



# Employment 101 – E101

## *Generation 2*

## Instructor Guide



# Contents

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Employment 101 (E101) is a guided approach including assessments, articles, planners, and resources to help a customer reach their training and employment goals. The purpose of the Pre-Assessment is to check the customer's knowledge while the Post-Assessment checks what the customer has learned during the guided process, and to unlock their certificate of completion and digital badge.

This document is designed to help instructors guide a group of participants in a workshop setting.

### Topics Covered:

- Career Exploration
- Training Program Exploration
- Job Search Skills
- Essential Employability Skills
- Digital Literacy Skills
- Financial Literacy Skills
- Goal-Setting
- Violence Prevention and Awareness
- Networking and Volunteering Skills

### Access to Assessments and Results:

- Customers access Pre- and Post-Assessments and saved results through **My Dashboard**. All saved results stay in the customer's account. The Pre-Assessment is only taken one time. Users can retake and save Post-Assessment results an unlimited number of times.
- Customers may access learning modules for E101 in any order but starting from the beginning will gain best results.
- Approved providers may view saved result through specific program tools.
- Goals established during the completion of learning modules are saved to the customer's Career Plan.

# Dashboard



# DASHBOARD



A screenshot of the Illinois workNet dashboard. At the top, there's a navigation bar with a 'MENU' icon, the 'ILLINOIS workNet CENTER' logo, and links for 'Search', 'Español', 'Partners', and 'Share'. Below this is a secondary navigation bar with 'My Dashboard', 'Messages (0)', 'Bookmarks', 'Resumes', and 'Skills &amp; Interests'. The main content area features a 'Personal Tools' section with a grid of icons: Dashboard, Profile, Password, Messages, Bookmarks, Assessments, Interests, Employment 101 (highlighted with a white border), Resumes, Disability Estimator, and Career Plan Tools. Below the tools is a row of six small images showing various people and settings. At the bottom, there are four colored buttons: 'Employer' (blue), 'Job Seeker' (orange), 'Virtual Job Fair' (dark blue), and 'Training &amp; Services' (purple).

**Login to your Illinois workNet account to access  
Employment 101 from My Dashboard.**

# DASHBOARD



**ILLINOIS workNet CENTER**  
americanjobcenter

Search Español Partners Share

My Dashboard Messages (175) Bookmarks Resumes Skills & Interests

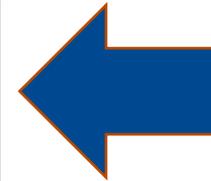
## CAREER TOOLS

Your Dashboard's Plans & Tools

About My Plans & Tools Compare Careers Compare Training Job Search Organizer Resume Builder Career Plan

Notes Assessments Employment 101

- Compare Careers**  
Use this tool to compare the career choices you make in Illinois workNet.
- Compare Training**  
Use this tool to compare the training selections you make in Illinois workNet.
- Job Search Organizer**  
Use this tool to track the activities related to jobs that you find on Illinois workNet, or add your own.
- Resume Builder**  
Use this tool to create and edit resumes, cover letters, portfolios and more.
- Career Plan**  
Use this tool to track steps and goals you create to help you achieve success in your chosen career field.
- Notes**  
Use this tool to keep track of things you need to do related to your career plan and job search plan.
- Employment 101**  
Use this tool to create a Career Plan, Job Search Plan and learn how to Achieve Success on the job.
- Assessments**  
Use these assessments and evaluations to understand where you are with your skills and experiences.



## Career Plan Tools

Tools used and explained within Employment 101 include:

- Assessments
- Career Plan
- Compare Careers
- Compare Training
- Job Search Organizer
- Notes
- Resume Builder

On any page in the Guide:

- Click the Illinois workNet icon to return to the homepage.
- Click Career Tools to return to the Career Tools page.

# Career Plan Tools



# NAVIGATION – Career Plan Tools



## Compare Careers

Use this tool to compare the career choices you make in Illinois workNet.

## Compare Careers

While working through E101, bookmark careers that interest you based on Skills and Interest Surveys. This tool allows you to put jobs in order of importance.



## Compare Training

Use this tool to compare the training selections you make in Illinois workNet.

## Compare Training

As you work through E101, bookmark trainings related to bookmarked careers. This tool allows you to put those training programs in order of importance.



## Job Search Organizer

Use this tool to track the activities related to jobs that you find on Illinois workNet, or add your own.

## Job Search Organizer

Bookmark jobs you are interested in while working through E101. This tool allows you to keep them organized as you apply, interview, and follow-up.



## Resume Builder

Use this tool to create and edit resumes, cover letters, portfolios and more.

## Resume Builder

Use the Resume Builder to create items needed to market yourself for a new job, like a resume or portfolio. Items can be shared with a career counselor for feedback and mentoring.

# NAVIGATION – Career Plan Tools



## Career Plan

Use this tool to track steps and goals you create to help you achieve success in your chosen career field.

## Career Plan

Track your created goals, and steps added to help achieve those goals. Add dates on steps to track your own. You may work with a career counselor to help complete your steps or goals.



## Notes

Use this tool to keep track of things you need to do related to your career plan and job search plan.

## Notes

Activities in E101 ask you to keep track of items for career and job search plans. Use the Notes feature to add/edit information to help with job applications and resumes or completing new hire paperwork.



## Employment 101

Use this tool to create a Career Plan, Job Search Plan and learn how to Achieve Success on the job.

## Employment 101

This learning system creates a Career Plan and Job Search Plan incorporating all tools described. Select this to go to the four-step guide for Pre-Assessment, learning modules, Post-Assessment, and certificates.



## Assessments

Use these assessments and evaluations to understand where you are with your skills and experiences.

## Assessments

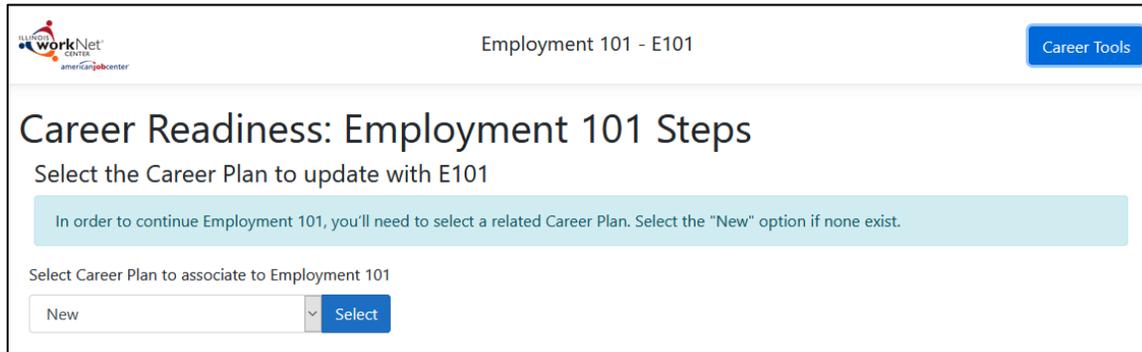
All assessments tracked in Illinois workNet are in this area including Skills & Interest Surveys, E101 results, Self-Evaluation, Worksite Evaluation, and other assessments tracked in workNet like TABE or Casey Life Skills.

# Navigation



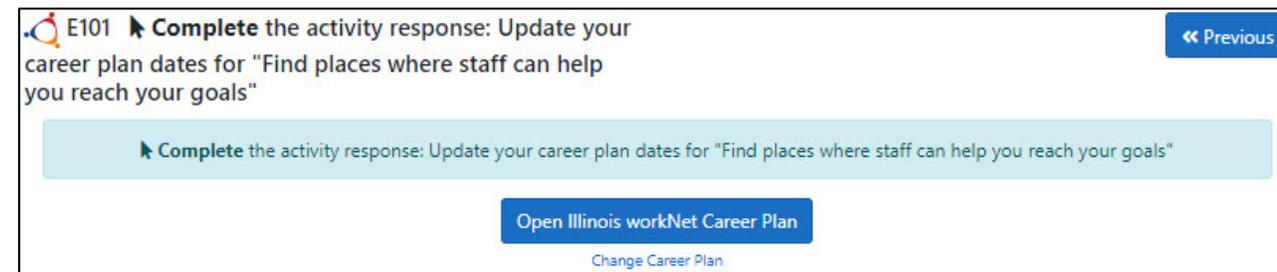
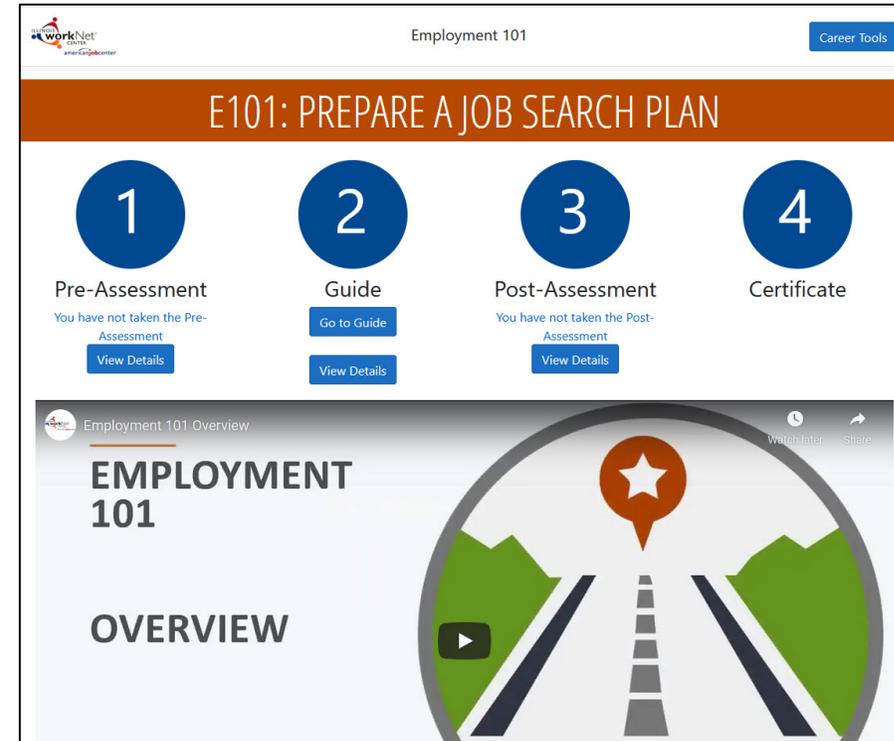
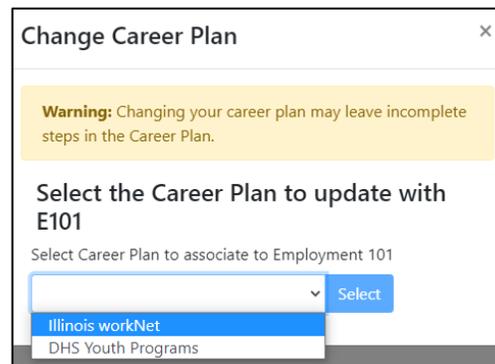
# NAVIGATION

In **My Dashboard**, select the **Employment 101 – E101** icon, then select an appropriate career plan or create a new one.



A user should select **Step 1 Pre-Assessment** if required for a specific program OR select **Go To Guide in Step 2**.

In the lesson, select which Career Plan to associate the activity. If you initially selected the wrong one, it can be changed in the lesson.



# NAVIGATION

workNet  
americanjobcenter

Employment 101 [Career Tools](#)

## E101: PREPARE A JOB SEARCH PLAN

- 1**  
Pre-Assessment  
You have not taken the Pre-Assessment  
[View Details](#)
- 2**  
Guide  
[Go to Guide](#)  
[View Details](#)
- 3**  
Post-Assessment  
You have not taken the Post-Assessment  
[View Details](#)
- 4**  
Certificate

Employment 101 Overview

### EMPLOYMENT 101 OVERVIEW

Watch later Share

## 1. Take Pre-Assessment

Status shows:

You have not taken the Pre-Assessment.

OR

Your Pre-Assessment score.

### Overview:

- Only take it once
- Not timed
- 25 multiple choice questions
- Assessment is graded, but doesn't count against you

### Topics Covered:

- Career Exploration
- Training Program Exploration
- Workplace Skills
- Job Search Skills
- Goal Setting
- Violence Prevention and Awareness

## 2. Complete Guide

Follow steps to develop a Career Plan and Job Search Plan

### Planning Tools:

- Skill and Interest Results
- Career and Training Research
- Resume and Portfolio Builder
- Job Search Organizer
- Budgeting
- Achieve Your Goals Notes

## 3. Take Post-Assessment

Link to Post-Assessment opens once Guide is complete.

### Overview:

- Unlimited number of attempts
- Not timed
- 25 multiple choice questions
- Highest score is saved
- Score 70% or higher to earn a Certificate of Completion

### Topics Covered:

- Career Exploration
- Training Program Exploration
- Workplace Skills
- Job Search Skills
- Goal Setting
- Violence Prevention and Awareness

## 4. Certificate & Badge

Once a score of 70% or better is attained on the Post-Assessment, the user can:

- Link to Certificate of Completion to print and/or download
- Link to Digital Badge to add to online accounts

# NAVIGATION

ILLINOIS workNet CENTER americanjobcenter

Employment 101

Career Tools

## COMPLETE YOUR EMPLOYMENT 101 GUIDE

Return to Steps

Reset Guide

### Guide Overview

- This guide includes steps and activities - [Learn how each section is set up.](#)
- As you complete the steps and activities your information will be saved in Career Plan Tools - [Learn about your Career Plan Tool dashboard.](#)
- You can share your saved results if you are working with an instructor or advisor - [Learn how you can use this tool with your advisor](#)
- Complete the post-assessment. You can earn your certificate of completion - [Learn how to access your certificate.](#)

### My Overall Progress

0 / 8 Modules Completed

0% progress

#### 1. Prepare a Career Plan



Start with a career plan. Don't worry about getting "locked in" to one career option. This is a starting point for developing a roadmap to reach your employment goals.

- [Explore Careers](#)
- [Explore Training](#)
- [Get Qualified](#)

#### 2. Prepare a Job Search Plan



Organization and preparation are key factors to finding a job. Start preparing today.

- [Get Prepared](#)
- [Find Jobs](#)

#### 3. Achieve Your Goals



Ease your nerves by being prepared for the first day on the job. Learn about skills to help you succeed in your job.

- [Start a Job](#)
- [Financial Literacy](#)
- [Skills for Success](#)

## Guide Page Provides:

- Link to user's Illinois workNet profile.
- Link to instructions for using the tool.
- **Career Tools** returns the user to Plans and Tools Dashboard.
- **Progress** reports the number completed out of 8 total learning modules.
- **Completion** gear shows the overall completion by learning modules.
- **Three sections** provides a brief overview and clickable links to each learning module and is checked as each model is complete.

- ✓ [Explore Careers](#)
- ✓ [Explore Training](#)
- ✓ [Get Qualified](#)

**Duration – 5 Minutes**

# NAVIGATION

The screenshot shows the Illinois workNet Career Tools interface for the E101 module. At the top, there is a navigation bar with the workNet logo, the text "Employment 101 - E101", and a "Career Tools" button. Below this is a large orange banner with the text "E101: PREPARE A JOB SEARCH PLAN". Underneath the banner are navigation buttons: "Previous", "Menu", and "Next". The main content area is titled "Explore Careers" and contains a numbered list of four steps: 1. Discover careers that match your interests, 2. Explore jobs, required skills/credentials, and wage information, 3. Rank your career options, and 4. Test your knowledge. To the right of this list is a video thumbnail titled "E101 Section 1 Career Plan Overview" with the text "Why do I need a Career Plan?". Below the "Explore Careers" section is the "Activity Steps" section, which includes a sub-header "Career and interest surveys can help you find a starting point for exploring careers." and a numbered list of three steps: 1. Learn about Career and Interest Surveys, 2. Complete the Career Cluster Inventory, and 3. Rate 80 activities as like very much, like, dislike, or not sure. Below the activity steps is a preview of the "Learn about Career and Interest Surveys" activity modal, which features the heading "Discover careers that match your interests." and a sub-heading "Explore Careers Introduction".

## Learning Module Provides:

- **Illinois workNet** icon takes the user back to the homepage.
- **Career Tools** directs user back to the tools screen.
- **Previous** button takes user to the previous section.
- **Menu** button lists options to return to the Guide or additional webpages, articles, and forms to review during the completion of E101.
- **Next** button takes user to the next section if they completed the current learning module.
- **Section Overview Video** explains why learning this section is important
- **Section Lessons** highlights where the user is currently and adds a checkmark to completed lessons.
- **Activity Steps** highlights what is currently visible in the activity modal.
- **Activity Modal** changes with each activity.

# NAVIGATION

The screenshot displays the 'E101: PREPARE A JOB SEARCH PLAN' module on the Illinois WorkNet Center website. The page features a navigation bar with 'Previous', 'Menu', and 'Next' buttons. Below the navigation bar, there is a section titled 'Explore Careers' with a list of four activities. The first activity, 'Discover careers that match your interests', is highlighted with a blue square and underlined. To the right of the list is a video player showing a thumbnail for 'E101 Section 1 Career Plan Overview: Why do I need a Career Plan?'. Below the 'Explore Careers' section is an 'Activity Steps' section with a list of three steps. The first step, 'Learn about Career and Interest Surveys', is highlighted with a blue square and underlined. Below the 'Activity Steps' section is a modal window titled 'Discover careers that match your interests.' with a sub-section 'Explore Careers Introduction' and a play button.

## Section Lessons:

The current lesson is highlighted and underlined. When the entire lesson is complete, a checkmark shows the lesson is finished.

## Activity Steps:

- The current step is highlighted and underlined. When the step is complete, a checkmark will show the activity is finished.
- Current activity shows in the modal window under activity steps.
- Most activities will automatically progress to the next activity. A few must be marked complete.

*Suggestion when teaching modules in a classroom setting:*

- *Option 1 - showing the first activity step to the group, have each participant complete the first activity step as a review prior to taking the post-assessment.*
- *Option 2 – have participants wear earbuds and complete step 1 activity, return to the group for discussion, then move on to following activities.*

# NAVIGATION

**Steps and Goals:** Activities in E101 helps plan what needs done to achieve success in your career goals. Update Career Plan steps and create Goals for your situation.

## Updating Steps

E101 Complete the activity response: Update your career plan dates for "Find places where staff can help you reach your goals"

Complete the activity response: Update your career plan dates for "Find places where staff can help you reach your goals"

Open Illinois workNet Career Plan

- 1 Update the step for your Career Plan:
- Add date you want to begin
  - Add date you plan to finish
  - Enter number of hours you plan to work on your step
  - Enter any additional notes
  - Update Status to Started/Open when you add a date
  - Click the **Update** button to return to the learning module

UPDATE STATUS

Find places where staff can help you reach your goals.

Goal\* Get support to reach your goals.

Status\* Planned/Not Started (Scheduled)

Planned Start Date\*

Planned Due Date\*

How many hours a week are you planning on working on this?\*

	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5	6
	7	8	9	10	11	12	13
WIOA F	14	15	16	17	18	19	20
No	21	22	23	24	25	26	27
	28						

Other Notes\*

Add notes related to the step.

