



Interest and Responsibilities Worksheet

1. Write down five of your interests:

Remember: An interest is something that is strong enough to make you want to go to work each day. Think in broad categories.

Examples: meeting new people, learning about computers, landscaping, working on machines, music, design, working with flowers, cooking, hiking, dancing, etc.

2. Make a list of your family responsibilities. How might these responsibilities impact employment?

Examples: getting your children off of the bus after school, taking care of elderly parents, etc.

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