resolve real problems. The paid work experience may occur in a public, private, or non-profit organization. Academic credit is usually granted in the subject area included in the training plan. The employer is under no obligation to offer regular employment to the student subsequent to the paid work experience. Both the school and the employer must abide by the Fair Labor Standards Act, child labor laws, and minimum wage laws. Common examples of a structured, paid work-based learning opportunity include youth employment programs supported by the Workforce Investment Act (WIA) and paid internships.

**Cooperative Work Experience**

A Cooperative Work Experience is only available through Vermont Career and Technical Education (CTE) Centers’ Cooperative Education Programs. A Cooperative Work Experience must be developed and supervised by a Vermont Department of Education licensed Cooperative Education/Student Apprenticeship Coordinator (**SBR Subsection 5440-60**).
Cooperative Work Experiences are designed to develop specific technical skills required for a specific career path. Participating students need to be enrolled in a state approved career and technical education program where they learn the theoretical knowledge and technical skills required to enter their chosen career path. The Cooperative Work Experience then allows the student to further develop as well as apply those skills. Types of Cooperative Work Experiences offered through Cooperative Education Programs include the following.

Career Work Experience (CWE) – A CWE is a non-paid work experience (usually up to 30 hours) in which a student participates in a variety of tasks employers might expect from an entry-level employee. Although the student is not paid on a CWE experience, they are treated like an entry-level employee and are expected to behave and act accordingly.

Career Technical Experience (CTE) – A CTE is a long term, paid arrangement where the student is immersed in a work experience in order to learn or refine their skills related to the field they are studying. CTE’s require written training plans, identifying specific skills and knowledge the student will develop during the placement. The employer, the student, and the teacher all need to agree on the training plan. Although a CWE experience can be as short as a week or two, they are more commonly a semester or even a yearlong placement. Many co-op students go right into full-time employment at the company they are working for after graduating high school.

**Student Apprenticeship** –

A student apprenticeship is an officially approved partnership between the CTE center, its Regional Advisory Board, and industry partners. As a student apprentice becomes a more formal and dependable participant of business, he/she is able to move from theory into applied practice. The student is exposed to greater knowledge and skill sets which would not be readily available in other venues. Learn more at [V.S.A. § 16, Chapter 39](#).
**Supported Employment**

Supported employment focuses on a person's abilities and provides the supports the individual needs to be successful on a long-term basis. It allows people with disabilities, their families, businesses, and their communities to experience success in the work place. The partnership that supported employment has established between individuals with disabilities and their communities is having a lasting impact on the way the public perceives people with disabilities.

Supported employment is:

- paid, competitive employment, at minimum wage or better;
- designed for students who experience significant challenges to accessing work;
- supported by an employment specialist to obtain and maintain jobs; and
- an opportunity to promote career development and workplace diversity.

*The two keys to supported employment are:*

An integrated work setting that allows daily contact with non-disabled colleagues and/or the general public.

Competitive employment (i.e. work that is paid on a basis similar to non-disabled co-workers with similar job duties). The wages must be paid in accordance with the Fair Labor Standards Act (FLSA). The work can be either full-time or part-time. Students who participate in supported employment can connect their work experience to academic standards.

**Apprenticeship**

The concept of apprenticeship is long in tradition and is embedded in a full range of occupations in the United States and around the world. In every apprenticed occupation, the apprentice is instructed and supported at the same time he or she works. Student apprenticeship is contextualized learning in a specific career area. In Vermont there are
three forms of apprenticeship: Student Apprenticeship, Registered Apprenticeship, and Pre-Apprenticeship programs.

**Student Apprenticeship**
In 1993, the Vermont State Legislature authorized student apprenticeships as a way of learning academic and technical skills while a student is earning a high school diploma. The statute defines a student apprenticeship program as “a skill-based education program which coordinates and integrates classroom instruction with a structured, work-based learning experience. The individual receives academic instruction and training in a skilled occupation which will prepare the student for postsecondary education, advanced training or direct employment in a position higher than entry level.” A student apprenticeship is not a Registered Apprenticeship which must be registered by the state apprenticeship council under law. A student apprenticeship may, though, lead into a registered apprenticeship. It may be a multi-year program and the curriculum must be approved by the State Board of Education. A student apprenticeship may or may not include financial compensation. In Vermont, a student apprenticeship must be arranged and supervised by a licensed student apprenticeship coordinator. That person is a licensed professional educator whom the State Board of Education finds qualified to plan, implement, and evaluate a student apprenticeship program. In most cases, the local area technical center’s co-op coordinator is also the student apprenticeship coordinator. A student apprenticeship is usually set up when a student wants training in an area not covered by their area’s technical center’s offerings or where there are not enough students to make starting a new technical program feasible. A student apprenticeship may also be created when there are only a few job openings in a specific career area and no formal training programs exist.

**Registered Apprenticeship**
A Registered Apprenticeship program is sponsored by an employer or, in some cases, a labor union. The Vermont Department of Labor is the “registration agency” and ensures
that all program guidelines are met. All Registered Apprenticeship programs must
include paid on-the-job training, classroom training called "related instruction", and a
progressively increasing wage scale. Apprentices are hired by the employer and can
work part-time if they are high school students. In Vermont, there are registered
apprentices in more than 20 different occupations. However, the vast majority are in
plumbing, electrical and child care development. The minimum age for participation in
Registered Apprenticeship is 16, although some programs require apprentices to be 18.
Apprenticeship programs vary in length between 2,000 and 10,000 hours, depending
upon the skill level of the occupation.

**Pre-Apprenticeship**
Pre-apprenticeship means simply a program that teaches basic technical and job
readiness skills in preparation to enter a Registered Apprenticeship program. A pre-
apprenticeship program can take many forms. A pre-apprenticeship program can
provide classroom training and hands-on labs related to an apprenticeship occupation.
It can also include paid work experience. The best pre-apprenticeship programs are set
up with close collaboration between schools and a Registered Apprenticeship sponsor.
Many pre-apprenticeship programs enable students to earn credit toward the
completion requirements for a Registered Apprenticeship program.

**RELATED EXPERIENCE: SERVICE LEARNING**
Service learning is a method of teaching and learning which engages students in solving
problems by addressing issues in their schools or greater community as part of their
academic education. Service learning involves more than the act of service alone. Each
community service experience not only meets an actual community need but is closely
linked to a student’s classroom learning activities. Effective programs feature carefully
structured learning experiences created in partnership with community representatives.
Participants receive training and orientation appropriate to the task, pause to reflect on
their experiences (verbally and in writing), exercise choices, and develop leadership. The
learning experiences are linked to academic standards so that each participating student has clear learning goals.

Service learning experiences differ in length and in level of infusion in a school’s curriculum. Projects can last one-day, several days, and some can last as long as a year. Schools utilize this work-based learning experience differently as well. Some sponsor a few activities during the year while others totally infuse this method of learning into their curriculum.

**RELATED EXPERIENCE: STUDENT ENTREPRENEURSHIP**

Vermont’s small businesses are key to the state’s well-being. They account for a significant share of the state’s economic production and hiring. Small businesses accounted for 61.4% of private-sector jobs in the state and small firms made up 96.5% of the state’s employers. (Source: SBA Office of Advocacy, Feb. 2011) Student entrepreneurship is an effective strategy for preparing young people to be successful in that sector of our economy. For many of our students, employment opportunities are with sole proprietorships or with companies with few employees. This situation presents both challenges and opportunities for schools that want to provide work-based learning experiences for their students. The reality is that rural communities may have few well established work-based learning opportunities. Many of our employers can offer only one work-based learning slot at a time.

**Student Entrepreneurship**

Student entrepreneurship is a program or activity that takes students through the process of learning what it takes to become a successful small business owner or manager. From a school-to-work standpoint, it represents preparing someone to understand all aspects of running a business and learning about ‘being their own boss.’ Student entrepreneurship may take the form of school-based businesses that students help to set up and run, curricula that guides students through the process of creating business plans, working with local entrepreneurs and other community resources to plan and run enterprises, or any combination of these activities. Entrepreneurship offers students an interdisciplinary experience in understanding small business. Entrepreneurship may be undertaken on or
off the school site, but must be part of the school’s course work in order to be considered for academic credit. Students can participate in an entrepreneurship activity at all ages—from kindergarten through college.

The wealth of entrepreneurial talent in Vermont communities is an excellent resource to tap for assistance and hands-on experiences for student entrepreneurship. In rural communities with few large employers, entrepreneurship may offer the best learning opportunities which connect to the world of work. Students experience, reflect, analyze, and apply what they have learned.
ROLES AND RESPONSIBILITIES
**WBL EXPERIENCE DEVELOPMENT AND IMPLEMENTATION MODEL/SYSTEM**

**SECTION 1: SCHOOLS**

The first section outlines the responsibilities that Vermont schools have in ensuring that quality work—based learning opportunities are made available for all students, including those with special needs. It specifies the role that a qualified WBL professional plays in this work and emphasizes the necessity of schools’ dedicating trained personnel (either within the school or from an outside partner organization) to coordinate WBL activities in a quality way that meets the needs of each individual student. This section also addresses the importance of conducting a school-wide needs assessment in order to identify gaps and to create a career development plan relative to implementing WBL and it highlights the need for the WBL coordinators’ understanding of and proficiency in using the Vermont Gold Standards for Work-Based Learning and the materials incorporated in this Vermont Work-Based Learning Guide.

It is recommended that prior to initiating or structuring any work-based learning program, a needs assessment be conducted in order to identify resources already in place, and those which are needed in order to fill gaps between current conditions and desired outcomes. Needs may be defined as either a desire to improve current performance or to correct a deficiency.

**PROVIDING WORK-BASED LEARNING OPPORTUNITIES**

School administrators play an important role in cultivating a culture that embraces WBL activities as part of curriculum and standard practice. This includes orienting guidance counselors, teachers, and school board members to understand the importance and benefits of WBL. This also includes providing WBL as an option for students to satisfy graduation requirements earn credit. Without strong administrative, teacher and counselor support, it is impossible to truly integrate WBL into the education system. **Schools are responsible for successful outcomes in the following ways:**
› Hiring a dedicated, properly credentialed professional, to coordinate work-based learning activities
› Identifying which academic standards can be met effectively through work-based learning
› Identifying how work-based learning fits into sequence of career development for its students
› Providing the physical space within which WBL activities take place
› Providing internal staff dedicated to facilitating WBL activities, or work with external organizations to provide WBL activities to students
› Providing professional development opportunities for all staff that are involved in WBL activities
› Developing a budget and identifying funds and other resources to support WBL activities
› Making students, parents and staff aware of WBL activities and benefits
› Assigning students credit for successfully completing and demonstrating proficiency through WBL activities
› Integrating WBL activities into the school culture, including keeping parents engaged and informed
› Ensuring that WBL coordinators work closely with special educators to meet the needs of students with disabilities

**FOSTERING INTEREST IN WORK-BASED LEARNING**

*Parents*

Parents can be either enthusiastic supporters or suspicious opponents of school-to-work activities. Work-based learning without parental involvement may not be focused on student needs; planners should heed parents’ concerns. Select engagement strategies that match your district’s current status with school-to-work activities and build from that point.

Strategies for working successfully with parents include the following:

› **Ask parents their concerns, and respond to them.**
Be ready to respond to typical concerns of parents, such as: Is school-to-work another form of tracking? Will college options still be open to my child? Will my child be forced into making a career choice too early? What sort of job will he or she be doing? Will transportation be made available between the school and the workplace? Is my child still getting the basics?

- **Involve parents in work-based learning design and ongoing operations.**
  Parent-teacher organizations can be a good venue for recruitment and orientation.

- **Invite parents to visit the people and institutions connected with work-based learning opportunities.**
  Making it possible for parents to visit the school as well as businesses and organizations where their children will be learning can help them better understand the nature of work-based learning experiences. Providing opportunities for parents to meet the supervisors and teachers on an informal basis gives them the chance to discuss their concerns and interests with the people who will be working with their children.

- **Have parents sign a mutual expectations agreement.**
  Being party to an agreement with employers, teachers and their child can enlist parents in reinforcing their child’s learning.

- **Stress the guidance and career planning components of school-to-work when marketing to parents.**
  Students often complain that no one at school cares about them as individuals. Stressing to parents that special supports will be provided to help students negotiate the demands of work-based learning and make decisions about future education and career goals will help demonstrate to parents that your efforts are not business as usual. Help parents see the long term benefits that thoughtful, coordinated planning will provide for their children.

- **Begin early.**
  Parents are usually enthusiastic about career awareness and job-shadowing opportunities at the elementary or junior high school levels. Starting all children in career-focused activities early on can lessen the chance that work-based learning
activities will be labeled by parents as unnecessary or ancillary once students reach the high school level.