Service addresses the following situations

Show More Situations

Update Close

## Adding Goals

E101 Create goals to complete your job search plan. i.e. get dates for work experience, or request a recommendation to add to portfolio

Create goals to complete your job search plan. i.e. get dates for work experience, or request a recommendation to add to portfolio

Add Goal to Illinois workNet Career Plan

Change Career Plan

ADD NEW GOAL

Goal Statement \*

Category \*

Short/Long Term \*

Add Goal

### Select a Category:

- **Support Services:** Items like housing, medical, uniforms/tools, or childcare
- **Career Plan:** Items related to getting a job like creating a resume or job shadowing
- **Education/Training Plan:** Items related to learning new things like English, earning a GED, or career skills
- **Independent Living:** Items that allow you to pursue your choices
- **Referral to Services:** Items like helping with addiction or homelessness

### Select a Short- or Long-Term Timeframe:

- **Short-Term:** Refers to a few days and lasts up to a year
- **Long-Term:** Refers to 10 months or longer, or requires you to complete something before this goal can be completed

# NAVIGATION

**Notes:** Activities in E101 helps plan what needs done to achieve success in your career goals. Make Notes in activities to help remember items to do or find. Add Notes to Career Plan steps.

## Adding Notes

**Review** - What do you still need?

[Download Checklist](#)

Note \*

B I U x<sub>2</sub> x<sup>2</sup>

1. Experience:
2. Education:
3. Training:
4. Credentials:

Fill in the Notes for your plan.  
Notes save as you type.

In the requested sections, enter Notes in the tool to help you complete Career Plan steps with more detail.

You may download the paper version by clicking the blue **Download Checklist** button.

Link: <https://www.illinoisworknet.com/DownloadPrint/Organize%20Your%20Job%20Search%20Checkl>

Notes are tracked in the Career Plan Tool – Notes.

UPDATE STATUS

Find places where staff can help you reach your goals.

Goal\*

Status\*

Planned Start Date\*

Planned Due Date\*

How many hours a week are you planning on working on this?\*

	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5	6
	7	8	9	10	11	12	13
W/OA F	14	15	16	17	18	19	20
No	21	22	23	24	25	26	27
	28						

Other Notes\*

Service addresses the following situations  
[Show More Situations](#)

[Update](#) [Close](#)

- i** Update the step for your Career Plan:
- Add date you want to begin
  - Add date you plan to finish
  - Enter number of hours you plan to work on your step
  - Enter any additional Notes
  - Update Status to Started/Open when you add a date
  - Click the **Update** button to return to the learning module

# Pre-Assessment



# PRE-ASSESSMENT

IwnProfiles

## Take The Pre-Assessment

### Pre-Assessment

1. When you are exploring career choices, it's important to think about: \*

- The training you might need to get the job you want
- Whether the job is a good match for your personal interests
- Whether there are jobs like that around
- All of the above

2. Your resume tells employers about: \*

- Your work and education experience
- What you like to do
- The jobs you are applying for
- All of the above **Your Answer. (Incorrect)**

3. Which type of resume is best for people with little work experience? \*

- Chronological Resume
- Functional Resume

4. When you are applying for a job, it's fine to:

- Your social security number
- Your personal opinions and photos

Assessments will be listed here

Assessment Type	Score	Date Taken	View Results
Post-Assessment	84	9/1/2020	<a href="#">View Results</a>
Post-Assessment	92	10/23/2020	<a href="#">View Results</a>
Pre-Assessment	36	10/26/2020	<a href="#">View Results</a>

[SKILLS AND INTERESTS](#)

[Disability Benefits Estimator](#)

[NOCTI Results](#)

[Self-Evaluation](#)

[Observational Evaluation](#)

[Worksite Evaluation](#)

[Other Assessments](#)

## Step 1. Take Pre-Assessment

### Overview:

- 25 multiple choice questions
- Not a timed assessment
- Take it only once
- Assessment is graded but the grade is not counted against you

### Topics Covered:

- Career Exploration
- Training Program Exploration
- Workplace Skills
- Job Search Skills
- Goal Setting
- Violence Prevention and Awareness

***Pre-Assessment is not required for users to complete the learning modules in the Guide.***

After taking the Pre-Assessment, answers marked incorrectly will show. User may access a list of assessments taken and may click the **View Results** button to see incorrect answers at any time.

Some programs require users to complete the Pre-Assessment for a knowledge gain comparison. Some program's Performance Measures relate to whether a specified score was achieved between Pre-Assessment and Post-Assessment.

Other assessments in Illinois workNet are available from the Assessments tab.

**Duration – 15-20 Minutes**

# Prepare a Career Plan



# Module: Prepare a Career Plan

*Instructor Guide for Prepare a Career Plan Module*



## Main Idea:

Students research careers and training programs to make an informed decision about their future. By doing research in advance, students can save time and money. Students will create a Career Plan completing the following units.

## Units:

1. Explore Careers
2. Explore Training
3. Get Qualified

## Notes:

- *Students will use videos, articles, and interactive tools available in their Illinois workNet Employment 101 Guide.*
- *They will record responses in their Employment 101 Guide.*

**Time Allotment:** 1.5 Days

# Module: Prepare a Career Plan

## Instructor Guide for Prepare a Career Plan Module



### Standards Used:

- a. Common Core Standards Capacities of a Literate Student – ([www.corestandards.org](http://www.corestandards.org))
  - i. #1) They demonstrate independence.
  - ii. #2) They build strong content knowledge.
  - iii. #6) They use technology and digital media strategically and capably.
- b. Common Core Anchor Standards – ([www.corestandards.org](http://www.corestandards.org))
  - i. Reading #7) Integrate and evaluate content presented in diverse formats, including visually and quantitatively as well as in words.
  - ii. Reading #10) Read and comprehend complex literary and informational texts independently and proficiently.
  - iii. Writing #7) Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.
- c. Illinois Standards for Social/Emotional Learning – ([www.isbe.net](http://www.isbe.net))
  - i. Standard 1B) Recognize personal qualities and external supports.
  - ii. Standard 1C) Demonstrate skills related to personal and academic goals.
  - iii. Standard 3B) Apply decision-making skills to deal responsibly with daily academic and social situations.
- d. American School Counselor Standards (ASCA) Standards – ([http://static.pdesas.org/content/documents/ASCA\\_National\\_Standards\\_for\\_Students.pdf](http://static.pdesas.org/content/documents/ASCA_National_Standards_for_Students.pdf))
  - i. Career Development Standard A) Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
  - ii. Career Development Standard B) Students will employ strategies to achieve future career goals with success and satisfaction.
  - iii. Career Development Standard C) Students will understand the relationship between personal qualities, education, training, and the world of work.
  - iv. Personal/Social Development Standard B) Students will make decisions, set goals, and take necessary action to achieve goals.
- e. National Business Education Standards – (<https://nbea.org/page/BusinessEdStandards>)
  - i. Career Development Standard #1 Self-Awareness) Assess personal skills, abilities, aptitudes, and personal strengths and weaknesses as they relate to career exploration and development.
  - ii. Career Development Standard #4 Career Strategy) Apply knowledge gained from individual assessment to a comprehensive set of goals and an individual career plan.

# ● Explore Careers Unit

## Lesson 1A1: Discover Careers that Match Your Interests



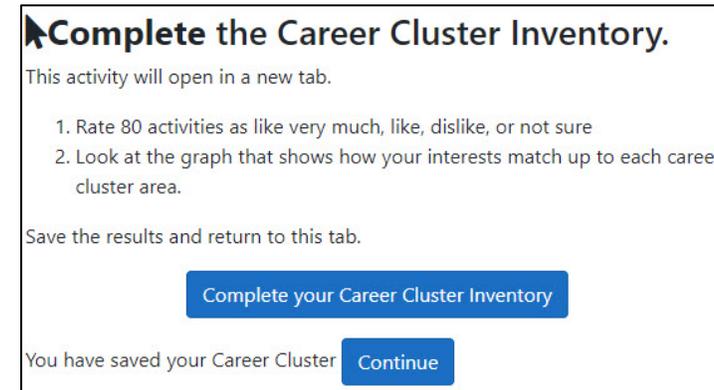
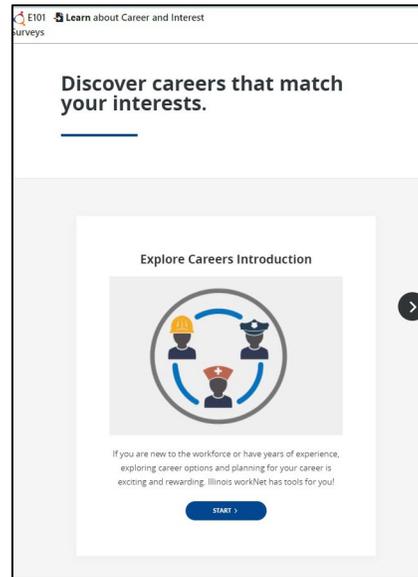
### Activity Steps:

Career and Interest Surveys help find a starting point for exploring careers.

1. **Learn** about Career and Interest Surveys.
2. **Complete** the Career Cluster Inventory:
  - a. Rate 80 activities as like very much, like, dislike, or not sure
  - b. Look at the graph to see how your interests match to each career cluster area
  - c. Save your Career Cluster results to complete the activity response

### More Resources:

What You Should Know When Selecting Your Career Path



**i** Career Cluster Inventory is located on the partner site. Once Career Cluster Inventory is complete, save results. Return to Activity Steps and check the completed activity's box. Continue to next activity.

*Users are linked to surveys to identify career interests.*

Career Cluster Inventory	Interest Profiler	Work Importance Locator
		
Rate 80 activities as like very much, like, dislike, or not sure. <b>Results:</b> Provides a graph indicating how your interests match up to each career cluster area.	There are 180 activities. Choose if you like, dislike, or are unsure for each activity. <b>Results:</b> Organizes interests into 6 categories of work with a score between 0 and 30.	Group 20 statements based on how important the work aspect is to you. <b>Results:</b> Provides scores for 6 work values and occupations for each work value.
Duration: ⌚ 5-25 minutes	Duration: ⌚ 10-20 minutes	Duration: ⌚ 5-15 minutes





# ● Explore Careers Unit

## Lesson 1A1: Discover Careers that Match Your Interests

### Objective:

Identify and use Career and Interest Surveys to match student interests with potential career paths.

### Summary:

Students will discuss benefits of selecting a career path that matches their interests. They will review four different types of career interest inventories available on Illinois workNet. They will complete at least one of the interest inventories and save their results.

### Discussion Questions:

- Do you know what career or career field you want to go into?
- How did you make that decision?
- What can you do to help you make that decision?
- Have you talked to someone who loves their job? Someone who dislikes their job?
- Why do they like or dislike their job?
- Why is it important to select a career path that matches your interests?

### Instructor Resources:

#### [Partner Page – Assessments](#)

- Skills and Interest Surveys
- NOCTI Assessment

### Activities:

1. Provide an overview of the career interest inventories available in Illinois workNet:
  - a. Interest Profiler
  - b. Work Importance Locator
  - c. Career Cluster Profiler
  - d. Reality Check
  - e. Learning Style Survey
2. Student completes Career Cluster Inventory. This is the only inventory required by E101, but student may complete all five of the inventories.
3. Student will use their results as a starting point to explore careers in the next step.

# ● Explore Careers Unit

## Lesson 1A2: Explore Jobs, Required Skills/Credentials, and Wage Information



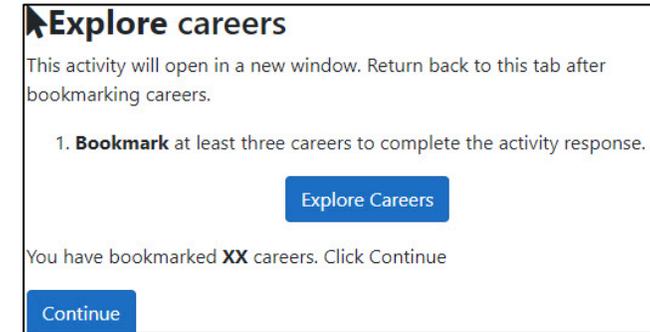
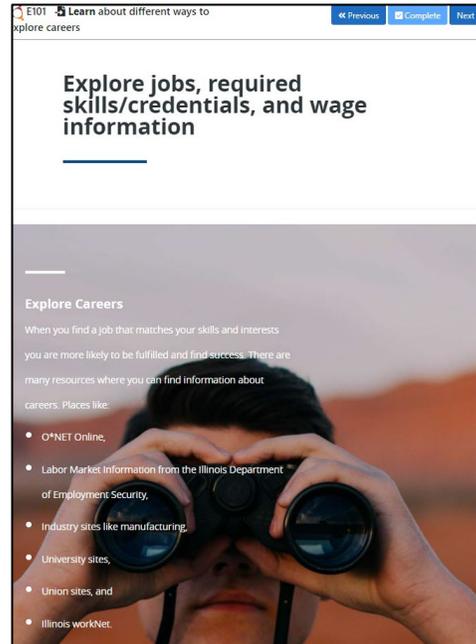
### Activity Steps:

Explore career pathways that match your interests.

1. **Learn** different ways to explore careers.
2. **Explore** careers.

Think about:

- Are there expected job openings or growth?
- How much job prep (experience, training, education) is needed?
- What are the working conditions?
- What are the wages?
- What are some similar jobs?



*Users are linked to explore careers they can bookmark.*



### More Resources:

What You Should Know When Selecting Your Career Path



To **BOOKMARK** any item in E101 activities or on Illinois workNet, look for the  **Bookmark This** icon in the upper right corner. Click the icon to save; locate all bookmarked items in the Bookmark section in "My Dashboard".



# ● Explore Careers Unit

## Lesson 1A2: Explore Jobs, Required Skills/Credentials, and Wage Information

### Objective:

Define and locate occupational information.

### Summary:

Students will discuss examples of occupational information and identify why each is important to consider. They will review occupational information for careers that match their interests and record their findings.

### Discussion Questions:

- If you were interviewing someone to learn about their job, what would you ask? What is the salary range for the job? What do they do? How long did they have to go to school?
- What is Labor Market Information? How would you feel if you spent your time and money to get trained and then you could not find a job?
- What is occupational information? What are examples of occupational information you should consider when selecting a career?

### Activities:

1. Review related resources.
2. Students look up career information in Illinois workNet for a career that match their interests (based on interest survey results in lesson 1).
3. Students record their findings in their career plan form.

### Instructor Resources:

- [Explore Career Pathways](#)
- [Career & Technical Education Flipbook](#)
- [Career Pathways Dictionary](#)

# ● Explore Careers Unit

## Lesson 1A3: Rank Your Career Options



### Learn

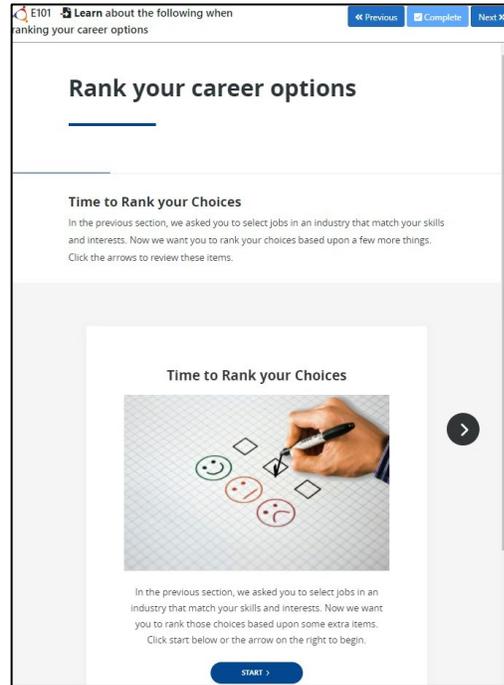
#### Activity Steps:

1. Learn about the following when ranking your career options:
  - a. Do you have a passion for the work?
  - b. Does this fit in with your current or desired lifestyle (e.g., family, location, hours, etc.)?
  - c. Does the job get you on a path towards your dream job?
  - d. Does it fit with your personality or work style (e.g., hands-on, technical, artistic, outgoing, quiet, organized, planning, etc.)?
  - e. Are you willing to put in the job prep effort (experience, training, and education)?

2. Rank your bookmarked careers to show your top three choices.

#### More Resources:

[How to Tackle a Career Change Head-On](#)



**Rank your career options**

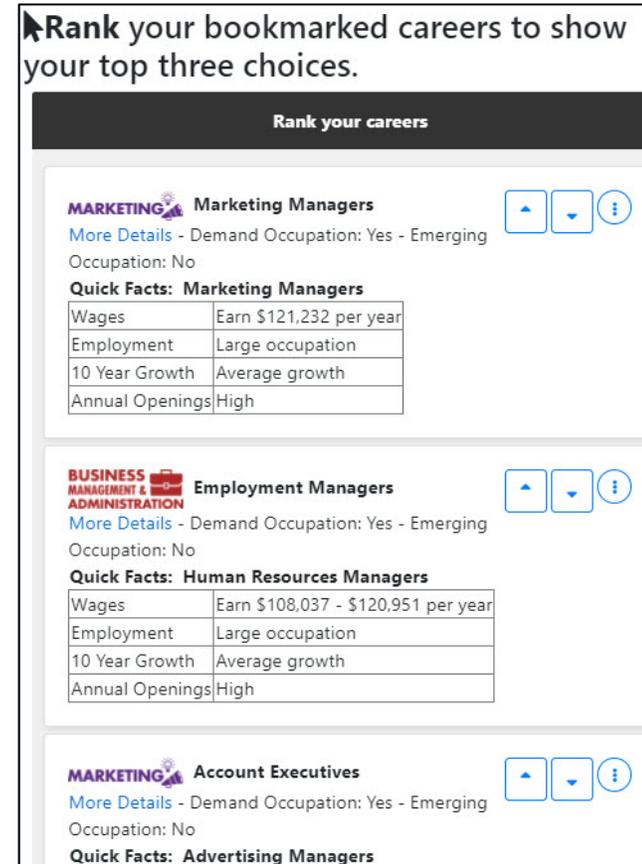
**Time to Rank your Choices**  
In the previous section, we asked you to select jobs in an industry that match your skills and interests. Now we want you to rank your choices based upon a few more things. Click the arrows to review these items.

**Time to Rank your Choices**

In the previous section, we asked you to select jobs in an industry that match your skills and interests. Now we want you to rank those choices based upon some extra items. Click start below or the arrow on the right to begin.

[START](#)

### Complete



**Rank your careers**

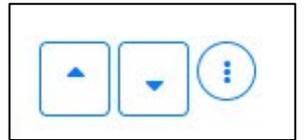
**MARKETING** **Marketing Managers**   
[More Details](#) - Demand Occupation: Yes - Emerging  
Occupation: No  
**Quick Facts: Marketing Managers**

Wages	Earn \$121,232 per year
Employment	Large occupation
10 Year Growth	Average growth
Annual Openings	High

**BUSINESS MANAGEMENT & ADMINISTRATION** **Employment Managers**   
[More Details](#) - Demand Occupation: Yes - Emerging  
Occupation: No  
**Quick Facts: Human Resources Managers**

Wages	Earn \$108,037 - \$120,951 per year
Employment	Large occupation
10 Year Growth	Average growth
Annual Openings	High

**MARKETING** **Account Executives**   
[More Details](#) - Demand Occupation: Yes - Emerging  
Occupation: No  
**Quick Facts: Advertising Managers**



- 1 Rank your bookmarked careers in the Compare Careers section of Dashboard Menu. Click the up-or-down arrow to move the career choice or drag and drop up-or-down to rank choices. Click the three dots in a circle to remove the choice. When finished, check the box in "Mark Complete".



# ● Explore Careers Unit

## Lesson 1A3: Rank Your Career Options

### Objective:

Compare career choices made in previous sections.

### Summary:

Students will discuss examples of occupational information and identify why each is important to consider. Students will review each career choice they made and consider components to help them make a good choice.

### Discussion Questions:

- If you were going to interview someone to learn about their job, what would you ask? What is the salary range for the job? What do they do at their job? How long did they have to go to school?
- What is Labor Market Information? How would you feel if you spent your time and money to get trained and then you could not find a job?
- What is Occupational Information? What are examples of occupational information to consider when selecting a career?

### Activities:

1. Review related resources.
2. Students rank their choices in the **Compare Careers** tool.

**Instructor Resource:**  
[Tackling A Career Change](#)

# ● Explore Careers Unit

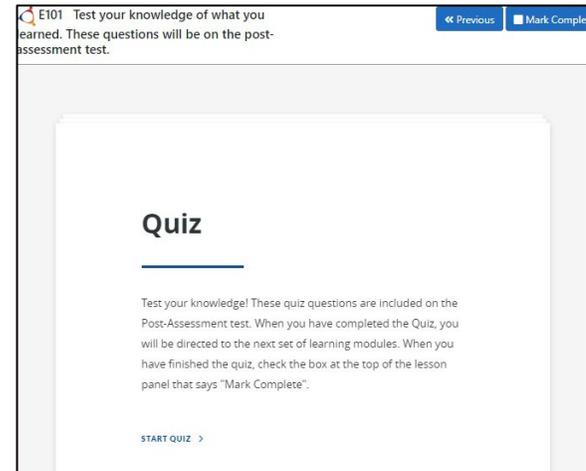
## Lesson 1A4: Quiz



### Activity Step:

**Test** your knowledge of what you learned.  
Questions will be on the Post-Assessment test.

## Complete



**i** After answering the question, the correct answer will be given.

Mark the box at the top of the lesson panel that says “Mark Complete” once quiz is finished.

**Duration** – 5 Minutes

# ●● Explore Training Unit



## Lesson 1B1: Explore Training Programs by Learning to Compare Pros and Cons



### Activity Steps:

1. **Learn** different ways to explore training programs.
2. **Search** Training Programs and bookmark at least three. Think about:
  - a. How long is the training program?
  - b. What is the cost?
  - c. How is the program offered (online/in person/combo)?
  - d. Where is it located?
  - e. After completing, do I earn a credential recognized by the industry?

**Duration** – 15-60 Minutes

#### More Resources:

- [Decision Making Process When Selecting a Training Program](#)
- [Credentials](#)

E101 Learn about different ways to explore training programs.

Lesson 1 of 1

### Explore and compare training programs.

How do you know which training program is right for you?

Trying to decide upon a training path is easier when you know the career path you want to follow. Some places to look for training are:

- community colleges,
- universities,
- apprenticeship opportunities,
- private training providers, and
- community organizations.

OR you can look at all the options in Illinois workNet.

Click on the pictures below to see what to think about when you are reviewing your options.

### Search Training Programs

This activity will open in a new tab.

1. Bookmark at least three training programs.
2. Return to this tab when complete.

[Explore Public & Private Training Programs](#)

[Explore WIOA Approved Training Programs](#)

You have bookmarked **XX** training programs. Click Continue

[Continue](#)

Bookmark items in E101 or on Illinois workNet. Look for the Bookmark symbol in the upper-right corner. Click the symbol to save an item to the correct Bookmark section in "My Dashboard."

### WIOA APPROVED TRAINING PROGRAMS SEARCH

These training programs are Workforce Innovation and Opportunity Act (WIOA) approved. Local Workforce Innovation Boards have identified them as programs that are qualified for WIOA-funded training. One of the requirements for many of these programs is that they lead to a credential. Use the searches below to see what to think about when you are reviewing your options.

- WIOA eligible training programs
- Workforce Innovation Boards
- Training providers offer programs, and
- Demand occupations in your region (EDR). Hover over the map to see the map by your county.

Illinois workNet Centers through which you can obtain other services. To apply for a credential, please refer to the WIOA Policy here.

For more information on what is included in Performance Measures, please refer to the WIOA Policy here.

#### AAS/Interactive & Social Media Marketing

[Bookmark This](#)

##### Overview

Approved By LWIA: 14  
Last Re-Certification Date: 4/25/2019

##### Program Description



# ●● Explore Training Unit

## Lesson 1B1: Learn to Compare Training Program Pros and Cons

### Objective:

Demonstrate ability to locate training program information necessary to make an informed decision when selecting a training program.

### Summary:

Students will review training programs and identify the costs associated with specific training programs. They will consider their options to pay for training and supporting themselves while in the program. Students will use this information to identify the pros/cons for each training program.

### Activities:

1. Review related resources.
2. Students consider facts and identify the pros and cons for each training program.
3. Students identify realistic options to pay for school.
4. Students identify realistic options to support themselves while in school.

### Discussion Points:

- What did you learn about training programs that you didn't previously consider?
- What are options to pay for training? What are the pro/cons for these options?
- How would you support yourself while in training? Why is this important to consider?

### Instructor Resource:

[Decision Process Video](#)

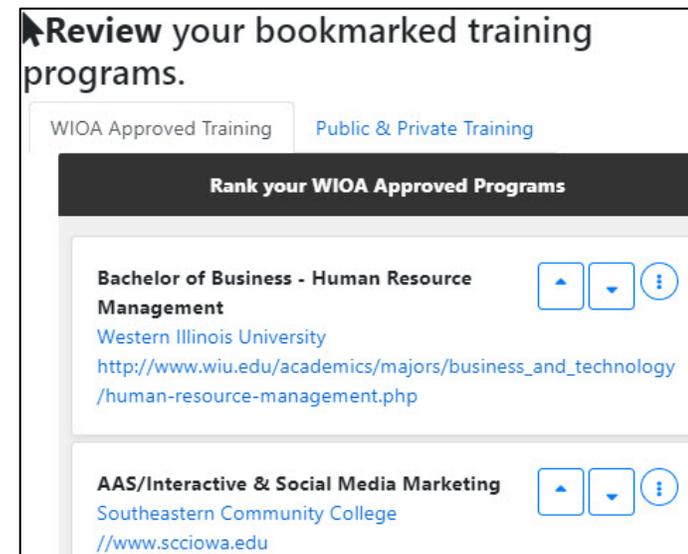
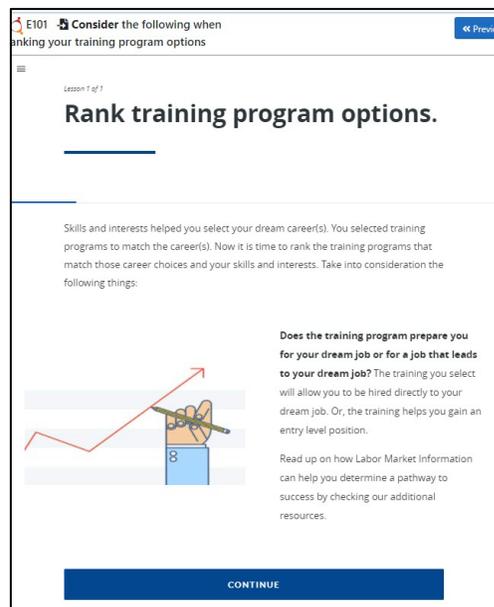
# ●● Explore Training Unit

## Lesson 1B2: Rank Training Program Options



### Activity Steps:

1. **Consider** the following when ranking training program options:
  - a. Does this program prepare you for your dream job or for a job that leads into your dream job?
  - b. Does this program offer course options that fit with your current situation (e.g., family, location, hours, transportation)?
  - c. Does it fit with your learning style (e.g., hands-on, technical, artistic, etc.)?
  - d. Are you willing to dedicate the required time to successfully complete the program?
  - e. Do you need additional education or training to meet the minimum program requirements?
2. **Review** bookmarked training programs.
  - a. Rank bookmarked training programs to show your top three choices.



**i** Rank bookmarked training programs in the Compare Training section of Dashboard Menu. Click an up-or-down arrow to move the career choice or drag and drop your choices up-or-down to rank them. Click the three dots in a circle to remove the choice.

### More Resources:

- [Decision Making Process When Selecting a Training Program](#)
- [How Can LMI Help You?](#)

**Duration – 10-20 Minutes**



# ● ● Explore Training Unit

## Lesson 1B2: Identify Training Programs for Careers that Match Skills and Interests

### Objective:

Locate training programs based on occupation title.

### Summary:

Students identify training programs related to careers they previously selected. They will review training program information and select training programs to compare.

### Activities:

1. Students select one of their previously saved careers in their Career Plan then click “Career Information” to display training program information.
2. Students review general training program information related to previously selected careers.
3. Students select the link to search for Training Providers to learn more about specific training programs. Students identify up to three general training programs.
4. Students record their findings in the Career Plan fields.

### Discussion Points:

- What are different types of training programs?
- What should you take into consideration when reviewing training programs? Why?
- When choosing a training program, you should consider the job market for that career. This information is also called?
- What does the costs of training programs include?

# ●● Explore Training Unit

## Lesson 1B3: Research How to Pay for Training. Analyze Options



### Learn

#### Activity Steps:

1. **Learn** ways to pay for training and the financial aid process for college.

2. **Complete** the activity response by updating Career Plan dates for "Make a plan to pay for training and to support yourself while you are in training."

**Duration** – 5-15 Minutes

#### More Resources:

- [Ways to Pay for School](#)
- [5 Tips When Applying For Financial Aid](#)
- [7 Phases of College Financial Aid Award Packaging](#)

E101 Learn about ways to pay for training and the college financial aid process

### Analyze options to pay for training.

- 1 You researched and decided upon a career path and maybe even a job.
- 2 You researched and decided upon a training path to obtain that career.
- 3 How will you pay for the training? Click on each block below to read about some ideas.

Out-of-Pocket

College Savings Plan

Aid

FSEOG

### Complete

#### Complete the activity response

Update your career plan dates for "Make a plan to pay for training and to support yourself while you are in training."

Update career plan dates in Illinois workNet Career Plan.

Open Illinois workNet Career Plan

**<< Click**

UPDATE STATUS

Make a plan to pay for training and to support yourself while you are in training.

Goal\* Get training to enhance your skills.

Status\* Planned/Not Started (Scheduled)

Planned Start Date\* 2/8/2021

Planned Due Date\*

How many hours a week are you planning on working on this?

	Su	Mo	Tu	We	Th	Fr	Sa
1-13	7	8	9	10	11	12	13
WICAF	14	15	16	17	18	19	20
No	21	22	23	24	25	26	27
28							

Other Notes\*

Service addresses the following situations

Show More Situations

Update Close



Update the step for your Career Plan by:

- Add a date you want to begin.
- Add a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **Update** button to return to the learning module.

# ● ● Explore Training Unit

## Lesson 1B3: Apply for Training Programs and Financial Aid



### Objective:

Describe different types of financial aid and how to apply to training programs.

### Summary:

Student will learn about searching and applying for financial aid. They will also learn general information about applying for a training program.

### Activities:

1. Review related resources.
2. Discuss different types of financial aid.
3. Discuss where to find financial aid sources and what to consider when you apply.
4. Discuss basic steps or things to consider when applying for a training program.

### Discussion Points:

- What are examples of financial aid? What is the major difference between the types of financial aid?
- What type of financial aid do you have to repay?
- What are items to consider or required documents needed to apply for financial aid or training programs?

### Instructor Resource:

[Customer Support Center Partner Page](#)

# ● ● Explore Training Unit



## Lesson 1B3: Analyze Options

### Objective:

Analyze career and training program information to determine best career path options and willingness/ability to complete the program and gain employment.

### Summary:

Students use the information to help determine if the results for completing training/earning a credential(s) is worth the amount of time/money invested in training.

### Activities:

1. Review related resources.
2. Students review their current Career Plan (View My Plans) and compare careers and related training programs.
3. Students rate their return on investment. Bottom Line: Is the time and money invested in training going to be worth it?

### Discussion Points:

- Are you willing to invest the time, energy, and money into becoming qualified for the job?
- Once qualified, do you expect there to be job openings?
- Are you willing to relocate for the job?
- Will wages/salary allow you to support the lifestyle you desire?

# ● ● Explore Training Unit

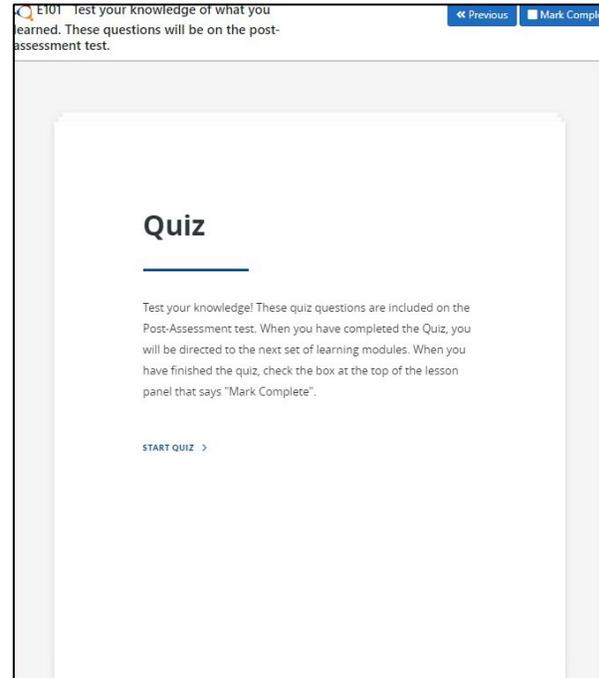
## Lesson 1B4: Quiz



### Complete

#### Activity Step:

**Test** your knowledge of what you learned. These questions will be on the Post-Assessment test.



Questions on the quiz will be on the Post-Assessment. After answering the question, the correct answer will be given.

Mark the box at the top of the lesson panel that says “Mark Complete” when you finish the quiz.

**Duration – 5-10 Minutes**

# ●●● Get Qualified Unit

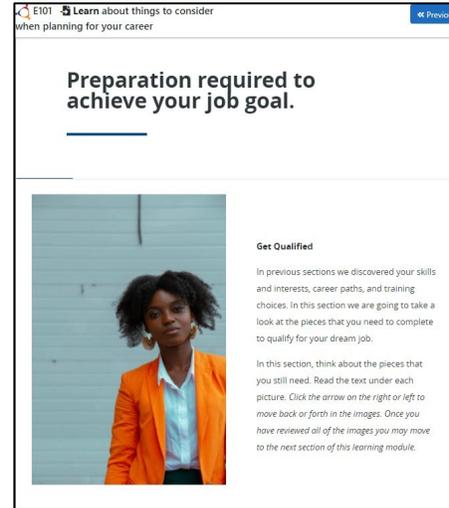
## Lesson 1C1: Decide What is Needed to Reach the Job Prep Level Required for Job Goal



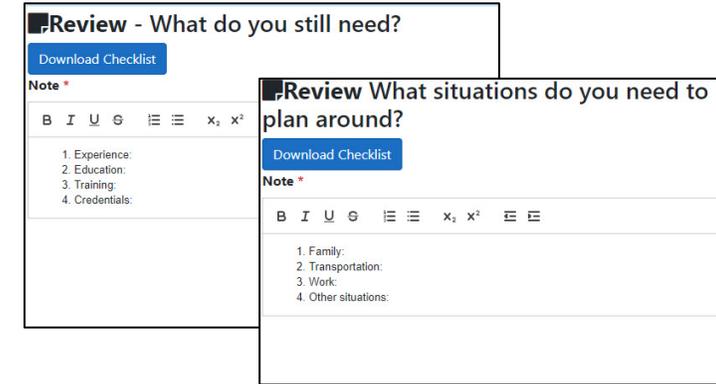
### Learn

#### Activity Steps:

1. **Learn** things to consider when planning for your career.
2. **Review:** What do you still need?
  - a. Experience
  - b. Education
  - c. Training
  - d. Credentials
3. **Review:** What situations do you need to plan around?
  - a. Family
  - b. Transportation
  - c. Work
  - d. Other Situations

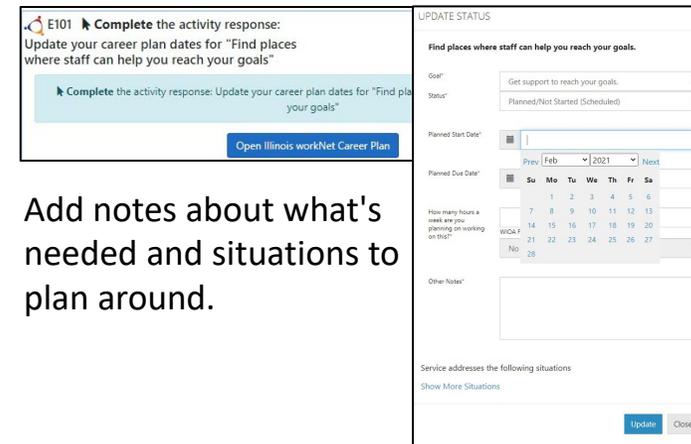


### Review



Fill in the Notes for your plan.  
Notes save as you type.

### Complete



Update the step for your Career Plan by:

- Add a date you want to begin.
- Add a date you plan to finish.
- Enter number of hours you plan to work on your step.
- Enter additional notes.
- Update Status to Started/Open when you add a date.
- Click the **Update** button to return to the learning module.

4. **Complete** the activity response. Update Career Plan dates for "Find places where staff can help you reach your goals".

**Duration** – 5-25 Minutes

#### More Resources:

- [Job Skills Guide](#)
- [Why Academic Skills Matter](#)
- [Why Computer Skills Matter](#)
- [4 Steps for Getting Started with the Illinois workNet Self-Assessment Tool](#)
- [Overcoming obstacles](#)
- [Job Search Plan \(PDF\)](#)



# ● ● ● Get Qualified Unit

## Lesson 1C1: Decide What is Needed to Reach the Job Prep Level Required for Job Goal

### Objective:

Describe and create goals. Begin planning to reach your job goal.

### Summary:

Students will review and discuss the items required to reach a job goal. What needs to be completed? What situations need to be planned around?

### Activities:

1. Review related resources.
2. Students review and compare current experience, education, training and credentials for what they possess and what they need.
3. Students identify situations that need to be addressed while trying to reach their goals including family, transportation, work, and other situations.
4. Students identify a solution or backup plan if the problem occurs.

### Discussion Points:

- What are ways to stay motivated while in training or searching for a job?
- What are potential problems that could keep you from reaching your goals? What are possible solutions?