- **Work with community-based organizations.**
  
  *Community-based organizations are often a voice and advocate for parents. Working with these organizations can be a vehicle for parent communication.*

**School Staff**

Orientation and ongoing staff development activities empower teachers and counselors to adopt new practices that connect school and work. The goals of orientation and staff development activities are to help teachers and counselors become WBL advocates. This also builds a supportive peer network through which school staff can work together to develop new teaching materials and strategies and reinforce each others’ efforts.

- **Provide a formal orientation and resources.**
  
  *A formal introduction to work-based learning will help articulate goals, expectations, support structures, and teacher and counselor roles and responsibilities, and provide an opportunity to address staff concerns.*

- **Bring teachers and counselors into the design process.**
  
  *Unless they have an opportunity to influence the design process, it is unlikely that they will be WBL advocates.*

- **Link goals to concerns that teachers and counselors have identified.**
  
  *Make it clear that the goals are consistent with concerns raised by staff about student performance, efficient operation of the school, professional development and support, and preparing students for the world at large.*

- **Educate teachers and counselors about the changing demands of the workplace and the range of postsecondary options.**
  
  *Help them better understand the academic, social, and technical demands of modern work and the range of career and learning opportunities in the community by providing opportunities to visit the workplace and meet with worksite staff.*

- **Enlist current participants from other schools.**
Teachers and counselors often become more interested when they hear the enthusiasm of their peers and their students.

- **Provide staff support.**
  
  Staff involvement can be supported by arranging visits to other schools that have implemented WBL activities; supporting attendance at career development or related conferences; providing time for teachers and counselors to meet with peers on issues of curriculum for work-based learning; and supplying concrete examples and results of integrating school-based and work-based learning.

- **Consider developing summer internships and job-shadowing days in industry for school staff.**
  
  Employer sponsored internships are a popular and proven technique for giving firsthand exposure to academic, social, and technical demands of today’s workplace. Utilize existing Vermont models such as the Upper Valley Business & Education Partnership's Summer Externship Program.

* Adapted from *Business/Employer Partnerships - “Connecting Youth to Work-Based Learning,”* MN DCFL, 2003.

**BENEFITS TO SCHOOLS**

Schools that assume these responsibilities are far more likely to have students successfully experience the full benefits of engaging in WBL. The benefits are considerable and include the following.

- Providing a way for students to gain career and college readiness skills
- Enhancing the ability to meet the needs of diverse student populations
- Providing opportunities for individualized curriculum and student-led learning
- Strengthening school's relationship with the community
- Contributing to staff professional development
- Making education more relevant and valuable for students
- Enhancing student retention
- Increasing student motivation to learn by developing their talent and interest areas
Planning

- Planning should be built on best practices and take advantage of programs with a track record of success.
  
  If your district is already doing community service work, start there. If co-op career and technical education is already working, expand from that point. To find out what is already in place, districts can survey and then compile a simple database of work-based learning opportunities, staff responsible, employers engaged, and students involved. Often there are more work-based learning opportunities going on than most people realize. By starting with an accurate picture of your baseline, you will have completed the first step in the development and implementation of a high quality, sustainable plan.

- Planning is essential in creating good work-based learning opportunities.
  
  Successful planning discussions often begin with these two questions: “Why are we doing this?” and “How will work-based learning help students meet academic standards and acquire 21st century skills”. One answer is that work-based learning is a wonderful opportunity for schools to involve the whole community in the exciting task of effectively preparing all students for career and college success. Communities can help schools expand the walls of their classrooms to enable students to access high-quality applied learning environments that support deep and connected learning.

- It can be very helpful to develop a local advisory team responsible for planning and implementing work-based learning.
  
  Consider establishing an advisory team, comprised of committed individuals from business, labor, community agencies, legal and other professional fields, parents, students and teachers, to assist with planning and implementing WBL. Broad representation from the community can make the difference between success and failure. Ask your regional workforce partnership or other organizations committed to helping youth prepare for adulthood for assistance.
and support. Give members real tasks and responsibilities. Empower this team with the authority and resources to develop a vision and make it a reality.

- **Become knowledgeable about what others are doing.**

  Gather information about successful work-based learning opportunities and observe good practices in action; then incorporate what you can into your own plans and activities. Collaborate with other schools or districts in your region. Be open and willing to share both successes and missed opportunities. Although it is important that districts develop materials that meet their own needs, it is also important to recognize the value of standardizing procedures and forms. Standardization minimizes confusion and maximizes consistency, especially with worksites that participate in work-based learning with several educational organizations.

**Implementation**

- **Classroom Activities: Supporting Work-Based Learning Experiences**

  Successful work-based learning activities enable students to explore their career interests and develop new skills. The following tools may help students in this process:

  - Skills and aptitude tests
  - Career information systems
  - Vermont Student Assistance Corporation (VSAC), on-line tools
  - Department of Labor, labor market information
  - Personal and vocational self-awareness activities

- **Identified Learning Objectives**

  Learning objectives are an essential part of a work-based activity and include the specific skills to be learned on the job and in the classroom. The objectives to be achieved through a WBL experience should be mutually developed by the coordinator, the student, and the employer and should:

  - individualize each student’s objectives based on his/her educational and career goals and interests;
• outline each student’s tasks, duties and responsibilities; and
• be specific, achievable, and measurable.

Connecting WBL to the Classroom

The work-based learning coordinator collaborates with classroom teachers to facilitate connections between students’ work-based learning experiences and their classroom work and assignments. The coordinator may:

• meet with teachers to discuss what they see as the connections between classroom learning and worksite learning; and
• develop joint activities that enhance learning in both the classroom and the workplace.

Classroom seminars can provide students with the opportunity to gain insights into the culture and environment of work, reinforce the connections between classroom content and work related learning, and discuss common job-related experiences. Seminars may include the following:

• Peer interaction and discussion of job-related concerns and problems
• Opportunities to share successful experiences from the worksite
• Projects that provide students the opportunity to gather, evaluate and report information, both individually and in teams
• Interactive media presentations and accessing on-line information
• Assignments that include keeping journals, preparing research papers, or developing a personal portfolio
• Guest speakers and panels that provide additional opportunities for students to question and interact with employers

Developing Work-Based Learning Sites

Developing appropriate worksite placements for students is critical to the success of each work-based learning activity.
Research Employers

- Gather as much information about potential employers as you can through personal contacts and professional organizations.
- Network with your friends and co-workers and ask for contacts within the organizations.
- Utilize on-line employer listings and directories.
- Connect with other organizations and agencies. Personnel in organizations such as the Department of Labor, the Division of Vocational Rehabilitation, youth services agencies, and other community-based organizations have experience in working with employers in your area. Ask them if they can identify employers willing to host students.
- Contact local business organizations such as chambers of commerce, trade associations, Rotary clubs, and others.

Have Effective and Consistent Communication

Effective communication is the foundation for developing and maintaining work-based learning sites. Most employers will prefer to have a single point of contact to maintain and develop a relationship with schools.

- **Call employers.**
  - *It is always best to have the name of an individual within a company to call. If you don’t have a name, ask for the name of the person who might be responsible for this type of activity. You may be referred to the human resources or personnel department, especially in large organizations.*
- **Prepare a phone conversation script that has all the information you’ll need to give an employer.**
  - *Introduce yourself and ask for some time to discuss work-based learning opportunities. Explain your needs clearly and concisely. Emphasize the benefits of participation. When preparing your script, pretend that you are the employer. What would you want to know*
first (e.g., liability, time commitment, paperwork, costs)? What would make you listen to what you have to say (e.g., concern for the well-being of young people, benefits for the company)? Solicit questions and immediate concerns from the employer. If possible, set up a meeting time for further discussion.

- Confirm arrangements by e-mail or phone call.
- Meet the worksite staff in person.
- Bring written material (e.g. business cards, fliers, letters of introduction, brochures, agreement forms, newsletters, annual reports).
- Practice professionalism.
  - When meeting with the employer, follow the same interview guidelines you teach your students. Know your material. Listen well. Utilize good communication skills. Respect the employer’s time. Wear dress appropriate to that workplace.
- Conduct the meeting in a place where interruptions are minimal.
  - Give a brief explanation of your needs. Include information about the type and age of students involved. Use the meeting to learn about the worksite and the industry. Do more listening than talking. Allow time for questions.
- Emphasize the benefits of participation.
  - Benefits can fulfill needs or solve problems. Potential benefits for employers depend on the type of activity in which they participate. Some possible benefits to employers include access to motivated part-time personnel, reduction in training costs, opportunities to observe possible candidates for full-time jobs, and the satisfaction of knowing that they are taking an active role in improving the community.
- Get the commitment.
Specifically ask for what you want—participation and support. Be honest and clear about your expectations. Employers do not like surprises.

- Prepare and sign written agreements where applicable.
  - Make sure that all involved parties understand work-based learning expectations and responsibilities. Employers appreciate having things spelled out. Longer term work experiences (i.e. internships, co-op placements) require formal training agreements signed by all parties. Less formal experiences (e.g. job shadows) can use simple checklists or outlines.

- Provide written material that spells out employer responsibilities.
  - Thank the employer in writing for agreeing to participate and outline his/her roles and responsibilities.

Connect Students With Worksites

- Establish an application process for the purpose of matching.
  - This process will help the work-based learning coordinator learn about the student and make appropriate matches with worksites to ensure that the work-based learning experience addresses the student’s interests, needs, strengths, and goals.

- Match participants with worksites.
  - Site supervisors will want to participate in the selection of the students they will be working with, especially if they are providing a paid work-based learning experience. They will want to select individuals who are compatible with their staff and work activities. Arrange student interviews with site supervisors and allow them to select, whenever possible, the students to be placed in their worksites. Have students prepare resumes, applications, and cover letters. Employers may request these materials prior to or during an interview.
Follow Up

- Call or visit with the student's site supervisor.
  - The amount of contact depends upon the type of activity. For activities that last less than a day, like job shadows or observations, a follow-up call or e-mail is usually appropriate. Longer activities such as cooperative education placements, internships, and student apprenticeships require ongoing contact between school and worksite staff.

- Use follow-up contacts to check on a range of issues.
  - Discuss student participation and progress to concerns or problems. Ask informal, open-ended questions to help elicit information from the site supervisor about the experience.

- Provide an evaluation form to be completed by the site supervisor.
  - Evaluation forms should focus on the student’s participation as well as the employer’s impression of the activity and how it could be improved. The student’s evaluation can be included in his/her portfolio or as part of a written report.

Sustaining Employer Relationships

- Have the student send a thank you note to the employer.
  - Encourage students to personalize their notes by highlighting at least one thing that they learned or enjoyed during the experience. Suggest that students ask permission to use the employer as a reference.

- Send a thank you note from the school as well.
  - We all like to know that we are appreciated. Keep small note cards and envelopes on hand. A short, personal, handwritten note is often more valued than a formal letter or e-mail.
  - Other ways to say thanks:
- Give certificates of appreciation.
- Conduct award or recognition ceremonies.
- Highlight the employer's participation in an article in newsletters or local papers.
- Give small, inexpensive gifts such as pens or note pads with the school name.

### Staying in touch

Stay in touch with employers. They'll be more inclined to work with you if you have a good, ongoing relationship.

- **Create an employer database.**
  - Document all employers and the activities in which they've participated for future reference. Maintain a mailing list of organizations that are active in work-based learning. This database should also include the names of individual students who have worked with each organization. Recalling the experiences of past participants can be helpful when placing new students.

- **Take time to reflect on your site development process.**
  - Identify strengths and weaknesses in your presentation and make adjustments as necessary. Ask employers for input on how marketing efforts could be improved. Focus on streamlining the site development process for the benefit of everyone involved.

### Assess Student Learning

Student progress and performance are measured by the degree to which students meet the learning objectives outlined in their personal learning plan. The assessment process should document student learning, identify strengths and weaknesses, and provide strategies for improvement. Various tools used in assessment include portfolios, supervisor or employer evaluations, performance at the worksite, student self-evaluations, and coordinator/instructor evaluations. If credit is awarded, the assessment process may also provide a basis for grading.
Students find it useful to document their experiences, skills, and accomplishments. A student portfolio containing this information can serve as an ongoing assessment tool as well as a “living” transcript.

*Work-based learning portfolios may include the following:*

- Reflective journals
- Work samples
- Research projects
- Learning logs
- Activity summaries
- Culminating project or other performance assessment summaries

Evaluation of progress and review of student objectives may be accomplished through regular visits by the coordinator/instructor to the worksite and conferences with the student’s employer/supervisor.

*The following guidelines help make visits more productive:*

- Set up a visit in advance with the employer
- Have a systematic and organized plan for the visit; develop questions ahead of time
- Arrange periodically for the student, the employer, and the coordinator/teacher to meet together to discuss the student’s progress
- Discuss the needs of the student and those of the employer
- Discuss student progress, as well as any appropriate changes in the employment situation or related instruction
- Let employers know that they can request a confidential conference

*Record keeping is necessary in order to:*

- gather information for assessing and placing students;
- provide a basis for student grades;
- assist with goal setting and portfolio development;
- provide information or statistics to those involved in work-based learning;
- document authorizations or expenditures; and
- document employer participation.