### Instructor Resource:

[Qualify for Jobs](#)

# ●●● Get Qualified Unit

## Lesson 1C2: Identify Employability Skills Required for All Careers



### Learn

#### Activity Steps:

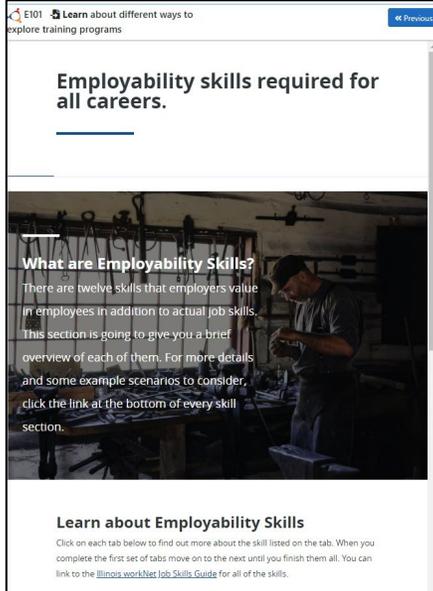
1. **Learn** the employability skills that employers require.
2. **Recognize** skills that often transfer from one job to another (Examples: keyboarding, taking blood pressure, changing the oil in a car, or knowledge of Microsoft Office suite).
3. **Complete** the activity response by rating employability skill level.

**Duration** – 15-45 Minutes

#### More Resources:

- [Attention: Soft Skills Required](#)
- [Why Computer Skills Matter](#)
- [Stackable credentials](#)
- [Job Search Plan \(PDF\)](#)

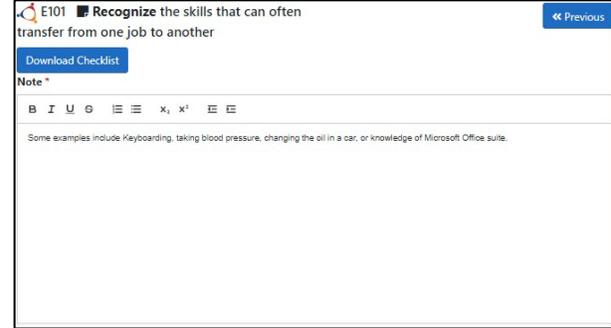
### Review



**Employability skills required for all careers.**

**What are Employability Skills?**  
There are twelve skills that employers value in employees in addition to actual job skills. This section is going to give you a brief overview of each of them. For more details and some example scenarios to consider, click the link at the bottom of every skill section.

**Learn about Employability Skills**  
Click on each tab below to find out more about the skill listed on the tab. When you complete the first set of tabs move on to the next until you finish them all. You can link to the [Illinois workNet Job Skills Guide](#) for all of the skills.



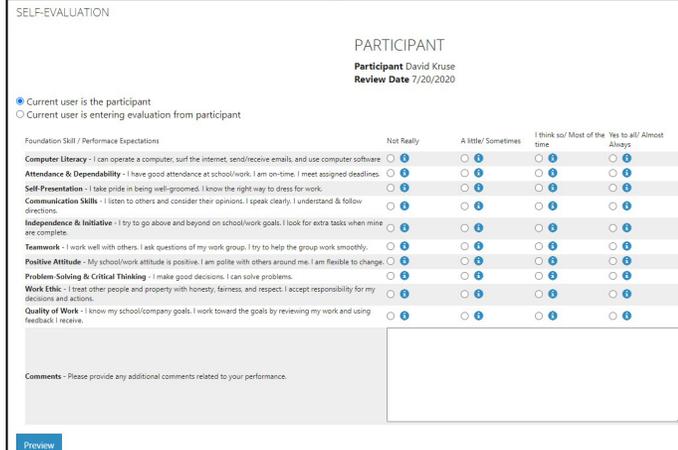
**Recognize the skills that can often transfer from one job to another**

[Download Checklist](#)

Note \*

Some examples include Keyboarding, taking blood pressure, changing the oil in a car, or knowledge of Microsoft Office suite.

### Complete



Foundation Skill / Performance Expectations	Not Really	A little/ Sometimes	I think so/ Most of the time	Yes to all/ Almost Always	Always
<b>Computer Literacy</b> - I can operate a computer, surf the internet, send/receive emails, and use computer software.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Attendance &amp; Dependability</b> - I have good attendance at school/work. I am on-time. I meet assigned deadlines.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Self-Presentation</b> - I take pride in being well-groomed. I know the right way to dress for work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Communication Skills</b> - I listen to others and consider their opinions. I speak clearly. I understand & follow directions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Independence &amp; Initiative</b> - I try to go above and beyond on school/work goals. I look for extra tasks when mine are complete.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Teamwork</b> - I work well with others. I ask questions of my work group. I try to help the group work smoothly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Positive Attitude</b> - My school/work attitude is positive. I am polite with others around me. I am flexible to change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Problem-Solving &amp; Critical Thinking</b> - I make good decisions. I can solve problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Work Ethic</b> - I treat other people and property with honesty, fairness, and respect. I accept responsibility for my decisions and actions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Quality of Work</b> - I know my school/company goals. I work toward the goals by reviewing my work and using feedback I receive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments - Please provide any additional comments related to your performance.

**i** Complete the Essential Employability Skills Self-Evaluation by reading each item and selecting one of the four options. Read the definition of each option by clicking the info bubble next to the choice.

# ●●● Get Qualified Unit

## Lesson 1C2: Identify Employability Skills Required for All Careers



### Objective:

Identify essential employability skills and demonstrate an understanding of the importance of good soft skills in the workplace.  
Identify transferable skills that move with the person from one job to another.

### Summary:

Students will learn that employability skills are required regardless of the industry they pursue. They will identify their current soft skills and how those skills are useful in the workplace.

### Activities:

1. Break into small groups and assign each group to a soft skill area, include Computer Literacy in all groups.

Group 1

- Attendance & Dependability
- Independence & Initiative
- Problem Solving & Critical Thinking

Group 2

- Self-Presentation
- Teamwork
- Work Ethic

Group 3

- Communication Skills
- Positive Attitude
- Quality of Work

- Students discuss scenarios and watch the videos.
- Groups identify their top 5 soft skills and provide an example of why this would be important in the workplace.
- Groups present the information to all groups.
- Students identify their essential and transferable skills.

### Instructor Resources:

[Partner Resources Assessments](#)

- Self-Evaluation
- Observational Evaluation
- Worksite Evaluation
- [Illinois Essential Employability Skills](#)

### Discussion Points:

- Self-evaluation of essential employability skills match the workplace evaluation.
- Workplace evaluations include essential employability skills.
- Employability skills should be incorporated into your resume.
- Start working on improving your employability skills today!

*(Continued on Next Page)*



# ●●● Get Qualified Unit

## Lesson 1C2: Identify Employability Skills Required for All Careers

### Discussion Points: *(Continued)*

- Computer Literacy: How can you demonstrate that you operate a computer, surf the internet, send/receive emails and use computer software?
- Attendance & Dependability: List examples of being dependable!
- Self-Presentation: List appropriate clothing for the workplace.
- Communication: List different ways to communicate information to a group or individual.
- Independence & Initiative: What are ways that you can go above and beyond at school or work?
- Teamwork: List examples of people working as a team. What are characteristics of a good team member?
- Positive Attitude: Explain how your attitude can have a positive or negative affect at work.
- Problem Solving & Critical Thinking: What are the basic steps to problem solving?
- Work Ethic: How can you show ethical behavior at work?
- Big Picture: What is a mission statement and how is it different than company policies and procedures? What other policies can affect a company?

### Discussion Points:

- How do you gain transferable skills?
- Describe self-management skills.
- What are examples of self-management skills?
- What are example of job/technical skills?

### Extra Credit:

- What are values?
- How do values help you?
- Why is it important to identify your personal values?
- What are transferable skills?

# ●●● Get Qualified Unit

## Lesson 1C3: Identify Technical Skills



### Activity Steps:

1. Learn what are technical skills.
2. Identify industry wide technical skills required for the career pathway selected:
  - a. Credentials
  - b. Licenses
  - c. Continuing Education
  - d. Stackable Credentials
3. Complete this activity by updating Career Plan dates for "Learn about credentials you can earn and how to get them".

**Duration** – 5-30 Minutes

#### More Resources:

- [Why Industry-wide Technical Skills Matter](#)
- [Credentials: Have Evidence of Your Skills](#)
- [Job Search Plan \(PDF\)](#)



E101 Learn what are technical skills

### Technical skills required for some careers.

Industry Wide Technical Skills

Industry-wide technical skills make it possible for employees to move easily across jobs within an industry. Examples of jobs with related technical skills would be nursing, computer programming, and welding.

Technical skills are learned by hands-on experience combined with classroom situations. They may require:

- reading and math skills; you may need to brush up on these skills before continuing on your career path.
- computer skills; many jobs today rely upon computers, tablets or phone apps. You may need to learn keyboarding or job specific software to be successful in your employment.
- skills specific to the industry like drawing blood or welding.
- or all the above.



Identify industry wide technical skills required for the career pathway you selected

Download Checklist

Note \*

B I U

1. Credentials:
2. Licenses:
3. Continuing education:
4. Stackable credentials:

Fill in the notes for your plan.  
The notes save as you type.



E101 Complete this activity: Update your career plan dates for "Learn about credentials you can earn and how to get them"

Open Illinois workNet Career Plan

Add notes about what credential, license, certificate, or degree you might need.

UPDATE STATUS

Learn about credentials you can earn and how to get them.

Goal: Get training to enhance your skills.

Status: Planned/Not Started (Scheduled)

Planned Start Date: 02/23/2021

Planned Due Date: 02/24/2021

How many hours a week are you planning on working on this? WOA Funded? No

Other Notes:

Service addresses the following situations  
Show More Situations

Update Close

Update the step for your Career Plan by:

- Add a date you want to begin.
- Add a date you plan to finish.
- Enter number of hours you plan to work on your step.
- Enter additional notes.
- Update Status to Started/Open when you add a date.
- Click the **Update** button to return to the learning module.



# ●●● Get Qualified Unit

## Lesson 1C3: Identify Technical Skills

### Objective:

Identify technical skills and explain the importance of selecting a career that lines up with their personal beliefs.

### Summary:

Students will discuss the different types of skills – employability or technical, they have acquired from past experiences and how they can transfer to their future career path.

### Activities:

1. Review related resources.
2. Students develop a list of their values and then prioritize the list.
3. Students develop a list of technical skills that are new or transferable.
4. Students review the occupational information for previously selected careers and identify pros/cons for selecting each career path.
5. Students record their findings in their Career Plan form.

### Discussion Points:

- What are examples of job/technical skills?
- What is the difference between technical and essential workplace skills?
- How do you gain transferable skills?
- Describe self-management skills.
- What are examples of self-management skills?



# ● ● ● Get Qualified Unit

## Lesson 1C3: Complete Training and Earn Credentials

### Objective:

Describe the benefits of earned credentials.

### Summary:

Students will learn benefits of earning credentials and how to learn more about credentials in their field of interest.

### Activities:

1. Review related resources.
2. Discuss different types of credentials.
3. Discuss how to learn about credentials for various fields of study.
4. Discuss tips for preparing for licensure/credential testing.

### Discussion Points:

- Did anyone select a career that requires licensure or credentials?
- What are benefits of having credentials?
- What are items to consider when planning to earn a credential? Mental/physical preparation? Financial preparation?

### Extra Activity:

- Get your employers perspective. What licensure or credential are required for their career field?

# ●●● Get Qualified Unit

## Lesson 1C4: Make a Plan to Reach Goals



### Activity Steps:

1. **Learn** about setting your goals and create a plan:
  - a. Careers
  - b. Training
  - c. Skills Needed
2. **Complete** this task by create a goal(s) and step(s) related to career, training, and skills needed.

- i** Create a Goal by:
- Typing in something that you want to achieve.
  - Select whether it applies to Career Plan, Education/Training Plan, Independent Living, Support Services, or Referral to Services.
  - Select Short-Term or Long-Term.

**Duration** – 10-30 Minutes

**Resource:**

- [How to Make SMART Goals](#)



# ● ● ● Get Qualified Unit

## Lesson 1C4: Make a Plan to Reach Goals

### Objective:

Describe and create Goals.

### Summary:

Students will identify short-term goals, long-term goals, and action steps that are trackable, attainable, realistic, and timely.

### Activities:

1. Review related resources.
2. Students write at least one short term goal and identify basic steps to achieve goals. Each step includes a deadline date.
3. Students identify strategies for staying motivated while working towards reaching their goal.
4. Students identify potential problems and identify a solution or backup plan if the problem occurs.

### Discussion Points:

- What is the difference between a long-term and short-term goal? What are examples?
- What does S.M.A.R.T. Goals stand for?
- What are attainable and realistic goals? (i.e., Attainable: I have the skills, ability, and tools needed to go become a professional basket weaver. Realistic: I have the ability to weave high quality baskets, but I can't support my family on the income.)
- What does a career plan include? What are examples?
- What are ways to stay motivated while in training or searching for a job?
- What are potential problems that could keep you from reaching your goals? What are possible solutions?

### Instructor Resource:

Career Plan Builder Overview - Partner View ([PDF](#))

# • Get Qualified Unit

## Lesson 1C5: Quiz

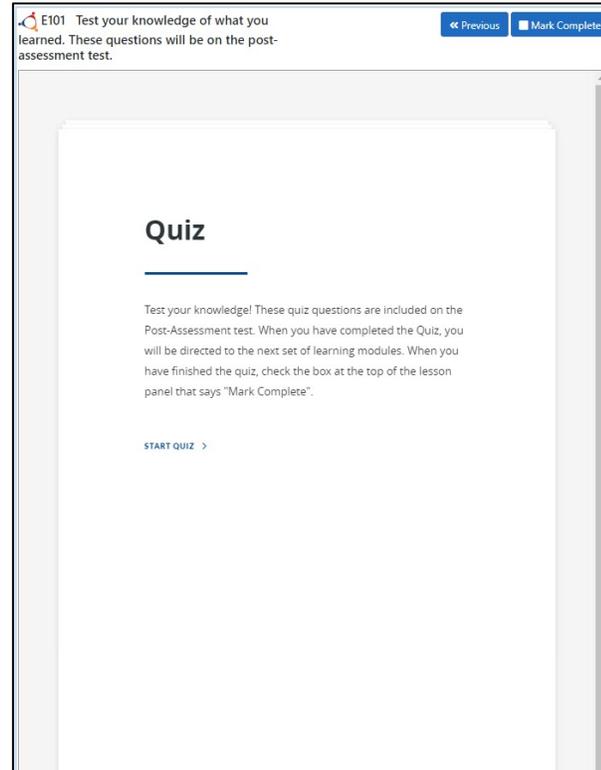


### Complete

#### Activity Step:

Test your knowledge of what you learned. These questions will be on the Post-Assessment test.

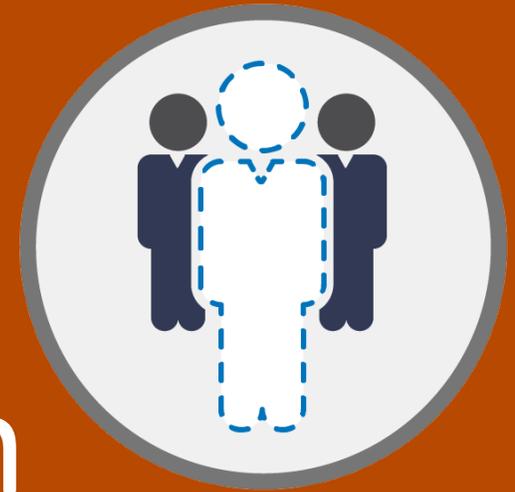
**Duration** – 5 Minutes



**i** After answering the question, the correct answer will be given.

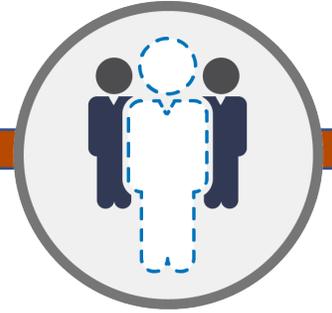
Mark the box at the top of the lesson panel that says “Mark Complete” when the quiz is finished.

# Prepare a Job Search Plan



# Module: Prepare a Job Search Plan

*Instructor Guide for Prepare a Job Search Plan Module*



## Main Idea:

Students learn about preparing for their job search by developing a draft resume and portfolio. They learn tips for organizing their job search and marketing themselves as qualified job candidates starting with their resume all the way through their interview.

## Units:

1. Job Search Preparation
2. Find Job Openings, Apply, and Interview

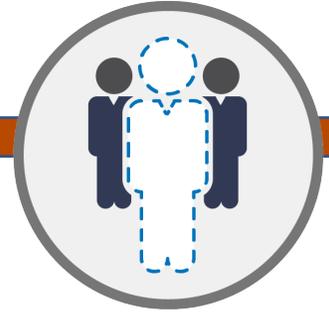
**Time Allotment:** 2 Days

## Notes:

- *Student will use videos, articles, and interactive tools available in their Illinois workNet Employment 101 Guide.*
- *They will record their responses in their Illinois workNet Employment 101 Guide.*

# Module: Prepare a Job Search Plan

## Instructor Guide for Prepare a Job Search Plan Module

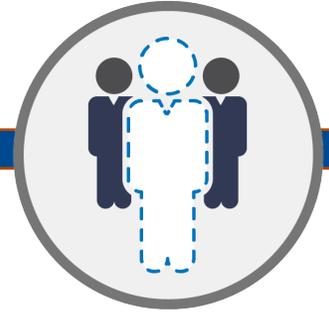


### Standards Used:

- a. Common Core Standards Capacities of a Literate Student – ([www.corestandards.org](http://www.corestandards.org))
  - i. #5) They value evidence
  - ii. #6) They use technology and digital media strategically and capably.
- b. Common Core Anchor Standards in Writing – ([www.corestandards.org](http://www.corestandards.org))
  - i. #4) Produce clear and coherent writing in which the development, organization and style are appropriate to task, purpose and audience.
  - ii. #5) Develop and strengthen writing as needed by planning, revising, editing, rewriting or trying a new approach
  - iii. #6) Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.
  - iv. #7) Conduct short as well as more sustained research projects based on focused questions, demonstrating understanding of the subject under investigation.
- c. Common Core Standards Anchor Standards in Language - ([www.corestandards.org](http://www.corestandards.org))
  - i. #1) Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
  - ii. #2) Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
- d. Common Core Standards Anchor Standards in Speaking and Listening – ([www.corestandards.org](http://www.corestandards.org))
  - i. #1) Prepare for and participate effectively in a range of conversations and collaboration with diverse partners, building on others’ ideas and expressing their own clearly and persuasively.
  - ii. #4) Present information, finding and supporting evidence such that listeners can follow the line of reasoning and the organization, development and style appropriate to task, purpose and audience.
  - iii. #5) Make strategic use of digital media and visual displays of data to express information and enhance understanding of presentations.
  - iv. #6) Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.
- e. Illinois Standards for Social/Emotional Learning – ([www.isbe.net](http://www.isbe.net))
  - i. Standard 3C) Use communication skills to interact effectively with others.
- f. American School Counselor Standards (ASCA) - ([http://static.pdesas.org/content/documents/ASCA\\_National\\_Standards\\_for\\_Students.pdf](http://static.pdesas.org/content/documents/ASCA_National_Standards_for_Students.pdf))
  - i. Career Development Standard A) Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
  - ii. Career Development Standard B) Students will employ strategies to achieve future career goals with success and satisfaction.
  - iii. Personal/Social Development Standard A) Students will acquire the knowledge attitudes and interpersonal skills to help them understand and respect self and others.
  - iv. Personal/Social Development Standard B) Students will make decisions, set goals, take necessary action to achieve goals.