Software programs are available to make it easier to computerize these records, generate comparative data, and produce a variety of reports. Seek out programs designed specifically for work-based learning or job placement. Check with district technical support staff to determine which programs are appropriate. It is important that forms are approved by the appropriate school personnel to ensure compliance with applicable laws and regulations. The types of forms necessary will vary based on local needs.

**Assess Program Effectiveness**

Successful work-based learning opportunities require on-going review and evaluation. A well-planned evaluation will provide the opportunity to analyze results that will be useful for making changes or improvements in the program. A detailed description of program evaluation can be found in the Evaluation section of the WBL Manual.
SECTION 2: EMPLOYERS

This section is about the employer and the integral part they play in any work-based learning program. For a quality program to exist, employers must be committed to the program and demonstrate a willingness to work with the school and WBL coordinator. They should also understand how to assess student performance in long-term WBL activities. This section also outlines best practices for employers to supervise youth.

Employer Responsibilities*

The primary role of the employer is to provide an environment in which learning can take place. The employer and the worksite supervisor must understand the goals of the WBL program and the training plan goals for individual students. In general, the employer is responsible for the following:

- Providing a work experience that supports the student’s educational and career goals
- Providing a dedicated staff professional to work one-on-one with the student
- Working with the WBL coordinator and the student to create a training agreement
- Orienting students to the worksite: business operations, performance expectations, relevant policies and job specific safety training
- Following all federal and state child labor laws
- Following all federal and state employment laws
- Facilitating student exposure to all aspects of the field
- Informing staff of the student's purpose and enlisting their support and help
- Assisting the student in his/her efforts to accomplish personal and professional goals outlined in a personal learning plan
- Providing worker’s compensation for the student for all paid hours worked
- Paying at least the state minimum wage for hours worked by the student (for paid experiences) unless student qualifies for an exception to the minimum wage laws in which case documentation must be completed and on file
- Meeting with the school-based coordinator during the term to assess student progress and address problems that arise
- Completing formal evaluations of student work at the worksite

**Employer Benefits**

Identifying and recruiting businesses/employers is an on-going process. Employers need to be encouraged and rewarded. A great deal of collaboration must occur between the WBL coordinator and employer. This relationship must be fostered and maintained. The employers will need to understand how they will benefit from their involvement in a WBL program. Benefits employers are likely to receive include the following:

- A new pool of potential employees who will understand the needs and expectations of the workplace
- An effective way to connect with local educators and provide opportunities for students
- Improved employee morale through student workplace learning (e.g., employees take pride in supervising a young person who in turn may improve their work performance)
- A way to provide a community service

**Business/Employer and School Partnership Expectations**

While there are many types of WBL activities, it is important that the employer, school, and students are aware of the expectations. For example, with longer-term WBL activities, incorporating the following criteria will help ensure both students and employers have a valuable experience:

- The employer provides orientation to the business/worksite and safety instruction
• The employer provides the student training on processes, procedures and use of equipment
• A well-designed individual training plan that comprises tasks which are progressively more complex and difficult in nature, developed collaboratively with the employer, educators, and WBL coordinator
• The duties and tasks which the student will learn and perform require problem solving
• A student is exposed to “all aspects of an industry” from planning, management, finances, technical and production skills, technology, health and safety issues, and the variety of occupations contained within business or industry
• Workplace skills and transferable skills are included in the training plan
• A supervisor, who is a positive role model, is assigned to the student at the worksite
• The worksite connects to the work-based seminar and other classroom instruction

*Adapted from Business/Employer Partnerships - “Connecting Youth to Work-Based Learning,” MN DCFL, 2003
Basic Strategies for Employers to Supervise Youth*

- Get to know the young person by asking the student about their career dreams, goals, hobbies, strengths, limits, and needs.
- Provide training and emphasize safety and health at all times.
- Young people are often not aware of the dangers in the workplace. They need initial training and ongoing reminders.
- Young people need to learn how to make informed decisions.
  - Provide the student opportunities to make some decisions regarding their work-based experience.
- Teach the young person about workplace culture.
- Young people need to learn about an employer's rules, customs, and standards.
  - Supervisors should encourage a student's curiosity, invite questions, and allow for exploration opportunities.
- Be a positive role model.
- Young people are easily influenced by what is occurring around them.
  - The supervisor should use proper techniques and practices (especially safety), respectful language and avoid all types of harassment at all times.
- Be clear and straightforward with directions and instructions.
- Supervisors should give the "what," "why," and "how" of newly assigned tasks while holding the student responsible for the outcome.
- Advise youth on career directions and opportunities.
  - When at a worksite, the student observes the realities of the workplace first-hand. This is an ideal opportunity for the supervisor to share what knowledge and skills are required in a particular career field.

**Student Safety**

The importance of ensuring the safety of each student during a WBL activity is crucial to the success of the program. All activities from worksite field trips to service learning to paid work-experience must be monitored and students must be protected at all times. There are several types of work that are potentially hazardous to young people. These include: working in or around motor vehicles; working near electrical hazards; working in retail and service businesses where there is a risk of robbery-related hazards; working on ladders, scaffolds, roofs or construction sites; working around cooking appliances; continuous manual lifting and lifting of heavy objects; and operating tractors and other heavy equipment. The WBL coordinator must be familiar with laws pertaining to hazardous occupations. (A detailed list and link to Child Labor Laws related to hazardous occupations is provided in the Legal, Health & Safety section of the manual.)

Preventing hazards and accidents is the joint responsibility of the WBL coordinator, the employer, the supervisor, and the student. Prior to students engaging in an activity at the site, the WBL coordinator surveys the potential risks for students. The WBL coordinator monitors the site throughout the experience and addresses basic safety rules in the school-based curriculum.

The employer is responsible for maintaining a safe work environment, eliminating hazards, training students to recognize hazards and use safe work practices, complying with child labor laws, evaluating equipment, and providing appropriate supervision. The student’s immediate supervisor is responsible for monitoring the safety of the student and instructing the student when the need arises.

Each student is responsible for taking steps to protect him or herself. They should know their rights, participate in training programs, recognize the potential for injury at work, ask questions, and follow safe work practices.
**Best Practices Checklist for Worksite Selection**

- Develop a checklist of items to look for when evaluating a worksite.
- Explore the interest level the employer has for participating in a WBL program.
- Interview employees at the worksite. Find out if potential worksite supervisors exist.
- Assess the capacity of the worksite supervisor and employer to meet the needs of the student.
- Find out about the suitability of occupations for young people.
- Learn about opportunities for the development of progressive training plans including possible advancement. (This should include a variety of tasks for students to develop competencies.)
- Obtain a copy of the employer’s liability insurance including workers’ compensation when required.
- Identify training and safety needs and who is responsible for training.
- Verify that wages are aligned with the local prevailing wage.
- Verify that employer is in compliance with federal and state laws including child labor laws.
- Obtain a copy of the worksite employee handbook, if available.
- Determine if any accessibility concerns are present.
SECTION 3: STUDENTS

The focus of this section is the student and the intention that the student be at the center of work-based learning and derive the maximum benefits from it. Standard 4 relates to meeting student needs so that they will clearly understand the relevance of the experience. Standards 5, 6 and 7 address direct connections to a developmental sequence of career development, academic standards, and essential 21st century skills - those fundamental abilities required for success in college and careers going forward.

TAILORED WBL ACTIVITIES

Student Responsibilities

The student is the primary beneficiary of WBL activities. High quality experiences during middle and high school should support every student in making better decisions about their future based on real opportunities to make connections between school and careers. Students are responsible for successful outcomes in the following ways:

- Developing goals/objectives for a personal learning plan connected to academic standards
- Taking ownership of the learning experience, which includes participation in activities at a worksite as well as in school
- Completing skill, aptitude, and interest assessments related to WBL activities
- Completing assignments, evaluations, forms, and other activities necessary for program completion
- Signing and abiding by specific agreements/forms, such as a formal work-based learning training agreement
- Making satisfactory academic progress
- Informing the school-based coordinator of any problems that occur at the worksite
**Student Benefits**

Students that assume these responsibilities are far more likely to successfully experience the full benefits of engaging in WBL. The benefits are considerable and include:

- Apply classroom learning to real world settings
- Achieve Common Core and other academic standards through WBL activities
- Establish a clear connection between education and work
- Identify and analyze personal needs, interests, and abilities
- Identify and analyze potential opportunities in various career fields
- Make decisions and plans to achieve goals and aspirations
- Develop outlines of potential career paths
- Increase self-confidence
- Improve post-graduation job prospects
- Practice positive work habits and attitudes
- Understand the expectations of the workplace
- Develop an increased motivation to stay in school
- Make direct connections with adult role models and mentors
- Establish professional contacts for future employment and mentoring

**Student Selection Process***

A well-defined process for selecting students is needed for a quality WBL program. Defining the process is an excellent task for a program advisory committee. The use of a student selection process demonstrates the program’s integrity, quality and high expectations.

**Following are student selection criteria for consideration:**

1. Minimum age
2. Minimum school attendance percentage
3. Written application
4. Demonstration of regard for school policy and community laws
5. Completion of a vocation interest/ability inventory
6. Parent/guardian support and approval
7. Agreement to follow and be responsible for all employment policies
8. Drug screening and/or criminal background check if required by employer

Students with disabilities often excel in appropriate WBL activities. The importance of the WBL coordinator working with special education teachers to identify students and develop an individualized training plan cannot be emphasized enough. A substantial amount of documentation is required for students who have an IEP or a 504 plan.

*Adapted from MN Work-Based Learning Manual*
EVALUATION OF WORK-BASED LEARNING

Evaluation is actually a specific form of research which focuses on a particular program's normal operations, without control groups or peer review. It is usually paid for by the organization in which it is taking place, without a goal of benefiting people or communities other than those from whom the data are collected. Lessons learned through integrating evaluation into program design are difficult to capture through any other means. In that sense, program evaluation is the collection and dissemination of feedback, conducted simultaneously with and in support of program design.


Work based learning programs may be required to evaluate the effectiveness of their work using specific methods as defined by agencies, sponsors or funders. However, when there are no specific guidelines, program developers may turn to resources published by the United States Department of Education. Among these are the following.

Work Based Learning Toolkit http://www.work-basedlearning.org/toolkit.cfm

Scorecard for Skills http://www.scorecardforskills.com/

Following, a few of the more common concepts used in program evaluation are described in more detail.
**Summative and Formative Evaluation**

Summative (end product) evaluation is an important piece of any project, and often actually required by funders. It helps to answer questions like, "How many students took part?" "How many businesses were visited?" "How many staff hours were used?" Summative evaluation helps to answer questions about total impact and total resources used, which can lead to changes being made the next time the program is offered. "We used large groups throughout, with mixed results. Let's try a few small groups next year."

But instituting a strong formative evaluation can capture sudden "ah-ha!" moments and lead to mid-course corrections, potentially making a difference for participants currently taking part in the program. Formative questions center around what is happening now, what is working well and what isn't. It can be as easy as a quick "check in" question. "What worked better for you today, large or small group work?" "Let's use small groups again tomorrow!"

**Needs Assessment/Goal Setting**

Prior to initiating or restructuring a work-based learning program, a needs assessment should be conducted in order to identify resources already in place, as well as those identified to fill gaps between current conditions and desired outcomes. The "needs" that are assessed can be defined broadly, both as resources to improve current performance, and those which will turn the program's focus in new directions.

Examples of needs assessments are found at [http://www.dpi.state.nd.us/grants/needs.pdf](http://www.dpi.state.nd.us/grants/needs.pdf).
Action Research

Action or Contextual Research is an evaluation conducted by program staff as a natural part of the program. It is generally cyclical, with results analyzed and changes implemented by those who deliver the program that is being evaluated. This "learning by doing" approach leads to improved performance, generally with a very specific question as the focus of the work. Staff work together to define the question, design evaluation data collection and analysis efforts, and share their findings.

See (http://www.web.ca/robrien/papers/arfinal.html) for examples of action research.

Data Collection -- Quantitative/Qualitative/Mixed Methods

Quantitative researchers most often deal with numbers, and like to begin with a hypothesis which they prove or dis-prove mathematically. Whereas qualitative researchers' findings are more often built from the ground up through field observations, interviews, or personal narrative, and in some cases lead to a theory which may then be tested quantitatively. Likewise, quantitative researchers may see results in their data that are puzzling until they get out in the field to observe, qualitatively, aspects leading to further explanation of the results. When an evaluation uses both qualitative and quantitative data it is a "mixed-methods" evaluation. Mixed methods evaluations are actually increasing in popularity, and can be argued to result in the most trustworthy findings.

360-degree

Many organizations use a "360" approach to evaluation. The theory being that all stakeholder groups involved in a program have knowledge of, and deserve a voice in, the process of evaluating (valuing) it. In reality this approach will lead to lots of good information, while collecting and analyzing that information is also time consuming. It is not necessary to ask everyone in the organization a question
that only impacts full-time staff, for instance. However, if the question being asked is broad enough to impact the program as a whole, or policy relating to it, 360-degree evaluation should be considered.

SWOT

If your focus is the entire organization, then a SWOT (strengths, weaknesses, opportunities, and threats) analysis may be what you are looking for. In fact, SWOT is often the first step in developing a strategic plan. For examples of SWOT for non-profits see (http://nonprofitchas.com/blog/2008/12/strategic-planning-swot-analysis-toolkit/).

Tools of evaluation

Free, online survey tools, like SurveyMonkey and Zoomerang, make it possible for programs to reach their stakeholders online through live links embedded in websites or email, or in printed formats. However be warned, the quality of information gained from any survey tool will only be as good as the thought put into designing the instrument. When it comes to design, Don A. Dillman's seminal guides, the newest being Internet, Mail, and Mixed-Mode Surveys, are essential reading.

Involved statistical analysis can be accomplished with software like SPSS and SAS. Likewise qualitative tools such as NVivo and Atlas provide a technological solution for the tedium of text, tape, and video analysis. Free samples from the websites allow you to explore the software before purchasing. But before running out to buy anything, talk with other programs to learn what they are using, how they like it and what advice they can offer!
RESOURCES

Framework for 21st Century Career Skills

Common Core Standards English Language Arts Standards » Anchor Standards » College and Career Readiness Anchor Standards for Reading

VT Standards (Best Practices see section 8/5)

National Academy Foundation (NAF) Career Academy Models

Instructional Strategies in the NAF Curriculum

NAF Best Practices for High School Internships

NAF Ready for Career Readiness in the Common Core - Huffington Post

Vermont Work-Based Learning Manual

Resources for Setting Up Work-based Learning

Minnesota Work Based Learning Manual

Colorado Department of Education, Special Education Services Unit

New Ways to Work Employer Toolkit

The Stages of Career Development, Colorado Dept. of Education, Special Education Services Unit

Tony Wagner's Seven Survival Skills

QUICK LINKS TO FEDERAL INFORMATION

US Department of Labor Fair Labor Standards Act Adviser
YouthRules! was launched by the U.S. Department of Labor in May 2002 to increase public awareness of Federal and State rules concerning young workers. Through the YouthRules! initiative the U.S. Department of Labor and its partners seek to promote positive and safe work experiences that help prepare young workers to enter the 21st Century workforce.


APPENDIX A:

TYPES OF WORK-BASED LEARNING

The following major resource section provides a great deal of information related to the following specific types of work based learning: Job Shadowing, Service Learning, Student Entrepreneurship, Unpaid Work Experience, Paid Work Experience, Supported Employment, Cooperative Work Experience, Internship, and Apprenticeship.

For each of these there is definitional information, a description of benefits, information about setting up this type of experience, and information on making connections to the classroom. This information was taken from the 1998 Vermont Work-Based Learning Manual and adapted.

Job Shadowing –

Benefits to Students

Job shadowing helps students develop realistic outlooks on careers and the educational preparation, competencies, and experience it takes to enter the workforce. A visit to the workplace exposes students to careers they do not know exist and shows them workplaces they otherwise might not have an opportunity to know about or experience. A shadowing experience assists students in connecting what they are learning in the classroom to the skills needed to succeed in careers. It can help students to define and explore their own career interests and discover career paths including higher education that will enable them to achieve their career goals. Some students develop long-term, positive relationships with adults as a result of their job shadow experiences.

Benefits to Employers

For employers, hosting job shadows is a chance to make a difference in the workforce of the future without making a major time commitment. It’s exciting to help students make the link between learning and earning and many employers state that they and their employees discover new skills and talents in the process of sharing their job skills.

Benefits to Schools
Staff in schools report that students who participate in job shadowing are excited and often are more motivated learners. Integrating job shadowing into a school’s program enables the school to enhance their career development curriculum. As a result of arranging job shadowing for their students, schools form positive relationships with community members and local employers.

**Developing a Job Shadowing Experience**

*Identify Student Interests*

The first step in developing a shadowing experience is to work with students to identify their career interests. This can be as simple as asking students to name five careers that interest them. It can also be done more formally by administering interest inventories or surveys.

*Develop Business Contacts*

The next step in developing a shadowing experience is to find employers who are willing to host students. Many schools mail interest forms to different organizations within the community to establish a pool of possible sites. Informational business forums may be conducted to recruit employers/sites. Some schools establish a database and expand it on an ongoing basis to keep a record of local employers interested in shadowing. Many schools and employers in Vermont report that personal contact with potential job shadowing sites is the most effective method of recruiting shadow placements. Students and parents may also identify potential sites.

*Prepare Students*

Students need to be thoroughly prepared before they go out on a job shadow. In addition to classroom preparation that focuses on researching and exploring careers, there are practical concerns to be addressed.

- Specify dress and behavior expectations. While the classroom preparation for career exploration activities usually covers this information, it never hurts to reinforce the message that dress and behavior standards in the workplace are different from those at school. Remind students that they are representing the school as well as...
themselves. The coordinator should be aware of the dress code at each worksite and discuss appropriate attire with students.

- Students won’t always know what questions to ask of their host. It may be helpful to provide students with a list of questions about career opportunities, educational requirements, and job descriptions. Remind students to relate their questions to their career interests, goals, and expectations. These questions may also be used as research information in a follow-up activity or as the foundation for further exploration.

- Give students a checklist which includes everything they need to do to prepare for the job shadow. Preparing a resume, getting permission slips signed, arranging schedules and transportation (if necessary), and doing background research are all possible checklist items.

- A thank you letter to the job shadow host is very important. Many districts provide students with a sample thank you letter to use as a model. Encourage students to include at least one thing they learned or one classroom lesson that was reinforced during the visit. Thank you letters should be reviewed to ensure appropriateness and correctness prior to being sent (perhaps as part of a class assignment).

- Reflection and evaluation. Ask students to evaluate their shadowing experiences. Evaluations can also be included as a follow-up activity in which students write or talk about their experiences.

Prepare Employers

Employers must be thoroughly prepared for the job shadowing experience. Make sure that employers are aware of everything that they are expected to do. Many schools prepare a handbook or an instruction sheet for employers which may include the following:

- Although the job shadow is less complicated legally than other work-based learning activities, there are still some legal issues about which employers should be aware (e.g., accidents not covered by workers’
compensation). Make sure that job shadow hosts understand potential liabilities in advance.

- Many professionals are unaccustomed to the unique challenges of communicating and working with young people. Remind hosts that they may be faced with student attitudes and expectations that may seem unrealistic in the workplace. Encourage hosts to provide as many active learning experiences as possible.
- Encourage employers to emphasize the ways in which mathematics, language, science, writing, listening, and interpersonal skills are used in the workplace.
- Help employers to be better prepared by letting them know what kinds of questions students may be asking.
- Employer response to the job shadow is essential for maintaining a successful activity. Provide employers with forms and reflection time to evaluate student participation, as well as the experience itself.

**Connecting the Job Shadow to the Classroom**

It is important to make the job shadowing experience meaningful by connecting it to classroom learning and with academic standards. Connections can take many forms and should take place at all stages of the shadowing experience.

*Pre-experience Activities*

- Students research the general career fields and specific organizations in which they will be shadowing
- Students write about their preconceptions and expectations for the job shadow
- Students prepare questions based on their research and writings to ask their hosts
- Students and teachers discuss professional standards for behavior and dress
- Teachers emphasize practical applications of the concepts and skills they teach in class
On-site Activities

- Students ask their hosts about the ways in which different academic subjects relate to their work
- Students observe practical applications of academic concepts
- Students ask their hosts about their career paths and recommendations for pursuit

Post-experience Activities

- Students write about the differences between their expectations and the realities of the workplace
- Students and teachers discuss the connections they see between classroom learning and the workplace
- Students write, revise, and send thank you letters to employers
- Students continue their career research in light of what they have learned during the job shadow

Unpaid Work Experience -

Difference between a trainee and employee:
The Fair Labor Standards Act (FLSA)’s distinguishes when an individual becomes an employee and needs to be compensated for their work. The U.S. Department of Labor’s Wage and Hour Division (WHD) has developed six factors to evaluate whether a worker is a trainee or an employee for purposes of the FLSA. This list can be found at:

http://www.dol.gov/whd/regs/compliance/whdfs71.htm

Unpaid Work-Based Learning Criteria

Through Vermont Career and Technical Education Centers' Co-op Guidelines, the Career Work Experience (unpaid work-based learning) meets the following criteria:

- Student age is 16 years minimum
- An employer evaluation is expected
- A training plan is written
- School credit is recommended
• A training agreement is signed by all parties
• Co-op/student apprenticeship coordinator is responsible for evaluation
• No wages are earned by student
• Proof of accident insurance is required
• Workers’ compensation is not applicable because the experience is unpaid
• Minimum hours: three hours per day, 30 hours per site
• May take place during or after school
• General work-related instruction and occupational instruction is included

(Source: Adapted from A Handbook for Cooperative Education/Student Apprenticeship Coordinators, Vermont Department of Education)

**Benefits to Students**

Unpaid work experiences can offer students a variety of opportunities to understand today’s work and the link between learning and earning. A student can develop more interest in school because of an increased awareness of how academic skills are related to success on the job. Students develop an awareness of career opportunities and are given the chance to learn basic employability skills.

**Benefits to Schools and Employers**

Developing unpaid work experiences brings schools and local employers together to work on a common goal. Schools become more aware of the skills that students need in a particular career field. Unpaid work experiences may also allow schools to expand available training opportunities, especially in areas where no institutional programs are available.

**Developing an Unpaid Work Experience**

*Create a Database of Possible Employers*

Start with employers that you know. Always use personal contacts whenever possible in a company and let them introduce you to the right person that can make a decision about letting a student into their work environment. This is sometimes the owner, sometimes the personnel manager, and may even be a department or floor supervisor. Possible sources of local businesses are Rotary clubs, merchants or
business associations, chambers of commerce, parent/teacher organizations, school volunteers, and local workforce investment boards. Check with your co-workers to see what their spouses do for employment. There are also many successful, small, home-based businesses in Vermont that offer unique opportunities for students interested in a wide range of careers from software development to the arts.

**Meet with Potential Students**

Determine the student’s interests and talk about possible options. If an interest inventory has not been done yet, this would be a good time to do one. Find out if the student has any specific businesses in mind and if they know a contact there. Get a copy of their class schedule and check on times they would be available such as during study halls or early release days.

**Meet with the Employer**

Meet with the employer to determine if the job site will be a good match for the student. Observe worksite safety, interaction between workers and supervisors, and make sure the employer understands this is a career exploration/training experience for the student. Prepare the supervisor for the expectations and differences of working with students instead of adults. Arrange an interview or meeting for both the student and employer where they can get to know each other, and have the student take a tour of the business. Let the employer know this placement is on a trial basis to see if it’s workable, and that you are available anytime if there are questions. Building a trusting relationship with the employer is extremely important. Give the employer copies of the evaluation form and any other public relations materials you have about your program. Leave the employer your number, e-mail or business card for easy reference.

**Prepare an Education/Training Plan (where applicable)**

The education/training plan should provide clear expectations of what skills the student will be expected to learn during the unpaid work experience. Determine with the student their learning objectives and link them to standards. Include a schedule of anticipated hours to be worked. Have both parties sign the agreement. The training plan should contain elements of school-based learning related to the training. For example, a student might prepare a presentation that will be given at
the end of the experience, keep a journal, write an article for the school newspaper, or do further research on related careers.

*Ensure Proper Insurance Coverage*
Make sure that the student is covered with proper insurance. Your school may have a school-to-work rider on its liability policy, catastrophic coverage for the whole school, or some other arrangement. Know what it is! There are safety considerations in arranging unpaid work experiences, such as appropriate clothing and safe transportation to the job site. Be sure a risk management system is in place and possible problems are thought out before placing a student in a job site.

*Create a File*
Create a file of important paperwork relative to the unpaid work experience. Put together packets for the employer, the student, and your files that include copies of proof of accident insurance, parental permission for the student’s participation in the activity, a training plan, a student evaluation sheet, emergency treatment permission, and names, phone numbers, and addresses for the student, employer, and coordinator. You might also note transportation arrangements and proof of car insurance if the student is being transported in a private vehicle.

*Review Progress*
Review progress with both the student and employer on a regular basis. Communication is extremely important in maintaining a good relationship with both. You should know if a problem is brewing and be able to deal with it before you damage your relationship with an employer. In a rural state such as Vermont, we must protect the limited resources we have, as well as offer students a quality experience that will keep them interested and learning. Make worksite visits at least bi-weekly, dropping by to say hello while the student is at the job.

*Evaluation and Reflection*
When the unpaid work experience is completed, set up a time to evaluate the experience with the student and employer. Ask the employer and the student to complete evaluation forms. Use the information for continuous program improvement. Ask each student to reflect on what was learned, referring
back to the training/education plan, and to demonstrate knowledge gained.