# ● Get Prepared Unit

## Lesson 2A1: Get Organized



### Activity Steps:

1. **Learn** things you need to begin a job search.
2. **Identify:** Use the Notes tool to enter information about previous employment, education, licenses or credentials, references, and recommendations.
3. **Complete** the activity response by updating the Career Plan step called "Get Started: Learn how to prepare to find a job."
  - a. Set Start and End dates.
  - b. Include missing items on your checklist in the Notes portion of the step.

**Duration** – 5-20 Minutes

### More Resources:

- [The Nine Steps of your Job Search \(PDF\)](#)
- [Job Search Plan \(PDF\)](#)
- [Job Search checklist](#)

**Learn**

E101 Learn about the things you need to begin a job search.

### Get Organized

**Get Organized!**  
Career Search - done! Skills update - Planned! It is time to get organized for your job search! Review the items below to find out what you need to begin your job search and where to find them.

While you are reviewing the following items, make a list to help you track the items you have and the ones you need. If you have paper documents, add them to a folder.

Complete the content above before moving on.

**Identify**

E101 Identify Use the Notes tool to enter information about your previous employment, education, licenses or credentials, references, and recommendations.

Note\*

**Add notes about what you still need to get from the checklist for your job search.**

**Complete**

E101 Complete the activity response, update your career plan step called "Get Started: Learn how to prepare to find a job."

Complete the activity response, update your career plan step called "Get Started: Learn how to prepare to find a job."

Open Illinois workNet Career Change Career Plan

**UPDATE STATUS**

\*Get Started: Learn how to prepare to find a job.

Total Subsidized days for all items:

Goal\* Get a job or work experience.

Status\* Started/Open

Planned Start Date\* 3/2/2021

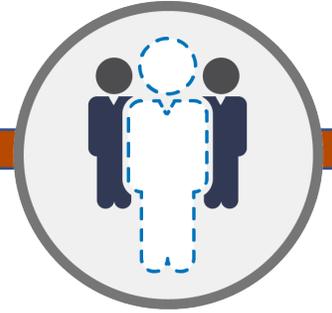
Planned Due Date\* 3/3/2021

How many hours a week are you planning on working on this? 10.00

WGA Funded\* No

Other Notes\*

- Update step for Career Plan by:
- Add a date you want to begin.
  - Add a date you plan to finish.
  - Enter number of hours you plan to work on your step.
  - Enter additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **Update** button to return to the learning module.



# ● Get Prepared Unit

## Lesson 2A1: Get Organized

### Objective:

Explain the benefits of staying organized while searching for a job.

### Summary:

Students will learn about documents and information that are needed to prepare a resume, portfolio, and to apply for a job. They will learn about an important tool that assists with maintaining job search records.

### Activities:

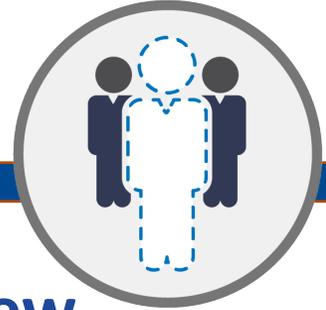
1. Review related resources.
2. Discuss the importance of identifying skills to show they are a qualified candidate.

### Discussion Questions:

- Has anyone ever applied for a job? What information is needed to complete an application?
- Be prepared – Have your work history, education/transcripts, certifications, license(s), references, letters of recommendation, etc.
- Why would it be helpful to have a list of your job/technical skills, self-management skills, soft skills, and military skills?
- What information is included in a job search record?
- Why would it be helpful for a job search record of each application you submit?

# Get Prepared Unit

## Lesson 2A2: Prepare Resume



### Learn

### Identify

### Review

#### Activity Steps

1. **Learn** why everyone needs a resume.
  - a. Learn what keywords are
  - b. Learn what action words to use
  - c. Learn the types of resumes
2. **Identify** keywords and action words to use on your resume in the Notes Tool.
3. **Review** how to use the resume builder tool available on Illinois workNet.
4. **Complete** the activity response - update the career plan dates on "Prepare your resume." In the notes portion, include your keywords and the type of resume that is best for you.

**Duration** - 7 - 20 minutes

#### More Resources

- [Pick your Style, Resume Style that is](#)
- [Sample Resumes](#)
- [Resumes in a Custom World](#)
- [Keywords Are the "Key" to Your Resume Being Seen](#)
- [It's All About the Action - verb that is](#)

**Prepare your Resume**

**Resume**  
Your resume tells employers about your work and education experience. This activity will help you explore which resume might be best for you. The resume is what encourages employers to set up an interview with you.

**Pick a style of resume:**

**Generic Resume** - Highlights skills and accomplishments. This style of resume is great for people with limited work history, or who have gaps in employment history.

**Identify** Use the Notes tool to enter your Keywords and Action Words.

Note \*

Insert text here ...

**Review** how to use the resume builder tool available on Illinois workNet.

Illinois workNet Resume Builder Overview

Resume Builder Tool Overview

<https://youtu.be/Vjn8e-bNh-I>

### Complete

**Complete** the activity response - update the career plan dates on "Prepare your resume." In the notes portion, include your keywords and the type of resume that is best for you.

Complete the activity response - update the career plan dates on "Prepare your resume." In the notes portion, include your keywords and the type of resume that is best for you.

**UPDATE STATUS**

Prepare your resume.

Goal: Get a job or work experience. Start: Planned/Not Started (Scheduled)

Start Date: [ ]

Planned Due Date: [ ]

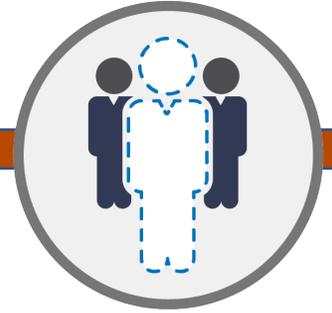
Weekly Hours: [ ] WICA Funded: No

Special Instructions: [ ]

Service addresses the following situations  
Show More Situations

Update Close

- i** Update the step for your Career Plan by:
- Adding a date you want to begin.
  - Adding a date you plan to finish.
  - Enter the number of hours you plan to work on each step.
  - Enter any additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **update** button to return to the learning module.



# ● Get Prepared Unit

## Lesson 2A2: Prepare your resume.

### Objective:

Describe how to select the appropriate information, format, and keywords to customize a resume for a job opening.

### Summary:

Students will learn about different types of resume formats and recommendation for when to use each type. Students will learn tips for developing a customized resume that markets them as a qualified candidate. Students will also learn about resume tools that are available in Illinois workNet.

### Activities:

1. Review related resources.
2. Discuss the purpose of a resume, the different types of resumes, and the information that is included in each.
3. Discuss the importance of customizing a resume for job openings. (This is an opportunity to market your skills!)
4. Review the resume builder in Illinois workNet.
5. Students start a draft resume in the resume builder. Discuss how they can use their program work experience to build their resume.

### Discussion Questions:

- What does a resume tell employers about?
- List three types of resumes.
- What type of resume should you create if you have just a little experience?
- What are some examples of action /keywords?
- What are some key things to check for when updating an effective resume?
- What personal information is appropriate to include when posting your resume online?

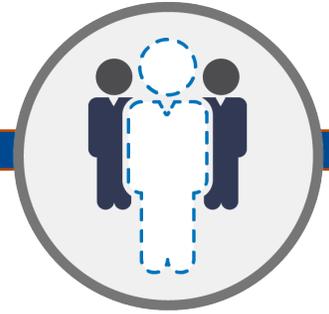
### Instructor Resource:

[Using Illinois workNet Resume Builder](#)

Resume Playlist on YouTube

# ● Get Prepared Unit

## Lesson 2A3: Prepare your portfolio.



### Activity Steps

1. **Learn** what a portfolio is.
2. **Identify** what items you could include in a portfolio. (Some examples include your resume, images of projects you have completed, samples of your writing or PowerPoint skills, links to websites you designed, or photos of cars you repaired.)
3. **Complete** the activity response update the career plan dates for "Organize your information." In the notes section, type in items that you know you will include in your portfolio.

**Duration** - 12 – 25 minutes

### More Resources

- [Portfolio Basics \(2014\)](#)
- [Job Search Plan \(PDF\)](#)



**Prepare your Portfolio**

**What is a portfolio?**  
A portfolio is a scrapbook of sorts for the best things that represent your work or education. A portfolio is not just for artists. This activity shows the things that you may include in your portfolio.

*In the exercise below, grab and drag the card from the top box to the box below where you think it belongs. If it jiggles, it was the wrong choice. Try again.*

Proof of Residency

Include in Portfolio      Don't Include



**E101 Identify what items you could include in a portfolio**

Download Checklist

Note \*

Some examples include your resume, images of projects you have completed, samples of your writing or PowerPoint skills, links to websites you designed, or photos of cars you repaired.

Fill in the notes for your plan.

The notes save as you type.



**E101 Complete the activity response: Update your career plan dates for "Organize your information"**

Complete the activity response: Update your career plan dates for "Organize your information"

Open Illinois workNet Career Plan

**UPDATE STATUS**

**Organize your information.**

Goal: Get a job or work experience. Status: Planned/Not Started (Scheduled)

Start Date: [Date Picker]

Planned Due Date: [Date Picker]

Weekly Hours: [Text Input] WIDA Funded: No

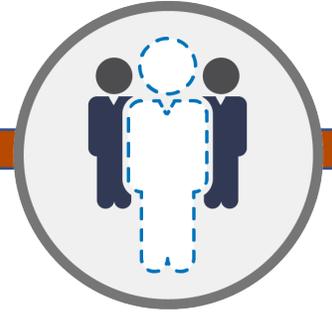
Special Instructions: [Text Area]

Service addresses the following situations  
Show More Situations

Update Close

**i** Update the step for your Career Plan by:

- Adding a date you want to begin.
- Adding a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **update** button to return to the learning module.



# ● Get Prepared Unit

## Lesson 2A3: Prepare your portfolio.

### Objective:

Describe how to select the appropriate information, format, and keywords to customize an online portfolio.

### Summary:

Students will learn about different types of items to include in a portfolio. Students will learn tips for developing a portfolio that markets them as a qualified candidate. Students will also learn about online portfolio tools that are available in Illinois workNet.

### Activities:

1. Review related resources.
2. Discuss the purpose of a portfolio, the different types of portfolios and the information to include. (This is an opportunity to market your skills!)
3. Review the portfolio builder in Illinois workNet.
4. Student start identifying items to include in their portfolio. Discuss how they can use their program work experience to start building their portfolio.

### Discussion Questions:

- What does a portfolio tell an employer?
- What are two things you could include in your portfolio?
- Do you need an on-line portfolio or a hard copy one?

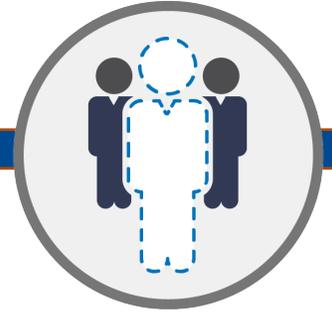
### Instructor Resource:

[Using Illinois workNet Resume Builder](#)

[Resume Playlist on YouTube](#)

# ● Get Prepared Unit

## Lesson 2A4: Prepare a plan.



### Learn

### Complete

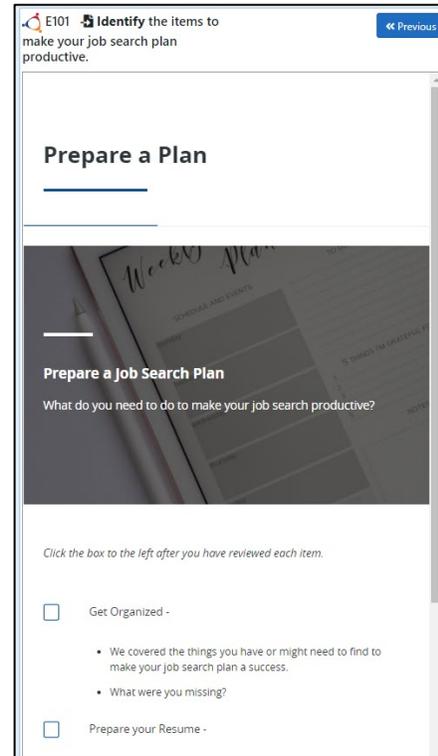
#### Activity Steps

1. **Learn** about the items to make your job search plan productive.
2. **Create** goals to complete your job search plan. i.e. get dates for work experience, or request a recommendation to add to portfolio

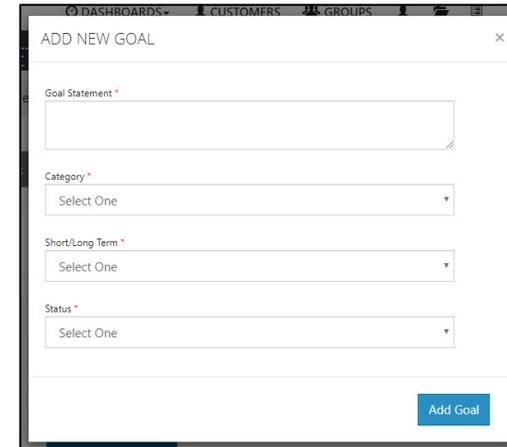
**Duration** - 5 - 10 minutes

#### More Resources

- [How to Make SMART Goals](#)
- [Tips for Youth – Setting Goals](#)
- [Setting Goals 101](#)

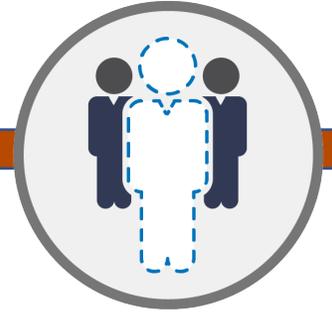


The screenshot shows a web application interface. At the top, it says 'E101 Identify the items to make your job search plan productive.' with a 'Previous' button. Below this is a section titled 'Prepare a Plan' with a horizontal line. Underneath is a large image of a notebook with 'Weekly Plan' written on it. Below the image is a section titled 'Prepare a Job Search Plan' with the text 'What do you need to do to make your job search productive?'. At the bottom, there are two checkboxes: 'Get Organized -' and 'Prepare your Resume -'. The 'Get Organized -' checkbox is checked, and it has a list of bullet points: 'We covered the things you have or might need to find to make your job search plan a success.' and 'What were you missing?'. There is also a note: 'Click the box to the left after you have reviewed each item.'



The screenshot shows a web application interface for 'ADD NEW GOAL'. It has a title bar with 'DASHBOARDS', 'CUSTOMERS', and 'GROUPS'. The main form has three dropdown menus: 'Goal Statement \*', 'Category \*', and 'Short/Long Term \*'. Each dropdown menu has 'Select One' as the current selection. At the bottom right, there is a blue button labeled 'Add Goal'.

- i** Create a Goal by:
- Typing in something that you want to achieve
  - Select whether it applies to Employment, Education, Living Independently or Support Services
  - Select Short-term or Long-term



# ● Get Prepared Unit

## Lesson 2A4: Prepare a plan.

### Objective:

Describe and create goals.

### Summary:

Students will identify short-term goals and action steps that are measurable, attainable, realistic, and timely.

### Activities:

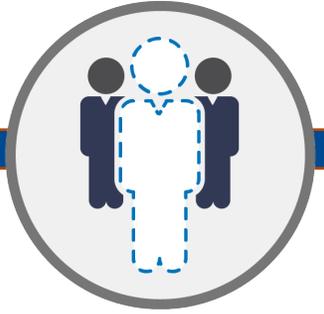
1. Review related resources.
2. Students write at least one short term goal and identify the basic steps to achieve goals. Each step includes a deadline date.
3. Students identify strategies for staying motivated while working towards reaching their goal.
4. Students identify potential problems and identify a solution or backup plan if the problem occurs.

### Discussion Points:

- What is the difference between a long term and short-term goal? What are some examples?
- What are attainable and realistic goals? (i.e., Attainable: I have the skills, ability, and tools needed to go become a professional basket weaver. Realistic: I have the ability weave high quality baskets, but I can't support my family on the income.)
- What does a job search plan include? What are some examples?
- What are some ways to stay motivated searching for a job?
- What are some potential problems that could keep you from reaching your goals? What are possible solutions?

# ● Get Prepared Unit

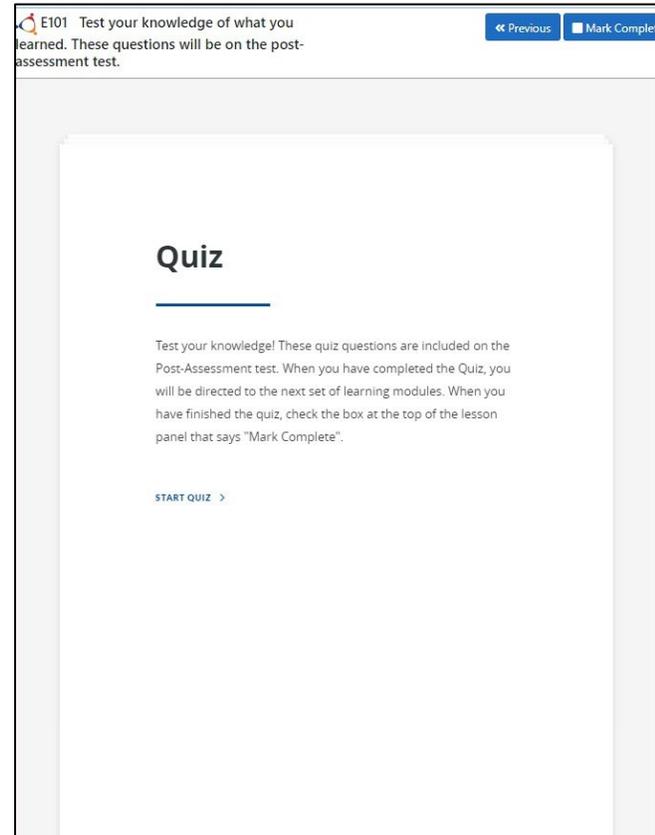
## Lesson 2A5: Quiz



### Complete

#### Activity Step:

**Test** your knowledge of what you learned. These questions will be on the Post-Assessment test.



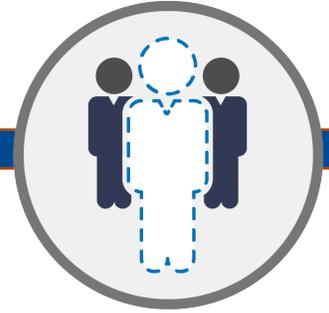
After answering the question, the correct answer will be given.

Mark the box at the top of the lesson panel that says "Mark Complete" when the quiz is finished.