**Follow Up**

Write a thank you note to the business owner and the student’s supervisor at the end of the placement. At the end of the year, consider hosting a “thank you celebration” for all employers and students who participated. Invite employers to school to talk about their businesses with interested classes. Include them in career fairs. Check in with them regularly, even if you don't have a student currently placed there.

**Connecting Unpaid Work Experience to the Classroom**

It is important to make the unpaid work experience meaningful by connecting it to classroom learning. Connecting activities can take many forms and should take place at all stages of the unpaid work experience.

**Pre-experience Activities**

- Students research the general career fields and specific organizations in which they will be working
- Students write about their preconceptions and expectations for the work experience
- Students prepare questions based on their research and writings to ask their worksite supervisors
- Students and teachers discuss professional standards for behavior and dress
- Teachers emphasize practical applications of the concepts and skills they teach in class
- Students and teachers develop a training plan which outlines the student’s learning objectives

**On-site Activities**

- Students ask the worksite supervisor about the ways in which different academic subjects relate to work
- Students observe practical applications of academic concepts
- Students learn actual job and employability skills by participating in activities at the worksite
- Students ask the worksite supervisor about their career paths and recommendations for pursuit

**Post-experience Activities**

- Students write about the differences between their expectations and the realities of the workplace
- Students and teachers discuss the connections they see between classroom learning and the workplace
- Students write, revise, and send thank you letters to employers
- Students and teachers together evaluate the student’s progress toward their learning objectives
- Students continue their career research
**Internship -**

**Benefits to Students**
Internships offer students the opportunity to develop needed work skills while participating in the world of work, often earning school credit as well. Students gain practical skills in their chosen career area and have an opportunity to learn work terminology, work climate, and business/industry protocol. Most importantly, they have a chance to decide if the career area is really appropriate for them.

**Benefits to Schools**
Internships enable schools to offer students a more intense study of a career area. In addition, schools can document and assess a student’s level of skill in a performance-based manner before program completion.

**Benefits to Employers**
Internships offer employers the opportunity to work with schools and get real tasks accomplished with students/employees who already have some skills and training. By offering internship placements, an employer helps develop a potential pool of trained workers in the employer’s industry.

**Developing an Internship**

**Identify Potential Worksites**
The first step in developing an internship experience is finding individuals and organizations willing to take on the responsibility of working with a student. Many schools and postsecondary institutions mail interest forms to employers within the community to establish a pool of possible worksites. Instructors and teachers familiar with the specific career area are good resources to assist in identifying potential internship sites. Students may also identify possible internship sites on their own. In order to be able to continue to offer students internships, an organization must maintain a pool of potential worksites that match up with student educational and career objectives. Successful worksites are a valuable resource that can be utilized over and over.
Choose an Internship Supervisor

By definition, an internship is a supervised, structured work experience. Choosing a supervisor who can build a good relationship with both the student and employer is critical to the success of the internship. Sometimes the supervisor is the work-based learning coordinator, a teacher, or a professional in the career area of the internship. They may or may not receive pay for supervising the student. The supervisor must be aware of the culture of the career area as well as the specific skills needed in the internship.

Place Students

Student placement in an internship can be arranged by either the school, postsecondary institution, or the student. Connecting students with worksites that will meet their needs and provide relevant experiences is the most important aspect of planning the internship. Employers will want to interview prospective interns to ensure a good match. Schools may allow students who are already employed at a job relevant to their studies to earn internship credit for their job experience, provided that the supervisor formally approves of the site and learning objectives.

Arrange Schedules

The internship supervisor, student, and employer should arrange a work schedule that is convenient for all of them. It is best if the schedule is consistent from week to week so that the worksite can prepare meaningful work for the student intern and reinforce positive work habits.

Prepare Student Interns

Students need to be thoroughly prepared before beginning an internship. In addition to classroom preparation that focuses on career research, academic and technical skills that will be applied at the internship site, there are practical concerns to be addressed as well. Many schools and postsecondary institutions provide students with the following needed information in a handbook format; others assign the responsibility to the internship supervisor:

- Internship agreements. The internship agreement outlines the responsibilities of the worksite supervisor, the internship supervisor,
and the student. It also covers the purpose and academic and technical skill expectations for the experience. The forms should be signed by the student and worksite supervisor, as well as the internship supervisor.

- **Dress and behavior expectations.** Let students know that dress and behavior standards in the workplace are different than those at school. Remind students that they are representing the school as well as themselves. The supervisor should be aware of the dress codes at the internship site and discuss appropriate attire with each student. If uniforms are required, make sure the student is able, both financially and practically, to obtain one before they start the internship.

- **Learning Objectives.** Students, worksite supervisors, and internship supervisors need to work together to develop a list of goals and learning objectives for the internship experience. The list should include skills the student needs to acquire and/or practice and concepts the student needs to understand and apply. Goals and learning objectives should relate directly to the classroom work and to the academic standards.

- **Checklist.** Give students a checklist which includes everything they need to do to prepare for the internship. Preparing resumes, developing learning objectives, contacting employers, getting appropriate forms signed, arranging schedules and transportation (if necessary), and doing background research are all possible checklist items.

- **Evaluation materials.** Students will be evaluated by both their internship supervisor and their worksite supervisor throughout the internship. Provide students with copies of the evaluation forms so that they will be informed about the basis of their evaluation. You may also ask students to keep a journal of their experience and learning.

**Prepare Worksite Supervisors**

Worksite supervisors must be thoroughly prepared for the internship. Make sure that they are aware of everything that they are expected to do and are comfortable working
with a student intern. Many school and postsecondary institutions prepare a handbook for worksite supervisors which may contain the following:

- **An overview of legal responsibilities.** There are many legal issues that worksite supervisors need to be aware of, such as safety concerns and child labor, discrimination, and sexual harassment laws. Make sure that worksite supervisors understand their legal responsibilities and potential liabilities in advance.

- **Advice for working with young adults.** Many professionals are unaccustomed to the unique challenges of communicating and working with young adults. This is especially true for internships at the secondary level. Remind worksite supervisors that they may be faced with student attitudes and expectations that may seem unrealistic in the workplace.

- **Checklist.** Employers will probably find a checklist very useful. Checklist items might include arranging meeting times, planning with the internship supervisor to insure that academic and technical skill requirements are being met, signing internship agreements, arranging student work space (if appropriate), assigning a worksite supervisor, and informing students about the business’ policies and procedures.

- **Evaluation material.** Provide employers with the forms that will be used to evaluate student performance.

*Evaluation and Reflection*

Give everyone involved in the internship an opportunity to reflect on what they learned and to discuss the effectiveness of the internship experience. Students and employers should be asked to evaluate the internship and their evaluations should be used to effect continuous improvement.

*Connecting Internship to the Classroom*

It is important to make the internship meaningful by connecting it to classroom learning and, at the secondary level, to academic standards. Connecting activities can take many forms and should take place at all stages of the internship experience.

*Pre-experience Activities*
• Students research the career field and specific organizations in which they will be working
• Students write about their preconceptions and expectations related to the organization
• Students and teachers discuss professional standards for behavior and dress
• Teachers emphasize practical applications of the concepts and skills they teach in class
• Students learn academic and entry level job skills they will need at the worksite
• Students and teachers develop a training plan which outlines the student’s learning objectives

On-site Activities
• Students learn actual job and employability skills by participating in work activities
• Students observe and participate in practical applications of academic concepts
• Students work toward achieving individual goals and objectives that are linked to academic standards

• Seminars provide students with opportunities to better understand their internship and enhance their learning. Seminar schedules may vary from three meetings per term to as often as once a week. Curriculum may include:
  o Job search skills and techniques (such as resume writing and interviewing skills)
  o How to develop goals and objectives
  o Reflective assignments (such as weekly logs and journals)
  o Education and discussion on workplace issues such as sexual harassment, workplace ethics, managing conflict, responding to criticism, labor laws, discrimination, and professionalism
  o Workplace skills and techniques related to the specific internship
  o Guest speakers
  o Round-table discussions
Collaborative learning activities
Development of a portfolio that may include a description of the internship, agreements and training plans, photographs and descriptions of exemplary work or interesting experiences, resume, cover letter, and evaluations

Post-experience Activities

- Students write about the difference between their expectations and the reality of the workplace
- Students and teachers discuss the connections they see between classroom learning and the workplace
- Students and teachers together evaluate the students’ progress toward their learning objectives
- Students continue their career development in light of what they have learned during the work experience

Paid Work Experience -

Benefits to Students
A structured, paid work experience provides students with an opportunity to gain on-the-job knowledge, experience and technical skills. It gives theoretical knowledge meaning through practical application. The student connects learning in school to a real world application. Through this experience, a student can develop positive work habits and attitudes and the ability to work cooperatively as a team member. It helps a student either focus on a specific career path or choose another. It provides financial rewards for work experience, may provide academic credit, and may lead to employment.

Benefits to Schools
Schools will become aware of changes in the labor market and what skills students need to effectively compete in the world of work. A successful paid work experience builds positive relationships with employers in the community and as a result, some employers become more involved in the curriculum development process.
addition, schools may be able to provide a student with a learning experience in an area that is not otherwise available in the curriculum.

**Benefits to Employers**

A structured, paid work experience provides employers with a student worker who already has some academic and employability skills. It may provide a pool of technically trained employees from which to fill future positions and may reduce recruitment problems and costs. It is a way to bring schools and employers together in training efforts.

**Developing a Structured, Paid Work Experience**

*Identify a School-based Coordinator*

This type of intensive work-based learning experience requires a qualified person at the school to arrange the placement, prepare the student properly, prepare the employer, and to be an ongoing contact for both the employer and the student. The person must be aware of the community and businesses in the area, know the school’s curriculum, and know the legal issues involved in a work experience. Many schools have found that it is too much for someone to teach a normal load of classes and also arrange structured, paid work experiences. Some have hired a work-based learning coordinator or reduced a teacher’s load so they can take on this added responsibility. Whatever the arrangement, employers have said that it’s critical to have a point person at the school with whom to work.

*Identify Potential Students*

Connecting students with worksites that will meet their needs and provide relevant experiences is the most important aspect of planning the structured, paid work experience. The first step is to identify students who would be interested. Notify the students about the possibility of structured, paid work experiences in the school’s program of study. Talk to the teachers about how a work experience can support academic learning. Let all the students know who to talk to if they are interested. Once interested students are identified, do interest inventories and career exploration activities with them to identify an appropriate worksite placement. Don’t forget that many students already have jobs. You may find that students already employed could benefit from having the experience
connected to the curriculum and earning credit towards graduation. If the employer and student are willing, a student’s job could be restructured in order to maximize the student’s opportunities for learning about all aspects of the operation and to reinforce academic skills learned in the classroom. When appropriate, school activities and assignments take place in conjunction with the employment experience.

**Develop Job Sites**

A structured, paid work experience is an intensive experience and requires a great deal of commitment from both the student and employer. It is the responsibility of the school-based coordinator to find individuals and organizations willing to take on the responsibility of working with a student. Establish a pool of organizations that are possible worksites. Students may also identify possible sites on their own and some students may want to restructure their current job into a structured, paid work experience. A structured, paid work experience is most successful when an employer has a task that really needs to be done and the experience is not just made-up work. Successful sites are a valuable resource that can be utilized over and over.

**Arrange Schedules**

The school-based coordinator should arrange a work schedule that ensures student attendance to school work, has sufficient time to benefit from the structured, paid work experience, and meets employer needs. It’s best if the schedule is consistent from week to week so that the worksite can prepare meaningful work experiences for the student and reinforce positive work habits.

**Prepare Students**

Students need to be thoroughly prepared before embarking on a structured, paid work experience. In addition to classroom preparation that focuses on needed academic skills, career research and exploration, and skills that will be applied at the worksite, there are other concerns to be addressed as well.

- **Educational links.** The school-based coordinator, together with the student and academic teachers, must determine the learning objectives that are linked to academic standards. The school-based coordinator should identify the person or
committee with the authority in the school or district to approve academic credit for out-of-school experiences. It will be helpful to prepare a request for credit that includes the learning objectives and outlines what standards will be assessed through the structured, paid work experience.

- **Training plans.** This plan outlines the responsibilities of the worksite supervisor, the student, and the school-based coordinator. It addresses the learning objectives which include academic skills, occupational skills, and/or employability skills the student will be practicing and acquiring. It outlines the specific goals and activities of the experience. The plan should also contain any accommodations a student may need in order to be successful at the worksite and state who is responsible for providing them. The plan acts as an agreement and should be carefully reviewed by parents/guardians, any relevant classroom teacher, the student, and the employer and should be signed by all.

- **Dress and behavior expectations.** While classroom preparation for career exploration usually covers this information, work-based experiences offer a great opportunity to reinforce the message that dress and behavior standards in the workplace are different than those at school. Remind students that they are representing the school as well as themselves. The school-based coordinator should be aware of the dress code and any specific clothing or tool requirements at each worksite.

- **Evaluation.** Student learning at the worksite should be carefully assessed and documented throughout the experience. The school-based coordinator should provide students and employers with copies of the evaluation forms so that students can be informed about the basis of their evaluations. Ask students to evaluate paid work experience as well. Students should be encouraged to write or talk about their experience. Journal writing, special presentations, and projects are all appropriate. Whenever possible, students should use their experience as a basis for work in their other courses.

- **Follow-up.** Meet with the students on and off the worksite to inquire about their satisfaction with the paid work experience. Asking specific questions related to the
training plan will provide insight relative to the need for in-school or on-site training/skills development and need for employer contact.

**Prepare Worksite Supervisors**

The school-based coordinator first must work with the employer to choose an appropriate worksite supervisor/mentor, someone who is willing to share their knowledge of job skills and likes working with young people. Worksite supervisors must be thoroughly prepared for a structured, paid work experience. Make sure they are aware of everything that they are expected to do. Many schools prepare a handbook or an instruction sheet for worksite supervisors/mentors which contains the information they need. Other schools provide training for all worksite supervisors. All need the following information:

- **An overview of legal responsibilities.** There are many legal issues that worksite supervisors/mentors need to be aware of, such as safety concerns, child labor, discrimination, and sexual harassment laws. Make sure that worksite supervisors understand their legal responsibilities and potential liabilities in advance. All paid work experiences are covered under the Fair Labor Standards Act and child labor laws. The work experience must comply with these laws. The school-based coordinator should ensure that all participating students are covered by accident insurance.

- **Advice for working with young people.** Many professionals are unaccustomed to the unique challenges of communicating and working with young people. Remind worksite supervisors that they may be faced with student attitudes and expectations that may seem unrealistic in the workplace. Encourage worksite supervisors/mentors to provide as many active learning experiences as possible, and to be direct in their communication of employer needs and expectations. Some employers put student/employees through the organization’s orientation program. Employers should also be reminded that encouragement is a valuable training tool that will often increase student performance and motivation for job duties.

- **Activity suggestions.** Remind worksite supervisors/mentors that the purpose of a structured, paid work experience is to provide the students with an environment
where learning can take place. Encourage mentors to allow students to participate in as many learning activities as possible, including staff meetings and trainings, and job tasks in all areas of the organization. Make sure that there are activities provided to the students that

- **Evaluation.** Establish a mechanism for student supervision and evaluation. Be clear with the employer and worksite supervisor/mentor who will be responsible for evaluating the student’s performance and progress. Some employers prefer to use their own evaluation system with student/employees. Often the school-based coordinator can modify the employer’s system and forms so that both the employer’s and school’s evaluation needs are met. In some experiences, employers prefer to use the school’s evaluation forms and procedures. In any case, before the student begins the structured, paid work experience, review the evaluation system and materials with the student and employer and be clear who will be responsible for each part. Set up regularly scheduled times to conduct formal evaluations of the student’s progress. Contact the employer and student prior to the evaluation in order for all to be prepared and to avoid any surprises. Remind employers and students that the evaluation should be a positive experience. The evaluation highlights the student’s accomplishments and outlines plans for future training goals. The employer should also be given a chance to evaluate the experience as a whole. This information will provide the basis for continuous improvement of future structured, paid work experiences.

**Connecting Structured, Paid Work Experience to the Classroom**

It is important to make the structured, paid work experience meaningful by connecting it to classroom learning and academic standards. Connecting activities can take many forms and should take place at all stages of the paid work experience.

*Pre-experience Activities*

- Students research the general career fields and specific organizations in which they will be working
- Students write about their preconceptions and expectations
- Students and teachers discuss professional standards for behavior and dress
• Teachers emphasize practical applications of the concepts and skills they teach in class
• Students and teachers develop training plans which outline students’ learning objectives
• Students learn academic skills which they will use at the worksite

**On-site Activities**
• Students learn actual job and employability skills by participating in work activities
• Students observe and participate in practical applications of academic concepts
• Students work toward achieving individual goals and objectives
• Seminars provide students with opportunities to better understand their paid work experiences and enhance their learning. Curriculum may include the following.
  • Job search skills and techniques (such as resume writing and interviewing skills)
  • Development of goals and objectives
  • Reflective assignments (such as weekly logs and journals)
  • Education and discussion on workplace issues such as sexual harassment, workplace ethics, managing conflict, responding to criticism, labor laws, discrimination, and professionalism
• Workplace skills and techniques related to student placements
• Guest speakers
• Round-table discussions
• Collaborative learning activities
• Term projects in which students extend beyond the work experience through in-depth investigation
• Career exploration activities, including informational interviewing and research on continuing educational opportunities
• Development of portfolios which include a description of the work experience, agreements and training plans, photographs and descriptions of exemplary work or interesting experiences, resume, cover letter, and evaluations

**Post-experience Activities**
• Students write about the difference between their expectations and the reality of the workplace
• Students and teachers discuss the connections they see between classroom learning and the workplace
• Students and teachers together evaluate the student’s progress toward meeting the learning objectives
• Students continue their career research in light of what they have learned during the work experience
• Students write, revise, and send thank you letters to the employer and the worksite supervisor/mentor
**Student Apprenticeship –**

*Benefits to Students*

A Cooperative Work Experience provides students an opportunity to gain on-the-job knowledge, practical experience and technical skills. Students develop positive work habits and attitudes, and the ability to work cooperatively as a team member. Students may get paid for the work experience, earn high school credit, and create future employment opportunities.

*Benefits to Employers and Schools*

A Cooperative Work Experience provides employers with a student worker who already has some employability skills and occupational knowledge. It may provide a pool of technically trained employees from which to fill future positions and may reduce recruitment problems and costs. It is a way to bring schools and employers together in training efforts. Schools will become aware of changes in the labor market and what skills students need to effectively compete in the world of work. As a result of the relationship, some employers become more involved in the curriculum development process.

**Developing a Cooperative Work Experience**

*Identify Potential Worksites* - The first step in developing a Cooperative Work Experience is finding individuals and organizations willing to take on the responsibility of working with a student. A primary responsibility of cooperative education coordinators is contacting and meeting with business representatives to relay the benefits of cooperative education and to obtain the commitments to hire or offer a training position to students. Many schools mail interest forms to employers and organizations within the community to establish a pool of possible worksites. Students may also identify possible sites on their own. The cooperative work experience coordinator may maintain a pool of potential
worksites that match up with students’ educational and career objectives. Successful sites are a valuable resource that can be utilized over and over.

**Place Students** - Connecting students with worksites that will meet their needs and provide relevant experiences is the most important aspect of planning the work experience. Coordinators should have a clear understanding of job-site requirements (a job description) and student skills and interests in order to be able to make appropriate and effective matches.

**Arrange Schedules** - The cooperative education coordinator should arrange a work schedule that ensures student attendance to school work, has sufficient time to benefit from work-based learning, and meets employer needs. It is best if the schedule is consistent from week to week so that the worksite can prepare meaningful work experiences for the student and reinforce positive work habits.

**Prepare Students** - Students need to be thoroughly prepared before embarking on a cooperative work experience. In addition to classroom preparation that focuses on career research and exploration and skills that will be applied at the worksite, there are practical concerns to be addressed as well.

- Educational links - The teacher or co-op coordinator must determine the learning objectives and links to the academic standards. The work experience must also enable a student to achieve the competencies and tasks of the particular vocational/technical education program in which they are enrolled.

- Cooperative education agreements - These agreements outline the responsibilities of the worksite supervisor, the student, and the cooperative education coordinator. The forms should be carefully reviewed by parents, the instructor, and signed by all. As part of these agreements, a training plan is developed and attached. The training plan outlines the goals and activities of the experience. The list should include skills the student needs to acquire and/or practice and concepts the student needs to understand and apply.
Goals and objectives should relate directly to classroom work and career development activities which the cooperative work experience supports.

- **Dress and behavior expectations** - While classroom preparation for career exploration activities usually covers this information, work-based experiences offer a great opportunity to reinforce the message that dress and behavior standards in the workplace are different than those at school. Remind students that they are representing the school as well as themselves. The coordinator should be aware of dress codes at each worksite and discuss appropriate attire with students.

- **Follow-up** - Meet with students on and off the worksite to inquire as to their satisfaction with the experience. Asking specific questions related to the training plan will provide insight relative to the need for in-school or on-site training and need for employer contact.

### Prepare Worksite Supervisors

Worksite supervisors must be thoroughly prepared for the cooperative work experience. Make sure that they are aware of everything that they are expected to do. Many schools/technical centers prepare a handbook or an instruction sheet for worksite supervisors which may contain the following.

- **There are many legal issues that worksite supervisors need to be aware of**, such as safety concerns and child labor, discrimination, and sexual harassment laws. Make sure that worksite supervisors understand their legal responsibilities and potential liabilities in advance. For unpaid experiences, all parties need to be aware of federal guidelines related to unpaid work experience/training. School personnel should ensure that all participating students are covered by accident insurance.

- **Many professionals are unaccustomed to the unique challenges of communicating and working with young people.** Remind worksite supervisors that they may be faced with student attitudes and expectations that may seem unrealistic in the workplace. Encourage hosts to provide as
many active learning experiences as possible, and to be direct in their communication of needs and expectations. Similarly, employers should be reminded that encouragement is a valuable training tool that will often increase student performance and motivation for job duties.

- Remind worksite supervisors that the purpose is to provide students with an environment where learning can take place. Encourage supervisors to allow students to participate in as many learning activities as possible, including staff meetings and trainings, and job tasks in all areas of the business.

- Employers will probably find a checklist very useful. Checklist items might include arranging meeting times, planning with the program coordinator to insure that academic requirements are met, signing work agreements, arranging student workspace as appropriate, and informing students about company policies and procedures.

- Review evaluation forms and procedures with employers at the beginning of a cooperative work experience. Set up a time for the employer, student, and cooperative education coordinator to conduct formal evaluations. Contact the employer and student prior to the evaluation in order for all to be prepared and to avoid any surprises. Remind employers and students that the evaluation should be a positive experience that highlights student accomplishments and enables students to make plans for future training goals.

**Connecting Cooperative Work Experience to the Classroom**

It is important to enhance the Cooperative Work Experience by connecting it to classroom learning and academic standards. Connecting activities can take many forms and should take place at all stages of the experience.

*Pre-experience Activities*

- Students research the general career fields and specific organizations in which they will be working...
- Students write about their preconceptions and expectations
- Students and teachers discuss professional standards for behavior and dress
- Teachers emphasize practical applications of the concepts and skills they teach in class
- Students and teachers develop training plans which outline students’ learning objectives
- Students learn academic skills which they will use at the worksite

**On-site Activities**

- Students learn actual job and employability skills by participating in work activities
- Students observe and participate in practical applications of academic concepts
- Students work toward achieving individual goals and objectives
- Seminars provide students with opportunities to better understand their paid work experiences and enhance their learning. Curriculum may include the following.
  - Job search skills and techniques (such as resume writing and interviewing skills)
  - Development of goals and objectives
  - Reflective assignments (such as weekly logs and journals)
  - Education and discussion on workplace issues such as sexual harassment, workplace ethics, managing conflict, responding to criticism, labor laws, discrimination, and professionalism
  - Workplace skills and techniques related to student placements
  - Guest speakers
  - Round-table discussions
  - Collaborative learning activities
  - Term projects in which students extend beyond the work experience through in-depth investigation
Career exploration activities, including informational interviewing and research on continuing educational opportunities

Development of portfolios which include a description of the work experience, agreements and training plans, photographs and descriptions of exemplary work or interesting experiences, resume, cover letter, and evaluations

Post-experience Activities

- Students write about the difference between their expectations and the reality of the workplace
- Students and teachers discuss the connections they see between classroom learning and the workplace
- Students and teachers together evaluate the student’s progress toward meeting the learning objectives
- Students continue their career research in light of what they have learned during the work experience
- Students write, revise, and send thank you letters to the employer and the worksite supervisor/mentor

Supported Employment -

Benefits to Students

Students have the opportunity to do real work in an integrated work setting and earn wages. A supported employment experience can result in increased self-esteem and a sense of independence. It gives the student an opportunity to plan for the future based on first hand knowledge of the world of work. A
supported employment placement can provide the basis for an individual transition plan from school to work.

**Benefits to Employers**

A supported employment placement allows an employer an opportunity to train an employee “from the ground up” with the assistance of a liaison (the employment specialist) who ensures a good job match. The employment specialist also provides ongoing assistance to address any problems that may arise.

**Developing a Supported Employment Opportunity**

The first step in working with an individual is to conduct an individual assessment, followed by job skills training, job placement, and follow-up.