**Duration** – 5 Minutes

# ●● Find Jobs Unit

## Lesson 2B1: Network.



### Learn

#### Activity Steps

##### 1. Learn about:

- a. The ways to Network
  - i. Virtually
  - ii. In-Person
- b. Learn about elevator speeches
- c. Learn about additional networking material
  - i. Networking card
  - ii. Networking handbill

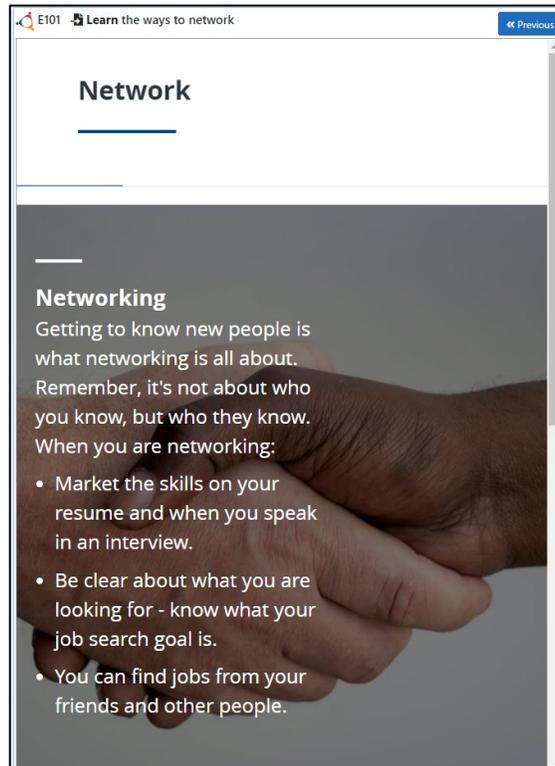
##### 2. Identify places to begin networking.

##### 3. Complete the activities update the career plan dates on Marketing Yourself.

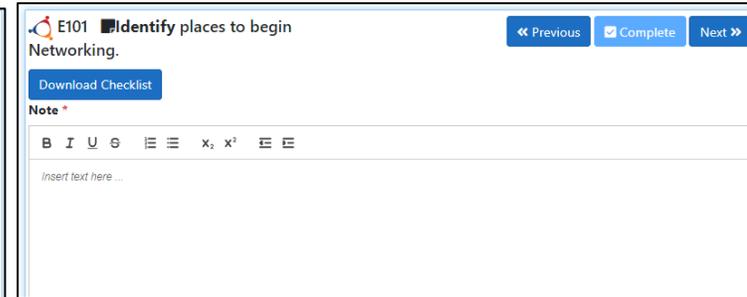
**Duration** - 5 – 15 minutes

#### More Resources

- [Start with Why - Simon Sinek](#)
- [30 Second Elevator Speech](#)
- [Get Prepared to Network](#)
- [Introducing Yourself to Others](#)
- [Marketing Your Skills](#)
- [2020 is the Year Everyone Learned to Connect Virtually](#)



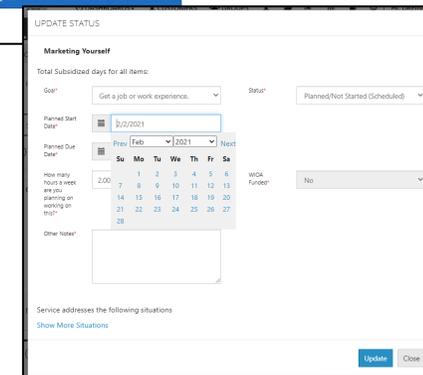
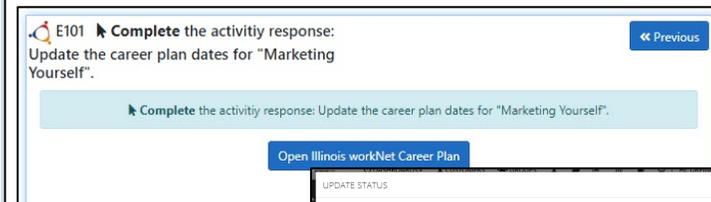
### Identify



Fill in the notes for your plan.

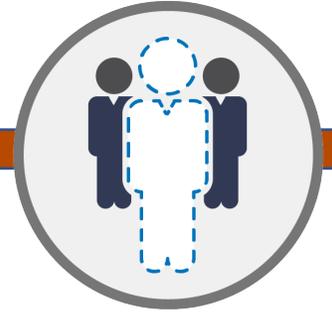
The notes save as you type.

### Complete



Update the step for your Career Plan by:

- Adding a date you want to begin.
- Adding a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **update** button to return to the learning module.



# ● ● Find Jobs Unit

## Lesson 2B1: Network.

### Objective:

Explain how to prepare for and find networking opportunities.

### Summary:

Students will learn how to be prepared for networking opportunities. They will put together their 30 second elevator speech. Students will be able to identify different types of networking opportunities.

### Activities:

1. Review related resources.
2. Discuss how to get ready for networking and developing a list of contacts.
3. Discuss tools for networking virtually and the importance of having a clean/professional online image.
4. Discuss networking in person and where to find those opportunities.
5. Students draft a 30 second elevator speech. Have the students walk around and introduce themselves and ask each other about themselves. They can practice their elevator speech in general conversation and then approach another person and repeat the process.

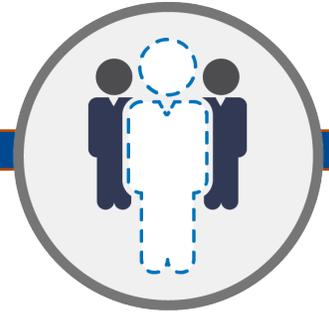
### Discussion Points:

- When networking to find job leads, is it important to be clear on the type of job you are looking for?
- What does personal brand mean? You have an image to protect. (Market your brand.)
- List some places where you can network.
- Organize your contacts. Include your parents, teachers, counselors, coaches, neighbors, past classmates, co-workers, and friends. Tell them about the kind of job that you're looking for.
- What is LinkedIn? What are some other networking sites?
- Why should you clean up your social media profiles when looking for a job?

**Instructor Resource:**  
[Network and Connect](#)

# ● ● Find Jobs Unit

## Lesson 2B2: Search for job openings.



### Learn

#### Activity Steps

1. Learn about places to search for job openings:
  - a. Job boards
  - b. Niche sites
  - c. Company posts
  - d. Associations
  - e. Social media
2. Learn how to track / organize job search.
3. Complete this activity update the career plan dates for the step "Use a strategic job search to find a job."

Duration - 7 – 15 minutes

#### More Resources

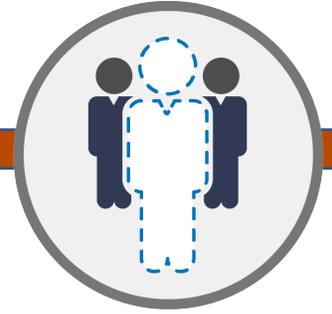
- [Job Search in the Digital Age Webinar - Staying motivated](#)
- [Job Search Plan \(PDF\)](#)

### Review

After you watch the video, mark the box "Mark Complete" in the upper right corner of the learning module to move to the next item.

### Complete

- i** Update the step for your Career Plan by:
- Adding a date you want to begin.
  - Adding a date you plan to finish.
  - Enter the number of hours you plan to work on your step.
  - Enter any additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **update** button to return to the learning module.



# ● ● Find Jobs Unit

## Lesson 2B2: Search for job openings.

### Objective:

List and describe various resources for finding job openings.

### Summary:

Students learn the importance of using a variety of resources for identifying job opening leads. They also learn about job search resources available in Illinois workNet.

### Activities:

1. Review related resources.
2. Discuss the components of the Job Search Record (in the Job Search Plan) and the importance of staying organized.
3. Discuss job search engines and job boards available in Illinois workNet.
4. Discuss searching for job postings using social media.
5. Discuss going to company and trade association websites for job leads.
6. Discuss finding job postings in the newspaper, business windows, or flyers posted on job boards.

### Discussion Points:

- Many companies and organizations have a careers or jobs link in the footer of their website. (i.e., Caterpillar, DOT foods, American Welding Society, National Institute for Manufacturing)
- What are three ways you can search for a job?
- What are some examples of social media sites to use for finding job openings?
- Where have you seen job openings?
- What are some tips for using keywords when searching online job boards?
- What are some “red flags” for job opening postings that are really scams?

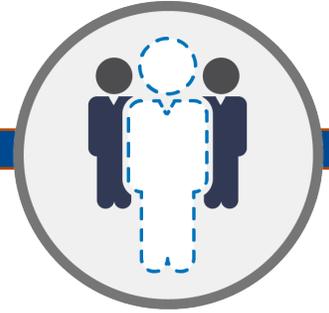
### Instructor Resources

[Network and Connect video](#)

---

# ● ● Find Jobs Unit

## Lesson 2B3: Apply for a job.



### Learn

#### Activity Steps

1. **Learn** the proper way to apply for a job.
  - a. On-line
  - b. In-person
  - c. Resume vs. application
2. **Learn** how to use the job tracker to tool to track the progress of your job search.
3. **Complete** this activity customer will update the career plan dates for the step "Apply for Jobs."

**Duration** - 7 - 20 minutes

#### More Resources

- Things you Need to Know when Applying for Jobs
- Troubleshooting Why You don't Get Interviews

### Review

▶ **Learn** how to use the job tracker to tool to track the progress of your job search.



### Complete

▶ **Complete** this activity response: Update the career plan dates for "Apply for Jobs."

▶ Complete this activity response: Update the career plan dates for "Apply for Jobs."

Open Illinois workNet Career Plan

UPDATE STATUS

Apply for Jobs.

Total Substituted days for all items:

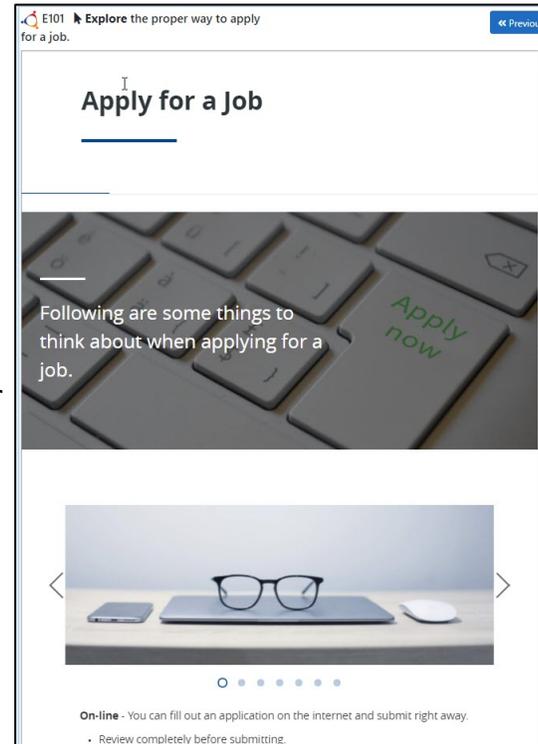
State*	Get a job or work experience.	Status*	Planned/Not Started (Scheduled)
Planned Start Date*	3/3/2021		
Planned Due Date*	3/3/2021		
How many hours a week are you planning on working on this?*	3.00	W/OA Funded*	No
Other Notes*	<input type="text"/>		

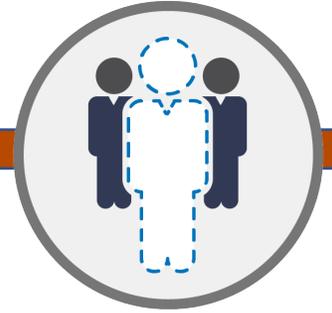
Service addresses the following situations  
[Show More Situations](#)

Update Close

**i** Update the step for your Career Plan by:

- Adding a date you want to begin.
- Adding a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **update** button to return to the learning module.





# ● ● Find Jobs Unit

## Lesson 2B3: Apply for a job.

### Objective:

Describe different types of applications and how to complete a job application.

### Summary:

Students will learn about etiquette for completing a job application in person. They will learn about information that is usually included in an application and tips for completing a job application.

### Activities:

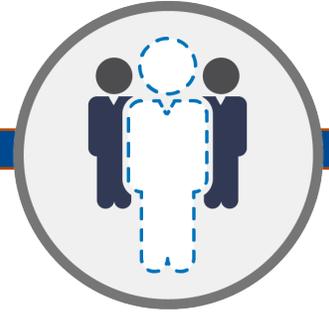
1. Discuss the information that is usually included in job applications.
2. Discuss the proper etiquette for requesting, completing, and submitting a job application in person.
3. Discuss creating a job search record for each application that was submitted and tracking their success.

### Discussion Points:

- What should you do when filling out a job application at a business?
- What should be included in a job application?
- List at least two different types of job applications.
- It is important to track your success. If you are not getting an interview,
  - You may need to look at the information you are including in your application, resume, or portfolio. It may be keeping you from getting an interview.
  - You need to make sure that you are applying for jobs for which you are qualified.

# ● ● Find Jobs Unit

## Lesson 2B4: Interview.



### Activity Steps

#### 1. Learn about:

- The information needed to prepare for an interview.
- Ways to research the company before the interview.
- How to practice interviewing:
  - Questions
  - Nonverbal Communication
  - Location
  - Attire
- What to do during the interview
- Interview follow-up behavior

#### 2. Complete this activity customer will update the career plan dates for the step "Prepare for an interview."

**Duration** - 10 – 30 minutes

**Interview**

**Are you ready for an interview?**

This activity will help you prepare for an interview. Once your resume gets you called for an interview, your ability to shine at an interview is what will get you the job!

We will cover:

- What you need for the interview
- How to research the company before the interview
- Practice interviews
- What to do during the interview
- What to do after the interview

*Flip each of the cards below to learn about information needed to prepare for an interview.*

#### More Resources

- Types of interview
- Interview clothes: Do's and Don'ts
- What to Do during an Interview
- What to Do After an Interview

**E101 Complete this activity response:**  
Update the career plan dates for "Prepare for an interview."

**Complete this activity response: Update the career plan dates for "Prepare for an interview."**

[Open Illinois workNet Career Plan](#)

**UPDATE STATUS**

**Prepare for an interview.**

Goal: Get a job or work experience.

Status: Planned/Not Started (Scheduled)

Planned Start Date: [Calendar]

Planned Due Date: [Calendar]

How many hours a week are you planning on working on this?  
WICA F No 28

Other Notes: [Text Area]

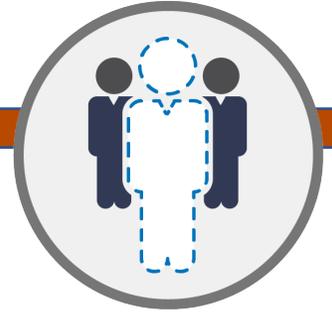
Service addresses the following situations  
[Show More Situations](#)

[Update](#) [Close](#)



Update the step for your Career Plan by:

- Adding a date you want to begin.
- Adding a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **update** button to return to the learning module.



# ● ● Find Jobs Unit

## Lesson 2B4: Interview.

### Objective:

Explain how to prepare for an interview, how to behave in an interview, and follow-up after an interview.

### Summary:

Students will learn the importance of preparing for an interview. They will learn tips and tools to help them prepare for interviews. They will learn about proper follow-up after an interview, show appreciation, and prepare for future interviews.

### Activities:

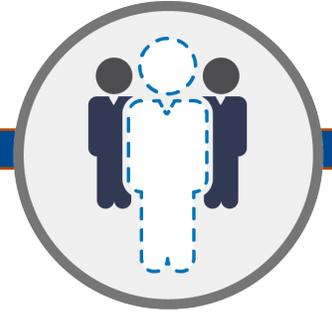
1. Review related resources.
2. Discuss how to prepare for an interview. Take notes in your job search record.
3. Discuss what to do in an interview including what information to collect.
4. Students practice answering interview questions. Interviewer provides feedback on their verbal and nonverbal communication.
5. Discuss what to do after an interview. Reflect and update your job search record.
6. Students write a draft thank you letter.

### Discussion Points:

- What should you do after a job interview?
- When choosing your clothes for a job interview, what should you do?
- What are three things you can do to prepare for a job interview?
- What are three tips to remember during an interview?
- What is an example of an appropriate question to ask during an interview?
- What is different about preparing for a virtual interview than an in-person interview?

# ●● Find Jobs Unit

## Lesson 2B5: Quiz

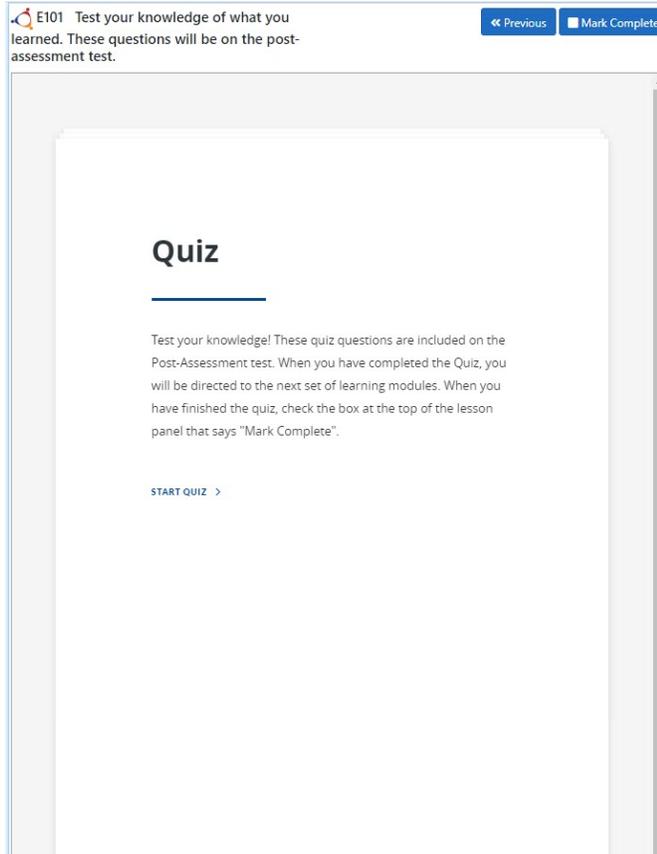


### Complete

#### Activity Steps

1. **Test** your knowledge of what you learned. These questions will be on the post-assessment test.

**Duration** – 5 minutes

A screenshot of a web-based quiz interface. At the top, it says "E101 Test your knowledge of what you learned. These questions will be on the post-assessment test." There are two buttons: "Previous" and "Mark Complete". Below this is a large white box with the heading "Quiz" and a sub-heading "Test your knowledge! These quiz questions are included on the Post-Assessment test. When you have completed the Quiz, you will be directed to the next set of learning modules. When you have finished the quiz, check the box at the top of the lesson panel that says 'Mark Complete'." At the bottom of the white box is a button that says "START QUIZ >".

E101 Test your knowledge of what you learned. These questions will be on the post-assessment test.

Previous Mark Complete

### Quiz

Test your knowledge! These quiz questions are included on the Post-Assessment test. When you have completed the Quiz, you will be directed to the next set of learning modules. When you have finished the quiz, check the box at the top of the lesson panel that says "Mark Complete".

START QUIZ >

Questions on the quiz will be on the Post Assessment. When you answer the question, you will be given the correct answer.

Mark the box at the top of the lesson panel that says “Mark Complete” when you have finished the quiz.

# Achieve Your Goals



# Module: Achieve Your Goals

*Instructor Guide for Achieve Goals Module*



## Main Idea

Students learn about preparing for their first day on a job. They learn tips for succeeding on a job including the forms they may need to complete, planning for advancement, avoiding bullying and volunteering.

## Units

1. Start a Job
2. Financial Literacy
3. Skills for Success

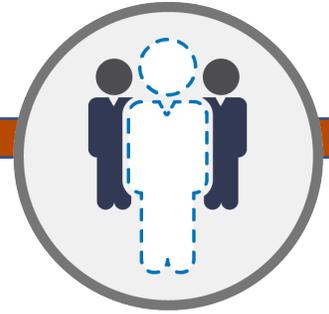
**Time Allotment:** 2 Days

### Notes:

- *Student will use the videos, articles, and interactive tools available in their Illinois workNet Employment 101 Guide.*
- *They will record their responses in their Illinois workNet Employment 101 Guide.*

# Module: Achieve Your Goals Plan

## Instructor Guide for Achieve Your Goals Module



### Standards Used:

- a. Common Core Standards Capacities of a Literate Student – ([www.corestandards.org](http://www.corestandards.org))
  - i. #2 They respond to the varying demands of audience, task, purpose, and discipline.
  - ii. #5) They value evidence.
  - iii. #6) They use technology and digital media strategically and capably.
  - iv. #10) They come to understand other perspectives and cultures.
- b. Common Core Standards Anchor Standards in Language - ([www.corestandards.org](http://www.corestandards.org))
  - i. #1) Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
  - ii. #2) Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
- c. Common Core Standards Anchor Standards in Speaking and Listening – ([www.corestandards.org](http://www.corestandards.org))
  - i. #1) Prepare for and participate effectively in a range of conversations and collaboration with diverse partners, building on others’ ideas and expressing their own clearly and persuasively.
  - ii. #4) Present information, finding and supporting evidence such that listeners can follow the line of reasoning and the organization, development and style appropriate to task, purpose and audience.
  - iii. #5) Make strategic use of digital media and visual displays of data to express information and enhance understanding of presentations.
  - iv. #6) Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.
- d. Illinois Standards for Social/Emotional Learning – ([www.isbe.net](http://www.isbe.net))
  - i. Standard 1B) Recognize personal qualities and external supports.
  - ii. Standard 1C) Demonstrate skills related to personal and academic goals.
  - iii. Standard 3B) Apply decision-making skills to deal responsibly with daily academic and social situations.
  - iv. Standard 3C) Use communication skills to interact effectively with others.
- e. American School Counselor Standards (ASCA) - ([http://static.pdesas.org/content/documents/ASCA\\_National\\_Standards\\_for\\_Students.pdf](http://static.pdesas.org/content/documents/ASCA_National_Standards_for_Students.pdf))
  - i. Career Development Standard A) Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
  - ii. Career Development Standard B) Students will employ strategies to achieve future career goals with success and satisfaction.
  - iii. Personal/Social Development Standard A) Students will acquire the knowledge attitudes and interpersonal skills to help them understand and respect self and others.
  - iv. Personal/Social Development Standard B) Students will make decisions, set goals, take necessary action to achieve goals.

# Module: Achieve Your Goals

## Instructor Guide for Achieve Your Goals Module



### Standards Used con't:

- f. National Business Education Standards – (<https://nbea.org/page/BusinessEdStandards>)
  - i. Career Development Standard #1 Self-Awareness) Assess personal skills, abilities, aptitudes, and personal strengths and weaknesses as they relate to career exploration and development.
  - ii. Career Development Standard #4 Career Strategy) Apply knowledge gained from individual assessment to a comprehensive set of goals and an individual career plan.

### Resources Used:

- a. <https://nij.ojp.gov/topics/articles/gun-violence-america>
- b. <https://www.stopbullying.gov/resources/get-help-now>
- c. <https://www.cdc.gov/violenceprevention/index.html>
- d. [https://www.crisiscenter.org/pdfs/intimate partner abuse inside the home doc.pdf](https://www.crisiscenter.org/pdfs/intimate_partner_abuse_inside_the_home_doc.pdf)
- e. <https://www.crisiscenter.org/resources.html>
- f. <https://www.cdc.gov/violenceprevention/suicide/riskprotectivefactors.html>
- g. <https://suicidology.org/>
- h. <https://www.edcc.edu/counseling/documents/Conflict.pdf>
- i. <https://www.moneysmartweek.org/>
- j. <http://illinoisworknet.com/UpdatesHelp/Pages/MoneyManagement.aspx>
- k. <http://illinoisworknet.com/Connect/Pages/VolunteerGuide.aspx>

# ● Start Your Job Unit

## Lesson 3A1: Be prepared to accept the job.



### Learn

E101 Learn how to decide if a job would be a good fit. < Previous

#### Be prepared to accept the job

If a company offers you a job, are you prepared to accept it?  
The items in this activity will help you decide if that job is the right fit for you.

What items do you need to think about before you decide to accept a job? Click on each flashcard below to get some ideas. The information is on the reverse side.

### Note

#### Identify obligations you have to meet if you are offered a job

Download Checklist

Note \*

B I U S ☰ ☷ x<sub>2</sub> x<sup>2</sup> ☰ ☷

1. Childcare:
2. Adult Care:
3. Planned trips/events:
4. Existing PT/FT job:

#### Identify the documents you need to begin a job

Download Checklist

Note \*

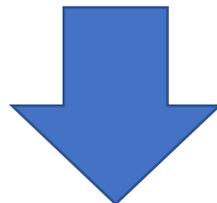
B I U S ☰ ☷ x<sub>2</sub> x<sup>2</sup> ☰ ☷

1. State Identification / Passport:
2. Social Security Card / Green Card:
3. Veteran documents:
4. How many dependents:

Fill in the notes for your plan.

The notes save as you type.

## Continue



### Activity Steps

1. **Learn** how to decide if a job would be a good fit.
  - a. Review items in the Career Interest Survey about what is important in a job.
  - b. Learn about documents you need to begin a job.
  - c. Learn about obligations.
2. **Identify** obligations you have to meet if you are offered a job. For example:
  - a. Childcare
  - b. Adult Care
  - c. Planned trips/events
  - d. Existing PT/FT job
3. **Identify** the documents you need to begin a job.

# ● Start Your Job Unit

## Lesson 3A1: Be prepared to accept the job.



### Complete

#### Activity Steps - continued

4. **Complete** this activity - customer will update the career plan dates for the step "Prepare to Accept a Job." Note what documents you need and obligations to plan for to be ready to start a new job.

**OPTION** - Create a goal for your obligations.

**Duration** - 10 – 30 minutes

#### More Resources

- [Get To Know the Work Culture in Your New Job](#)
- [Job Search Plan \(PDF\)](#)

- i** Update the step for your Career Plan by:
- Adding a date you want to begin.
  - Adding a date you plan to finish.
  - Enter the number of hours you plan to work on your step.
  - Enter any additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **update** button to return to the learning module.

### Option

- i** Create a Goal by:
- Typing in something that you want to achieve
  - Select whether it applies to Employment, Education, Living Independently or Support Services
  - Select Short-term or Long-term



# ● Start Your Job Unit

## Lesson 3A1: Be Prepared to Accept a Job

### Objective:

Explain how to prepare for accepting a job.

### Summary:

Students will learn the importance of preparing for accepting a job. How to plan for other obligations in their life that could impact going to a job every day. They will learn about documents that may be required to begin a job.

### Activities:

1. Review related resources.
2. Discuss how to determine if a job will be a good fit.
3. Discuss how to plan for other obligations.
4. Discuss documents that may be required to be hired.

### Discussion Points:

- What are the most important points for you to accept a job?
- What do you need to plan around – childcare, adult care, another job, planned events or trips?
- Where are the documents that you need like social security card, state ID, and others?

# ● Start Your Job Unit

## Lesson 3A2: Get ready for your first day.



### Activity Steps

#### 1. Learn:

- The type of paperwork you will complete on your first day.
- The best way to meet coworkers and supervisors,
- The rules of your new job - employee handbook
- About your job expectations.

#### 2. Identify your expectations of the job (Some examples include paid a fair wage, opportunity for promotion, steady hours, work well with boss or co-workers.)

#### 3. Complete this activity - you will update the career plan dates for the step "Learn about filing taxes." Note on the step the paperwork you need to get to start your new job.

**Duration** - 7 – 20 minutes



**Get Ready for your First Day**

**Your First Day!**  
This activity will go over all the things you need to do on the first day of your new job.

**Documents You Need to Complete**  
Every job will ask you to complete some paperwork. The following items are things you will need to be prepared to fill out.

**START**



**Identify your expectations of the job**

**Download Checklist**

**Note \***

Some examples include paid a fair wage, opportunity for promotion, steady hours, work well with boss or co-workers.

Fill in the notes for your plan.

The notes save as you type.



**Complete the activity response: Update your career plan dates for 'Learn about filing taxes'**

**Mark Complete**

**Open Illinois workNet Career Plan**

### More Resources

- [Ready to Fill Out forms for Your New Job](#)
- [Get To Know the Work Culture in Your New Job](#)
- [Job Search Plan \(PDF\)](#)

Update the step for your Career Plan by:

- Adding a date you want to begin.
- Adding a date you plan to finish.
- Enter the number of hours you plan to work on your step.
- Enter any additional notes.
- Update Status to Started/Open when you add a date.
- Click the **update** button to return to the learning module.

**UPDATE STATUS**

**Learn about filing taxes.**

Goal\* Living independently

Status\* Planned/Not Started (Scheduled)

Planned Start Date\* 03/29/2021

Planned Due Date\*

How many hours a week are you planning on working on this? WGA Funder\* No

Other Notes\*

Service addresses the following situations  
Show More Situations

**Update** **Close**



# ● Start Your Job Unit

## Lesson 3A2: Get ready for your first day.

### Objective:

Explain how to prepare for the first day on a job.

### Summary:

Students will learn the importance of preparing for the first day of a job. Have they planned for other obligations? They will learn about filling out hiring documents.

### Activities:

1. Review related resources.
2. Discuss how to determine if a job will be a good fit.
3. Discuss how to plan for other obligations.
4. Discuss documents that may be required and completed to be hired.

### Discussion Points:

- What are some ways you can meet your new co-workers?
- Have you traveled to your new job location at the time that you would need to report to work?
- Where are the documents that you need like social security card, state ID, and others?
- How many deductions would you need to claim?
- How will you find out the rules of your new job?

# ● Start Your Job Unit

## Lesson 3A3: Keep your new job.



### Learn

### Note

#### Activity Steps

1. **Review** workplace skills and actions to keep your new job and learn about job performance criteria for your new job.
2. **Identify** possible career ladder moves based upon your chosen career path.
3. **Complete** this activity you will update the career plan dates for the step "Career Advancement".

**Duration** - 5-15 minutes

#### More Resources

- [New Job Tip #1: Understand Expectations](#)
- [Be Safe in Your New Job](#)
- [Job Search Plan \(PDF\)](#)

### Complete

Add notes about future achievements you could gain.

- Update the step for your Career Plan by:
  - Adding a date you want to begin.
  - Adding a date you plan to finish.
  - Enter the number of hours you plan to work on your step.
  - Enter any additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **update** button to return to the learning module.



# ● Start Your Job Unit

## Lesson 3A3: Keep Your New Job

### Objective:

Explain how to plan to keep your new job.

### Summary:

Students will learn the workplace skills and criteria required to keep a new job.

### Activities:

1. Review related resources.
2. Discuss different types of performance criteria.
3. Discuss the essential skills that will help the customer keep their new job..

### Discussion Points:

- When is it appropriate to ask about performance reviews?
- When are performance reviews given?
- What are coaching opportunities?
- How do you handle feedback from a supervisor?
- What are the most important essential employability skills?

# ● Start Your Job Unit

## Lesson 3A4: Quiz



### Activity Step:

**Test** your knowledge of what you learned. These questions will be on the Post-Assessment test.

## Complete

A screenshot of a web-based quiz interface. At the top, there is a header with a magnifying glass icon, the text "E101 Test your knowledge of what you learned. These questions will be on the post-assessment test.", and two buttons: "Previous" and "Mark Complete". The main content area has a white background with a grey border. It features the word "Quiz" in a large, bold, black font, underlined with a blue line. Below this, there is a paragraph of text: "Test your knowledge! These quiz questions are included on the Post-Assessment test. When you have completed the Quiz, you will be directed to the next set of learning modules. When you have finished the quiz, check the box at the top of the lesson panel that says 'Mark Complete'." At the bottom of the content area, there is a button that says "START QUIZ &gt;".

When you answer the question, you will be given the correct answer.

Mark the box at the top of the lesson panel that says "Mark Complete" when you have finished the quiz.

**Duration** – 5 Minutes

# Financial Literacy Unit

## Lesson 3B1: Start a Savings or Checking Account



### Activity Steps:

#### 1. Learn

- About banking opportunities.
- How to protect against identify theft.
- Why and how to use a checking account
- The proper way to establish credit

#### 2. Complete this activity by the customer updating the Career Plan dates for the "Use the Money Management Guide to help you reach your financial goals."

**Duration** – 5-15 Minutes

#### More Resources:

- [The Nine Steps of your Job Search \(PDF\)](#)
- [Job Search Plan \(PDF\)](#)

**Start a savings or checking account**

**Why do you need a checking or savings account for the money you earn on your job?**  
This activity will help you learn about:

- banking options,
- protecting yourself against identity theft,
- using a checking account, and
- establishing credit.

**Complete the activity response:**  
Update your career plan dates for "Use the Money Management Guide to help you reach your financial goals."

Complete the activity response: Update your career plan dates for "Use the Money Management Guide to help you reach your financial goals."

Open Illinois workNet Career Plan

**UPDATE STATUS**

Use the Money Management Guide to help you reach your financial goals.

Goal\* Living independently.

Status\* Planned/Not Started (Scheduled)

Planned Start Date\* 03/31/2021

Planned Due Date\* 04/14/2021

How many hours a week are you planning on working on this? 10

WIOA Funded\* No

Other Notes\*

Service addresses the following situations  
Show More Situations

Update Close

Update step for your Career Plan by:

- Add a date you want to begin.
- Add a date you plan to finish.
- Enter number of hours you plan to work on your step.
- Enter additional notes.
- Update Status to Started/Open when you add a date.
- Click the **Update** button to return to the learning module.



# ●● Financial Literacy Unit

## Lesson 3B1: Start a Savings or Checking Account

### Objective:

Explain how to start a checking or savings account for paychecks from a new job and protect against identity theft.

### Summary:

Students will learn the importance of creating a checking or savings account to pay bills and income from paychecks.

### Activities:

1. Review related resources.
2. Discuss different types of banking accounts and credit.
3. Discuss how and when to open a new account.
4. Discuss ways that people fall victim to identity theft.

### Discussion Points:

- Why use a checking or savings account instead of a paycheck service?
- When should you open a credit card?
- What is the right way to establish credit?
- How do you protect yourself against identity theft?
- Many employers pay through direct deposit. This is an excellent reason to have a checking account.

# Financial Literacy Unit

## Lesson 3B2: Determine Current Financial Status and Budget



### Activity Steps:

#### 1. Learn

- About wage ranges by reviewing wage ranges for careers selected.
- How to monitor expenses to stay within budget.
- How to adjust budget to remain in balance.

#### 2. Identify Financial Goals

- Emergency Savings
- Paying Off Debt
- Saving for Future Purchases

#### 3. Identify:

Use the Notes tool or download the basic budget worksheet, or make a copy of the basic budget worksheet in Google Drive to identify:

- Current Assets
- Current Expenses
- Credit Card/Other debt
- Income



E101 Determine your current financial status and set goals to create monitor and adjust your budget.

### Determine your current financial status and set goals to create, monitor and adjust your budget

What can you buy with a dollar? Not much these days. That is why you need to set financial goals and create a budget.

This activity will help you learn about:

- Wage ranges for careers,
- Identifying the items to help you plan a budget,
- Monitoring expenses, and
- Adjusting to keep your budget in balance.

Click on each card to see a definition of financial terms on the back of the card.



E101 Identify financial goals

Note \*

Insert text here...

Fill in the notes for your plan.  
The notes save as you type.



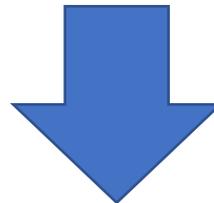
Identify

Download the **Basic Budget Worksheet** and identify your emergency savings, debt, and saving for future purchases.

[Download Basic Budget Worksheet \(XLS\)](#)

[Make a Copy of Basic Budget Worksheet \(Google Drive\)](#)

Continue



Basic Budget Worksheet

Enter the information next to the line in the budget to see what your flexible spending allowance is:		Track your monthly income and expenses here:				
Monthly Income	Monthly Expenses	Flex Allowance	Actual	Actual	Actual	Actual
			January	February	March	April
<b>Income</b>						
Monthly paychecks						
Child Support/Maintenance						
Pensions/IRA						
Other income						
Subtotal	0.00	0.00	Actual Month Total	0.00	0.00	0.00
			Over Under Budget	0.00	0.00	0.00
<b>Expenses</b>						
<b>Home</b>						
Mortgage or rent						
Homeowner's/renter's insurance						
Property taxes						
Home Repairs/Maintenance						
Home Owner Association fees						
Home improvements						
Subtotal	0.00	0.00	Actual Month Total	0.00	0.00	0.00
			Over Under Budget	0.00	0.00	0.00
<b>Utilities</b>						
Electricity						
Water/Overseas						
Internet/Cell Phone						
Telephone						
Internet						
Subtotal	0.00	0.00	Actual Month Total	0.00	0.00	0.00
			Over Under Budget	0.00	0.00	0.00
<b>Food</b>						
Drinking						
Eating Out, Lunches, Snacks						
Subtotal	0.00	0.00	Actual Month Total	0.00	0.00	0.00
			Over Under Budget	0.00	0.00	0.00

# Financial Literacy Unit

## Lesson 3B2: Determine Current Financial Status and Budget (Continued)



### Complete

#### Activity Steps: *continued*

4. Complete this activity by updating the Career Plan dates for the step "Getting and staying out of debt."

**Duration** – 15-45 Minutes

#### More Resources:

- [What you need to Know Before Applying for Credit Card](#)
- [Budgeting Basics](#)
- [Getting Started with Money Management - Young Adults](#)

The screenshot shows a web interface for updating a career plan. At the top, there's a navigation bar with a search icon, the text 'E101 Complete the activity response: Update your career plan dates for "Getting and staying out of debt."', and buttons for '<< Previous' and 'Mark Complete'. Below this is a blue button labeled 'Open Illinois workNet Career Plan'. The main content area is a modal window titled 'UPDATE STATUS' with a close button. The modal has a title 'Getting and staying out of debt.' and several input fields: 'Goal\*' (dropdown menu with 'Living independently.' selected), 'Status\*' (dropdown menu with 'Planned/Not Started (Scheduled)' selected), 'Planned Start Date\*' (calendar icon and date '03/25/2021'), 'Planned Due Date\*' (calendar icon and date '04/09/2021'), 'How many hours a week are you planning on working on this?' (text input field), and 'WIGA Funded\*' (dropdown menu with 'No' selected). There is also an 'Other Notes\*' section with a text area containing the red text 'Add notes about current financial features and goals.'. At the bottom of the modal, it says 'Service addresses the following situations' and 'Show More Situations'. There are 'Update' and 'Close' buttons at the bottom right of the modal.

- i** Update the step for your Career Plan by:
- Add a date you want to begin.
  - Add a date you plan to finish.
  - Enter number of hours you plan to work on your step.
  - Enter additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the Update button.