**Assess the Student**

In supported employment, every step of the assessment process is focused on discovering the strengths the student has; then simultaneously identifying areas where employment specialists and employers will need to provide support in order to facilitate success at work. Supported employment uses an ability-based approach to assessment. The goals of the assessment process include the following:

- Identify the student’s current strengths, interests, learning style, and employment goals
- Anticipate barriers and identify the needed supports to overcome them
- Identify the critical job tasks that must be mastered in order to be productive on the job, with consideration to supports for both job and social skills.

A wide array of tools and methods for vocational assessments exists. Some of these assessment methods include observations of students on job sites, in community settings and in school.

**Skills Training**
On-site skills training allows the student to observe, practice, and integrate a work experience within the actual work environment. The skill acquisition will have a reality base that ensures that the job performance will match the employer’s expectation. A wide variety of training strategies can be used to teach students vocational skills, social skills, and problem solving. An employment specialist is the key to balancing the learning needs of the student with the production needs of the employer. The employment specialist must be able to maximize student independence and productivity in the workplace. They are responsible for facilitating a student’s successful performance on the job, fading out of the worksite as much as possible. In addition, they must be flexible and available to provide on-the-job supports as needed.

**Job Site Development**

Job site development is tailored to the individual needs and interests of the student. It involves consistent contact, visibility, and partnership with employers in the local community. The employment specialist can use natural support networks with other similar education and training organizations in the community to identify potential sites. Encourage your students to search for sites as well. This encourages individual responsibility, choice, and accountability in the job search.

**Follow-up Support**

Ongoing follow-up services are provided to the student and employer to assist the student in maintaining the job. These services include formal and informal contacts with the student, employer, school, and any other appropriate individuals working on a student’s team. Some students can perform job tasks independently but have difficulty with on-the-job social skills. Others require ongoing direct training support in order to maintain employment. The employment specialist is the key resource in anticipating issues and facilitating positive outcomes that address student and employer needs.

**Transition Planning**

Transition planning is a coordinated set of activities focused on four specific areas for an individual student—Independent living, community employment, community
integration, and community participation. Transition planning should be an outcome-oriented process that promotes a smooth transition from school to post-school activities. Post-school activities can include postsecondary education, vocational training, supported employment, continuing and adult education. This coordinated set of activities must be based on the individual student’s needs and interests. The student’s team will assist with other related areas of transition planning that are guided by the IDEA legislation (Individuals with Disabilities Education Act). The student’s case manager will direct the team’s attention to these areas of planning.

**Implement the Transition from School to Work**

Successful postsecondary supported employment depends on consistent, systematic transition planning, interagency involvement, and the support of a student’s team. Ongoing transition planning throughout high school (starting at age 14), sets the stage for supported employment options to continue beyond high school. Transition planning is mandated for all students who participate in Special Education. Transition planning is critical for those students who may have few adult service options in place after high school.

**Vocational Rehabilitation Transition Counselors**

Transition Counselors are important partners in making this transition successful. Transition Counselors begin to support students with disabilities while they are still in high school and continue to work with them through early adulthood. They can assist students who are close to high school completion to explore possible careers, discuss education and training choices and help build a team to support future employment success. Once a youth is out of school, they will help with the job search and on-the-job support, among other activities.

**Connecting Supported Employment Opportunities to the Classroom**

It is important to make the supported employment opportunity meaningful by connecting it to classroom learning and Vermont’s Framework of Standards and Learning Opportunities. Connecting activities can take many forms and should take place at all stages of the supported employment opportunity.

NOTE: Ensure that the following activities are accessible to ALL students. If needed,
provide accommodations such as the use of a scribe, tape recorder, or computer so that all students may participate.

**Pre-experience Activities**

- Students research the general career fields and specific organizations in which they will be working
- Students write about their preconceptions and expectations for the worksite
- Students prepare questions based on their research and writings to ask their hosts
- Students and teachers discuss professional standards for behavior and dress
- Teachers emphasize practical applications of the concepts and skills they teach in class
- Students and teachers develop a training plan which outlines the student’s learning objectives

**On-site Activities**

- Students ask host about the ways in which different academic subjects relate to their supported employment
- Students observe practical applications of academic concepts
- Students learn actual job and employability skills by participating in work activities
- Students ask hosts about their career paths

**Post-experience Activities**

- Students write about the differences between their expectations and the realities of the workplace
- Students and teachers discuss the connections they see between classroom learning and the workplace
- Students write, revise, and send thank you letters to employers
- Students and teachers together evaluate the student’s progress toward meeting the learning objectives
Students continue their career research in light of what they have learned during the supported employment opportunity.
Apprenticeship

The concept of apprenticeship is long in tradition and is embedded in a full range of occupations in the United States and around the world. In every apprenticed occupation, the apprentice is instructed and supported at the same time he or she works. Student apprenticeship is contextualized learning in a specific career area. In Vermont there are three forms of apprenticeship: Student Apprenticeship, Registered Apprenticeship, and Pre-Apprenticeship programs.

Student Apprenticeship

Registered Apprenticeship

Pre-Apprenticeship

Benefits to Students

An apprenticeship gives students an opportunity to connect what they’ve learned in the classroom to a real world job and learn all aspects of a trade. It increases the high school choices for students and upon successful completion, a student may receive advanced placement in a registered apprenticeship or in a college program. At graduation, a student who completes a student apprenticeship receives credit for both academic and occupational accomplishments. Students who are enrolled in a Registered Apprenticeship are afforded a structured training opportunity. Apprentices are mentored on the job by a fully-trained individual and receive training in accordance with a written training outline. While most apprentices also attend classroom training in the evenings, the related instruction component can be deferred for high school students until after graduation. All hours worked while still in school are recorded. Students benefit from pre-apprenticeship by learning skills and behaviors that will lead to success as an apprentice. Students who have
completed a pre-apprenticeship program are much more likely to be hired and registered as an apprentice.

**Benefits to Schools**

Apprenticeships increase practical hands-on learning options offered to students. They can provide a way for a student to learn skills in an area not offered currently in the school or in any other formal training program. Often, an apprenticeship will help a school meet a student’s learning style and career needs. A successful apprenticeship will also create good working relationships with the businesses in a school's area.

**Benefits to Employers**

Apprenticeships help businesses train future workers when it is hard to find skilled workers, especially in areas where no training or educational programs in that career area exist. Mentors at the worksite can become better employees. Many employers report that when a veteran employee is passing along their skills to an apprentice, it re-energizes their work in a unique way. Employer sponsors of a Registered Apprenticeship program benefit from a highly skilled work force. In the plumbing and electrical trades, the program enables employers to ensure that employees qualify to take the journey level licensing exams. Offering a Registered Apprenticeship program also helps employers recruit and retain employees. Sponsors of the Registered Apprenticeship Program benefit greatly by collaborating with a pre-apprenticeship program. Students who complete pre-apprenticeship understand the rigors of the occupations and already have entry level skills needed for the occupation.

**Developing a Student Apprenticeship**

*Identify Potential Student Apprentices*

Disseminate information to students who may be interested in being a student apprentice, including students who have completed some technical education. Ask
guidance counselors to notify you when a student has an interest in an area where no technical education program or academic class exists. Let students know of current student apprentice opportunities. Remember that a student apprenticeship must be supervised by a licensed student apprenticeship coordinator. If you are not licensed, then refer the student to the appropriate person.

**Recruit a Business Partner**

Check to see if there are any companies which practice the specific trade in the skill area. Also contact trade associations such as the Associated General Contractors, Vermont Subcontractors Association, dealer associations, etc. Make a list of potential sites for the student apprenticeship and contact all sites personally. A student apprenticeship is an intensive commitment and will require a strong partnership between the school and the worksite.

**Draft a Student Apprenticeship Plan**

Upon recruiting a business partner to enter into an apprenticeship agreement, draft a student apprenticeship plan. The plan is a highly detailed training plan based on industry standards and includes prerequisite education and training, industry competencies, related academic training linked to academic standards and evaluation procedures. Work with the participating industry partners to refine the plan until satisfactory to both the school and employer. Work with the school to determine how much school credit will be awarded for completion of the student apprenticeship.

**Obtain Approval for the Student Apprenticeship Plan**

A student apprenticeship is guided by a student apprenticeship plan based on industry standards. This plan outlines the learning components of the apprenticeship and serves as a basis for instruction and evaluation. Present the draft plan to the local career center regional advisory board for review and approval; obtaining the signature of board chair. Once approved, the plan can be formally put into action.

**Prepare Students**

A student apprenticeship is a serious commitment. Talk with the student about the proposed career and what they will be expected to do and to learn. Discuss with the student their own strengths and weaknesses and if the apprenticeship is a good match. Discuss the student’s future career goals and how the student apprenticeship will help
them reach those career goals. Make sure that the student has the prerequisite skills needed for the experience and the appropriate clothing and accommodations needed for the particular worksite.

*Prepare the Employer*

Assist the employer in identifying a qualified mentor at the worksite. A mentor should be skilled in the craft, skilled in teaching, and have a temperament to work with young people. Provide all the necessary information to the employer and mentor, including any legal or insurance issues about which they should be aware. Some schools have provided formal training on working with students to mentors and employers when the school has more than one student apprenticeship in place.

*Implement the Plan*

Schedule the student’s work days based on how much time is needed to learn the skills outlined in the student apprenticeship plan. Apprentice hours are set according to the employer’s schedule and the employer’s business hours. Make the schedule replicate true working conditions at the worksite—full days, if possible. A coordinator will need to work closely with and negotiate with both the school and employer. Schedule a day and time to visit the employer at the worksite that is convenient to the employer. This will give you an opportunity to discuss any questions the employer might have as well as giving you an opportunity to become familiar with the site where your student will be working. Talk with the employer about how the student’s safety will be ensured. If a student needs accommodations at the worksite, agree on who will make the arrangements. Discuss with the employer legal and risk management issues. Make sure the student has health and accident coverage and that the school and employer have the appropriate insurance to reduce their risks. Areas of instruction related to the apprenticeship should be coordinated and provided to the student apprentice. For example, if a student needs algebraic skills at the worksite, arrange the student’s schedule to include an algebra class. If a student needs keyboarding skills, a student may receive tutoring before or after their work day.

*Ongoing Monitoring and Student Evaluation*

The coordinator must maintain regular contact (weekly is best) with the student to assess progress, conduct, commitment, and to ensure that the worksite is providing the
agreed upon learning opportunities. The coordinator should have regular contact with the apprenticeship site, particularly with the mentor, to gauge the direction of learning and the level of satisfaction with the program for all involved. Formal evaluations should be conducted at regular intervals, during which the student, mentor, and coordinator review the student apprenticeship plan. These evaluations should gauge the level of competence related to the identified industry standards and evaluate the student’s general workplace skills. From these evaluations, the direction of short-term training should be identified and agreed upon.

**Evaluation and Reflection**

The final evaluation and assessment should be based on the competencies in the student apprenticeship plan. Identify specific skills the student has mastered and report them in a way the student can use them to connect to the next step—a registered apprenticeship, a job, or further education. Assess the experience with the employer, mentor, and student, and use the information to improve future student apprenticeships. All participants should receive recognition. The apprentice and coordinator should thank the employer and the school may want to formally recognize the employer with a certificate. At the completion of a successful apprenticeship, the coordinator should contact the Vermont Department of Education to receive a Certificate of Completion which can be presented to the student.

**How to Help Students Enroll in a Registered Apprenticeship Program**

Realistically, the best opportunity for Registered Apprenticeship for students is in the plumbing and electrical fields. If you have a student with a strong interest in one of these occupations, you should begin by viewing the list of Registered Apprenticeship sponsors on the Vermont Department of Labor website at [www.labor.vermont.gov](http://www.labor.vermont.gov). You can contact any of the sponsors to discuss the possibility of a Registered Apprenticeship. You can also contact one of the Vermont Department of Labor apprenticeship field representatives to discuss your student. While placement is not the role of the apprenticeship field representatives, they can be a helpful resource as they are often aware of apprenticeship openings. Contact information for the apprenticeship field representatives is also found on the website listed above.

**Developing a Pre-apprenticeship**


Schools can contact Registered Apprenticeship sponsors directly to inquire about the interest in collaborating to develop a pre-apprenticeship program. Guidance can also be obtained by calling the Vermont Department of Labor Apprenticeship Program at 828-5082.

**Connecting Student Apprenticeship to the Classroom**

It is important to enhance the student apprenticeship experience by connecting it to classroom learning and to academic standards. Connecting activities can take many forms and should take place at all stages of the experience.

*Pre-experience Activities*

- Students research the career field and specific organization in which their apprenticeship takes place
- Students write about their preconceptions and expectations related to the organization in which their apprenticeship will take place
- Students and teachers and/or the student apprenticeship coordinator discuss professional standards for behavior and dress
- Teachers emphasize practical applications of the concepts and skills taught in class
- Students learn the academic and entry level job skills they will need in the apprenticeship
- Students and teachers and/or the student apprenticeship coordinator develop a student apprenticeship plan which includes learning objectives that are linked to the academic standards

*On-site Activities*

- Students learn higher level job and employability skills in the apprenticeship site
- Students observe and participate in practical applications of academic concepts
- Students work toward achieving individual goals and objectives
- Seminars provide students with opportunities to better understand their student apprenticeship experiences and enhance their learning. Seminar schedules can vary from three meetings per term to as often as once a week. Curriculum can include the following.
• Job search skills and techniques (such as resume writing and interviewing skills)
• How to develop goals and objectives
• Reflective assignments (such as weekly logs and journals)
• Education and discussion on workplace issues such as sexual harassment, workplace ethics, managing conflict, responding to criticism, labor laws, discrimination, and professionalism
• Workplace skills and techniques related to student placements
• Guest speakers
• Round-table discussions
• Collaborative learning activities
• Term projects in which students extend beyond the work experience through in-depth investigation
• Career exploration activities, including informational interviewing and research on continuing educational opportunities

*Post-experience Activities*

• Students write about the differences between their expectations and the realities of the workplace
• Students and teachers discuss the connections they see between classroom learning and the workplace
• Students write, revise, and send thank you letters to the employer and their worksite supervisor/mentor
• Students may use their learning from the apprenticeship in a culminating activity
• Students and teachers and/or the student apprenticeship coordinator together evaluate the student’s progress toward the learning objectives
• Students continue their career development which may include a job, a registered apprenticeship, or further education
RELATED EXPERIENCE: SERVICE LEARNING

Benefits to Students
Service learning allows students to make a difference in their communities by meeting real needs. Students develop good citizenship skills and a positive feeling of self-worth. While performing service in the community they understand the relevance of academics and learn to think critically. Most develop job skills and all are exposed to the world of work.

Benefits to Schools
Service learning allows school staff to interact with students in a different format. Students become partners with staff, other students, and community members. Participants in service learning are responsible for their own learning and this often leads to more motivated students. Schools involved with service learning report an enhanced school climate, an enriched curriculum, and an ability to evaluate students based on performance.

Benefits to Community
The local community receives a valuable service from the students and is able to get unmet needs addressed, often uniquely. Local employers can see students, as future workforce members, gaining practical skills. Because students are active stakeholders in improving their community, they become invested in their communities.

Developing a Service Learning Experience

Identify Potential Sites
The first step in developing a service learning experience is finding individuals and organizations willing to take on the responsibility of working with a student or group of students. Many schools mail interest forms to different organizations within the community to establish a pool of possible worksites and projects. Service organizations in your community will often welcome students as workers or can refer you to projects in the community. Students may also identify possible service
learning sites on their own. Don't forget that the school itself can be a wonderful site for a service learning experience. The service learning program depends on the maintenance of a pool of potential field sites that match up with students' educational and career objectives. Successful field sites are a valuable resource that can be utilized over and over.

**Place Students**
Student placement in service learning experiences can be arranged by the school, teacher, or the student. Connecting students with field sites that will meet their needs and provide relevant experiences is the most important aspect of planning the service learning experience. Many service learning experiences are done in teams of students; some experiences involve an entire class. Organization staff will want to interview prospective volunteers to ensure a good match. Schools may allow students who are already involved with an organization which provides community service relevant to their studies to earn credit for their volunteer experiences.

**Arrange Schedules**
The field site supervisor, teacher, and student arrange a work schedule that is convenient and that doesn't interfere with the student's class schedule. Some schools have flexible class schedule time (as in block scheduling) where class time is used for service learning activities. It is best if the schedule is consistent from week to week so that the field site can prepare meaningful service experiences for the student and reinforce positive work habits.

**Confirm Plans**
The student should contact the field site supervisor to confirm arrangements and to answer any initial questions the supervisor may have about the upcoming service
learning experience.

**Prepare Students**

Students need to be thoroughly prepared before embarking on a service learning experience. In addition to classroom preparation that focuses on career research, exploration, and skills needed for the project, there are practical concerns to be addressed as well. Many schools provide students with a service learning experience handbook which may include the following:

- **Service learning experience agreements.** These agreements outline the responsibilities of the field site supervisor and the student, as well as the purpose of and academic expectations for the service learning experience. The forms should be signed by the student, the field site supervisor, and the project coordinator and/or teacher. Parent/guardian signatures are required for students under 18 years of age.

- **Dress and behavior expectations.** While classroom preparation for career exploration activities usually covers this information, it never hurts to reinforce the message that dress and behavior standards in the workplace are different than those at school. Remind students that they are representing the school, as well as themselves. The coordinator/teacher should be aware of the dress code at each field site and discuss appropriate attire with students.

- **Goals/objectives worksheet.** Students, field site supervisors, and coordinators/teachers need to work together to develop a list of goals and objectives for the service learning experience. The list should include skills the student needs to acquire and/or practice and concepts the student needs to understand and apply. Goals and objectives should relate directly to classroom work and career development activities which the service learning experience supports.
Checklist. Give students a checklist which includes everything they need to do to prepare for the service learning experience. Developing objectives, contacting organization staff, arranging schedules and transportation (if necessary) and doing background research are all possible checklist items.

Evaluation materials. Students will be evaluated by their field site supervisors throughout the service learning experience. Provide students with copies of the evaluation form so that they can be informed about the basis of their evaluations. Ask students to evaluate their service learning experiences, as well. Students should be encouraged to write or talk about their experiences as a means of better understanding what they have learned. Student evaluations can also be helpful as an element of continuous improvement in providing service learning experiences.

Prepare Field Site Supervisors

Field site supervisors must be thoroughly prepared for the service learning experience as well. Make sure that they are aware of everything that they are expected to do. Many schools prepare a handbook for field site supervisors which may include the following:

- An overview of legal responsibilities. There are many legal issues that field site supervisors need to be aware of, such as safety concerns and child labor, discrimination and sexual harassment laws. Make sure that field site supervisors understand their legal responsibilities and potential liabilities in advance.
- Advice for working with young people. Many worksite professionals are unaccustomed to the unique challenges of communicating and working with young people. Remind field site supervisors that they may be faced with student attitudes and expectations that may initially seem unrealistic. Encourage hosts to provide as many active learning experiences as possible.
- Activity suggestions. Remind field site supervisors that the purpose of the service learning is to provide students with an environment where learning can take place in the context of community service. Encourage supervisors to allow students to participate in as many learning activities as possible, especially those activities
which offer an opportunity to develop workplace skills and where they can apply their academic skills.

- Checklists. Worksite supervisors will probably find a checklist very useful. Checklist items might include arranging meeting times, planning with project coordinator/teacher to insure that academic requirements are met, signing service learning experience agreements, arranging student workspace as appropriate, and informing students about organization policies and procedures.

- Evaluation materials. Feedback for all those involved in a service learning experience is essential for the quality of future experiences. Acquaint the field site supervisor with the forms that they will use to evaluate both the student(s) and the service learning experience.

**Connecting Service Learning Experiences to the Classroom**

It is important to make the service learning experience meaningful by connecting it to classroom learning and to Vermont’s Common Core. Connecting activities can take many forms and should take place at all stages of the experience.

*Pre-experience Activities*

- Students research the general career fields and specific organizations in which their service experiences will take place
- Students write about their preconceptions and expectations related to the organization in which their experiences will take place
- Students prepare questions based on their research and writings to ask their hosts
- Teachers emphasize practical applications of the concepts and skills they teach in class

*On-site Activities*

- Students learn actual job skills by participating in work-related activities
- Students observe practical applications of academic concepts
- Students work toward achieving individual goals and objectives that are linked to academic Standards
Post-experience Activities

- Students write about the differences between their expectations and the realities of their service learning experience
- Students and teachers discuss the connections they see between classroom learning and the service learning experience
- Students and teachers complete an assessment of the student’s learning
- Students continue their career research in light of what they have learned during the service learning experience
- Students and community members plan and participate in a celebration of accomplishing the goal
**RELATED EXPERIENCE: STUDENT ENTREPRENEURSHIP**

*Benefits to Students*

Student entrepreneurship will enable students to make connections across academic disciplines in a real life, experiential context. Students have the opportunity to participate in designing their own learning and are motivated to think, plan, and act as entrepreneurs. Entrepreneurship encourages students to work in teams and to engage in each aspect of running a business: product design and selection, production, quality control, marketing, sales, and financial bookkeeping. These are skills that ordinarily, students may not have the opportunity to learn in school. In addition, students feel pride as they have the opportunity to earn money in an entrepreneurship for their schools and for community projects.

*Benefits to Schools*

Student entrepreneurship gives schools the chance to expose students to situations outside the usual school curriculum and teach students a variety of business techniques and new and emerging technologies. In rural communities with only a few employers, student entrepreneurship may offer the best learning opportunities which connect students to the world of work.

*Developing a Student Entrepreneurship Experience*

Before beginning, review the information in Planning & Implementation and the Legal Issues sections. Much of the information in these sections is directly related to how students interact with the world of work and is applicable to establishing student entrepreneurship. There are also excellent training opportunities for teacher training through the Rural Entrepreneurship through Action Learning (REAL) Enterprises (high school and postsecondary), Mini-REAL Institutes (elementary), and Middle REAL (middle level).

*VT REAL Enterprises*
**Secure Support**
Approach your principal and then your local school board with a well thought out proposal. It might be helpful if two or three local business leaders accompany you to help present the concept and demonstrate a willingness to provide ongoing support. Find a lead facilitator and establish a committee to provide advice and support. This committee need not be large. Try to include several successful local entrepreneurs. These individuals will be helpful in soliciting support and advice from the rest of the business community.

**Identify Student Interests**
Teachers work with the students to discover what kind of business venture would interest them and would provide the opportunity to meet their learning objectives. Develop ideas that reflect student needs, desires, and concerns and include a discussion about the needs of the community. It’s important that students feel ownership of the project.

**Prepare Teachers**
Creating and running a student entrepreneurship is very different than using traditional teaching methods. Since students have choices in the design and implementation of the project, then teachers become facilitators and coaches in the experience. If possible, have teachers who will be involved participate in training, like REAL, or visit with/observe a teacher who is already implementing a student project. Many vocational-technical teachers have had experience in an entrepreneurial project with students.

**Develop Business Contacts**
Request the support and assistance of economic and business development professionals. Small business development centers (SBDCs), local chambers of commerce, Rotary organizations, regional economic development corporations, and the
Service Corps of Retired Executives (SCORE) may have offices in your area and would be good places to start. Local business owners and entrepreneurs are often willing to help. Such people have a wealth of expertise and are usually interested in assisting young entrepreneurs.

**Develop the Curriculum**
Establish the learning standards the students will meet and determine how they will be assessed. Determine which academic standards students will have the opportunity to achieve, and then develop the instructional units. Look at entrepreneurial curricula others have used. Ensure that students have the basic skills they need to succeed before they begin the experience.

**Reflection and Evaluation**
Student entrepreneurship offers valuable opportunities for performance-based assessments. Often community members are invited to help assess students' progress through observations and presentations. Students need time to reflect on their work and what they have learned through the use of journals and discussions. Teachers should reflect on how successful the learning experience was for the students and determine how to improve on it.

**Connecting Student Entrepreneurship to the Classroom**
It is important to make student entrepreneurship experiences meaningful by connecting them to classroom learning and to Vermont's Framework of Standards and Learning Opportunities. Connecting activities can take many forms and should take place at all stages of the student entrepreneurship.

*Pre-Experience Activities*

- The lead facilitator/teacher and core advisors determine learning standards to be met and how they will be assessed
• Teachers and students brainstorm the types of activities to be considered which reflect student’s needs, desires, and concerns

• Student input at this point is very critical and can help in developing their enthusiasm for the project

• Teachers create opportunities for students to learn certain basic skills necessary to run the project successfully

• Teachers and students brainstorm community resources available to them for support and information

On-Site Activities

• Students begin the setup of their project and perform as many of the tasks as possible; the teacher serves in an advisory or coach role (when practical), but should be ready to demonstrate leadership if unusual difficulties are encountered; teachers facilitate discussions on business organization, business planning, and bookkeeping

• As students confront problems, they gain valuable experience in critical thinking, communication, decision-making, and personal growth; the teacher may find excellent opportunities to include human resources management into these discussions

• Students gain real experience in utilizing technology, operating effectively within organizations, and understanding the business world; the teacher and outside business leaders endeavor to broaden the exposure to new technology and its potential business applications

• As business formation and operations proceed, students connect classroom learning with real activities in the business world; the teacher and visiting business leaders use additional anecdotal evidence and personal testimonials to make the experience real

• Students are encouraged to experience diverse roles in the workplace and better assess their own career possibilities.
• Periodically, the teacher facilitates a team meeting where students check progress against the business plan and their personal expectations.

*Post-Experience Activities*

• Teachers and students jointly assess the success of the entrepreneurship; students present their findings and personal growth both orally and in writing
• Teachers assess whether student learning objectives have been met
• Students write thank you letters to community members who have assisted them