# ● ● Financial Literacy Unit

## Lesson 3B2: Determine Current Financial Status and Set Goals to Create, Monitor and Adjust Budget



### Objective:

Explain wage ranges, budgets, and financial goals.

### Summary:

Students will learn about wage ranges for jobs and career paths; identify current assets and liabilities; identify financial goals; and learn how to work with a budget.

### Activities:

1. Review related resources.
2. Discuss wage ranges using Careers, Wages, and Trends on Illinois workNet.
3. Discuss parts of a budget.
4. Discuss financial goals and create examples.
5. Use the budget tool.

### Discussion Points:

- When is it appropriate to ask about performance reviews?
- When are performance reviews given?
- What are coaching opportunities?
- How do you handle feedback from a supervisor?
- What are the most important essential employability skills?

# ● ● Financial Literacy Unit

## Lesson 3B3: Quiz



### Complete

#### Activity Step:

**Test** your knowledge of what you learned. These questions will be on the Post-Assessment test.

A screenshot of a web-based quiz interface. At the top, there is a search bar with 'E101' and a magnifying glass icon. To the right of the search bar are two buttons: '&lt;&lt; Previous' and 'Mark Complete'. Below the search bar, there is a line of text: 'Test your knowledge of what you learned. These questions will be on the post-assessment test.' The main content area is titled 'Quiz' with a blue underline. Below the title, there is a paragraph of text: 'Test your knowledge! These quiz questions are included on the Post-Assessment test. When you have completed the Quiz, you will be directed to the next set of learning modules. When you have finished the quiz, check the box at the top of the lesson panel that says "Mark Complete".' At the bottom of the main content area, there is a button that says 'START QUIZ &gt;'. The entire interface is enclosed in a thin black border.

After the question is answered, the correct answer will be given.

Mark the box at the top of the lesson panel that says "Mark Complete" when the quiz is finished.

**Duration** – 5 Minutes

# ● ● ● Skills for Success Unit

## Lesson 3C1: Violence Prevention and Awareness



### Learn

#### Activity Steps:

1. **Learn:**
  - a. About preventing violence in school and the workplace.
  - b. How to recognize bullies and your role.
  - c. How to recognize sexual harassment.
  - d. How to respond appropriately.
2. **Complete** this activity by customers updating will update the Career Plan step called "Stay safe at work."

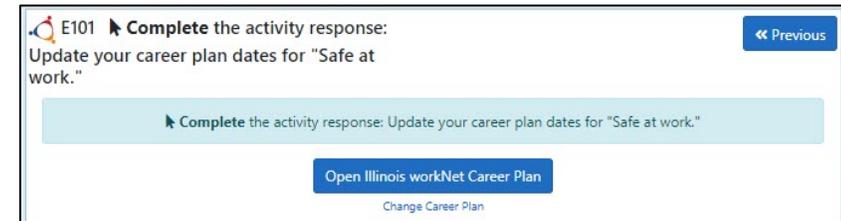
**Duration** – 15-30 Minutes



#### More Resources:

- [Bully Recognition 101](#)
- [Prevent Violence at School and Work](#)
- [You can Prevent the Violence](#)
- [Trauma Informed Care](#)

### Complete



UPDATE STATUS

Stay safe at work.

Goal\* Living independently.

Status\* Planned/Not Started (Scheduled)

Planned Start Date\* 02/26/2021

Planned Due Date\*

How many hours a week are you planning on working on this? WIOA Funded\*

No

Other Notes\* Add notes about things you need to do to stay safe at work.

Service addresses the following situations

Show More Situations

Update Close

- i** Update the step for your Career Plan by:
- Add a date you want to begin.
  - Add a date you plan to finish.
  - Enter number of hours you plan to work on your step.
  - Enter additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **Update** button to return to the learning module.



# ● ● ● Skills for Success Unit

## Lesson 3C1: Violence Prevention and Awareness

### Objective:

Explain how to recognize and overcome school or workplace violence and bullying, and sexual harassment.

### Summary:

Students will learn signs of violence and bullying in the workplace or at school. Students will learn how to recognize sexual harassment. Students will also learn how to respond to both appropriately.

### Activities:

1. Review related resources.
2. Discuss different types of school and workplace violence, including bullying.
3. Discuss signs and signals of sexual harassment at school or in the workplace.
4. Discuss appropriate responses and how to help others if you see others experiencing these actions.

### Discussion Points:

- Who does violence affect?
- Is one age group impacted by violence more than any others?
- What are other names for violence? Who can be a “bully” or violent?
- What will deter gun violence from taking place at schools or workplaces?
- What are things you can do to combat gun violence in your community?
- Is Intimate Partner Violence (IPV) a precursor to domestic abuse?
- Are only women abused by men? Does it only happen to married people?



# ● ● ● Skills for Success Unit

## Lesson 3C1: Violence Prevention and Awareness

### Discussion Points: *(Continued)*

- Julia recently was diagnosed with clinical depression. She goes out and binge drinks nearly every weekend with her boyfriend and friends. When she drinks, her boyfriend often pressures her to have sex, even when she doesn't want to. He also makes rude and inappropriate comments about her in front of all their friends, which makes her feel bad about herself. Is Julia in an abusive relationship?
- Ryan suffers from severe anxiety but learned to cope with symptoms in his teen years. He recently came out to his friends and family. He has not had a close relationship with another boy before but decided to go on a date with another boy, Paul, who expressed interest in a relationship. He quickly realized the relationship would not work and tried to end things. But since then, Paul has not stopped calling, texting, and seems to track his every movement on social media. He asks Paul to lay off, but this only makes him pursue Ryan even more. Is Paul stalking Ryan?
- What are ways someone can be bullied on the internet?
- How can learning conflict resolution tactics help you defend yourself against a bully or other acts of interpersonal violence?
- What can you do? If you see something, **say something!**

# ● ● ● Skills for Success Unit

## Lesson 3C2: Continue to Build Skills



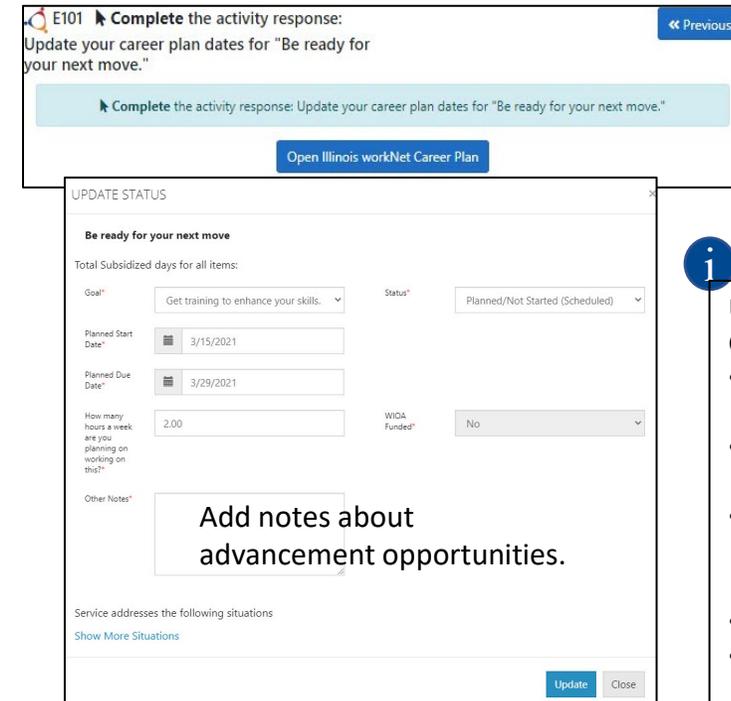
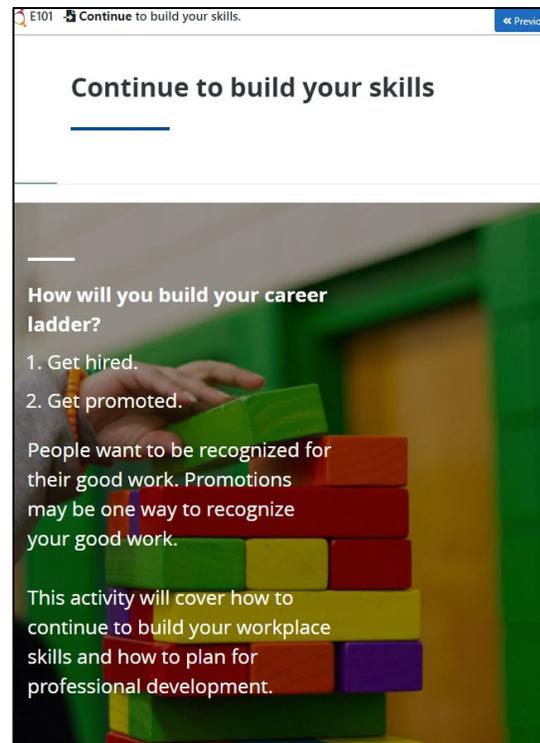
### Activity Steps:

1. **Learn**
  - a. How to continue building soft skills in the workplace.
  - b. How to plan for professional development.
2. **Complete** activity. Customers will update the dates on the step titled "Be ready for your next move."

**Duration** – 5-20 Minutes

### More Resources:

- [Soft Skills Required](#)
- [Career Advancement](#)



- Update the step for your Career Plan by:
- Add a date you want to begin.
  - Add a date you plan to finish.
  - Enter number of hours you plan to work on your step.
  - Enter additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the Update button.



# ● ● ● Skills for Success Unit

## Lesson 3C2: Continue to Build Skills

### Objective:

Learn how to continue building skills and professional development.

### Summary:

Students will learn workplace skills needed to develop for workplace advancement. Students will learn how to find out about professional development opportunities and criteria required to keep a new job.

### Activities:

1. Review related resources.
2. Discuss different types of performance criteria.
3. Discuss essential skills that will help the customer keep their new job.
4. Discuss career pathways and how advancement in those pathways happens.

### Discussion Points:

- When is it appropriate to ask about performance reviews?
- When are performance reviews given?
- What are coaching opportunities?
- How do you handle feedback from a supervisor?
- What are the most important essential employability skills?
- What career pathways offer career advancement?

# Skills for Success Unit

## Lesson 3C3: Volunteer



### Learn

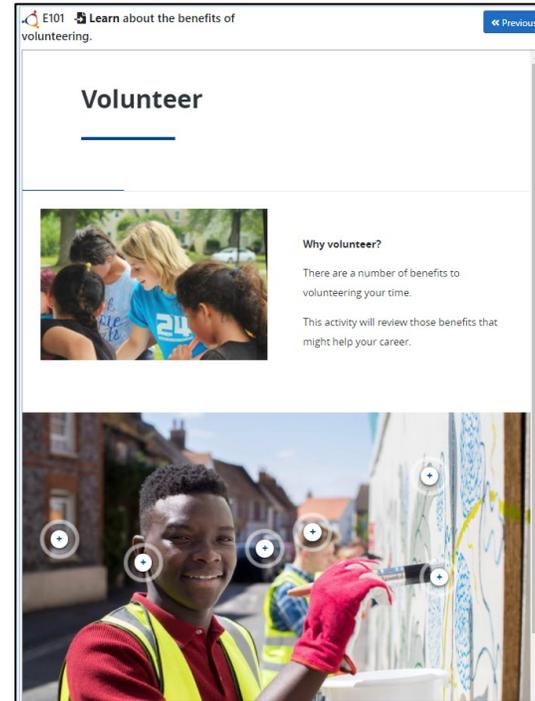
#### Activity Steps:

1. **Learn** the benefits of volunteering.
2. **Identify** opportunities to volunteer in your community (Examples: church, YMCA, food pantry, homeless shelter, or other social service agencies).
3. **Complete** activity by the customer updating Career Plan dates on the step "Get skills, experience, and network by being a volunteer." Make Notes in Steps 1-3 of volunteer agencies/activities in your community that interest you.

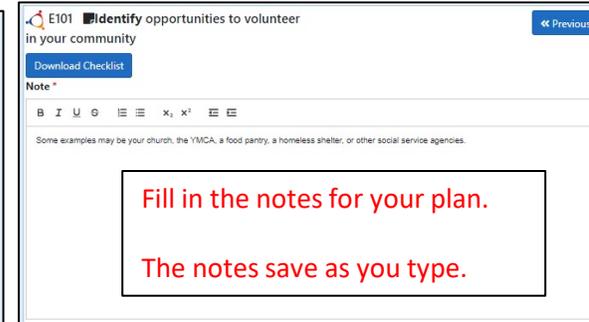
**Duration** – 5-15 Minutes

#### More Resources:

- [Benefits of Volunteering](#)
- [Volunteer Opportunities in Your Community](#)
- [Job Search Plan \(PDF\)](#)



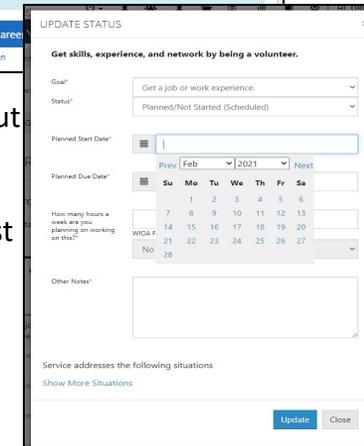
### Note



### Complete



Add notes in steps about 1-3 volunteer agencies or activities in your community that interest you.



- i** Update the step for your Career Plan by:
- Add a date you want to begin.
  - Add a date you plan to finish.
  - Enter number of hours you plan to work on your step.
  - Enter additional notes.
  - Update Status to Started/Open when you add a date.
  - Click the **Update** button to return to the learning module.



# ● ● ● Skills for Success Unit

## Lesson 3C3: Volunteer

### Objective:

Explain how to expand your network or career opportunities by volunteering.

### Summary:

Students will learn the importance of volunteering in their community.

### Activities:

1. Review related resources.
2. Discuss different types of volunteering.
3. Discuss the ways someone can meet new people and discover opportunities for career growth or advancement.

### Discussion Points:

- What types of volunteer activities are in your community?
- When is a good time to volunteer?
- What are benefits of volunteering in your community?
- Why is volunteering good for your career advancement?

# ● ● ● Skills for Success Unit

## Lesson 3C4: Quiz

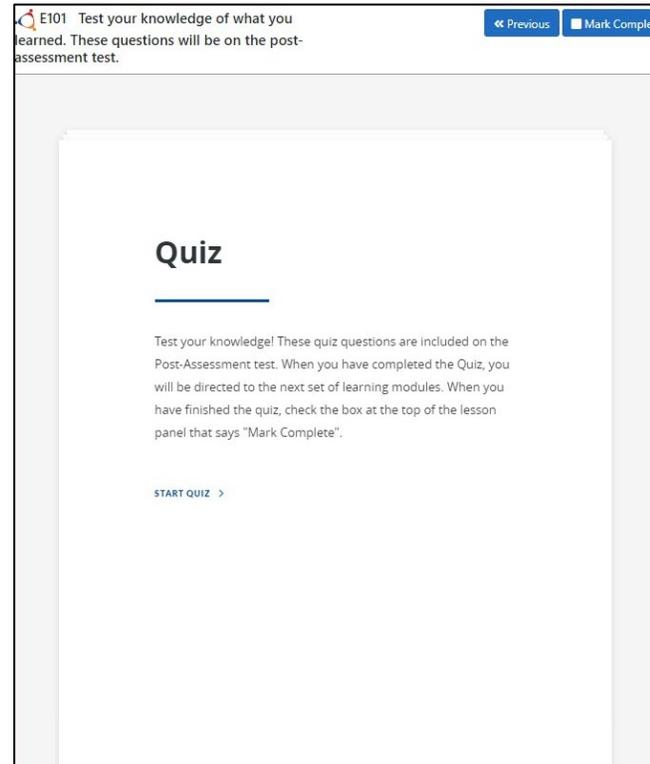


### Complete

#### Activity Step:

Test your knowledge of what you learned. These questions will be on the Post-Assessment test.

Duration – 5 Minutes



After answering the question, the correct answer will be given.

Mark the box at the top of the lesson panel that says "Mark Complete" when the quiz is finished.

# ● ● ● Skills for Success Unit

## Lesson 3C4: Quiz



IwnProfiles Home

# E101: PREPARE A JOB SEARCH PLAN

<< Previous Menu ▾ Next >>

## Skills for Success

- 1.  Violence prevention and awareness
- 2.  Continue to build your skills
- 3.  Volunteer
- 4.  [Test your Knowledge](#)

## Activity Steps

1. [Test your knowledge of what you learned. These questions will be on the post-assessment test.](#) ✓

**Congratulations!** You have completed all of the learning modules in E101. You have equipped yourself with some great knowledge to help you plan your career, job search, and how to achieve success when you land your next job! It is time now to take the Post Assessment to show how much you have learned in E101!

[Take the Post Assessment](#)

**Congratulations!** You completed all the learning modules in E101. You equipped yourself with great knowledge to help you plan your career, job search, and how to achieve success when you land your next job! It is time to take the Post Assessment to show how much you have learned in E101!

Once you earn a score of 70% or better, you will be able to download your Certificate of Completion and your digital badge.



# Post-Assessment

## Certificate and Badge

# POST-ASSESSMENT



### Post-Assessment

\* - Required [Return to Assessments](#)

1. When you are exploring career choices, it's important to think about: \*

- The training you might need to get the job you want
- Whether the job is a good match for your personal interests
- Whether there are jobs like that around
- All of the above

2. Your resume tells employers a lot about you. Which of the following is most important to include on your resume? \*

- Your work and education
- What you like to do
- The jobs you are applying for
- All of the above

3. Which type of resume is best for you? \*

- Chronological Resume
- Functional Resume
- Combination Resume
- None of the above

4. When you are applying for a job, it's fine to post this kind of personal information on websites: \*

- Your social security number
- Your personal opinions and photographs

### Post-Assessment

You answered 23 of 25 correct for a score of 92%.

\* - Required

1. When you are exploring career choices, it's important to think about: \*

- The training you might need to get the job you want
- Whether the job is a good match for your personal interests
- Whether there are jobs like that around Your Answer. (Incorrect) [Go to Employment 101 for more explanation](#)
- All of the above Correct Answer.

## Step 3. Take Post-Assessment

### Overview:

- 25 multiple choice questions
- Not a timed assessment
- Take the test until you score at least 70%

### Topics Covered:

- Career Exploration
- Training Program Exploration
- Workplace Skills
- Job Search Skills
- Goal Setting
- Violence Prevention and Awareness

*The Post-Assessment is required for users to earn the certificate or digital badge.*

After taking the Post-Assessment, answers marked incorrectly will show with a link to the learning module where more information about the question is found. Users have a list of the assessments taken and may click the "View Results" to see incorrect answers.

Users can retake the Post-Assessment as many times as necessary to score 70% or better. This equals 18 correct answers.

Notes Assessments **Employment 101**

### Assessments will be listed here

Assessment Type	Score	Date Taken	View Results
Pre-Assessment	40	8/19/20	<a href="#">View Results</a>

# CERTIFICATE & DIGITAL BADGE



Complete the E101 Guide, and score 70% on the Post-Assessment to earn a Certificate of Completion and a digital badge to use on your online or print profiles.



# Natasha's Dashboard

My Tools

My Assessments

Partner Tools

 Settings

Update My Profile

Change Password

Update - News  
Subscription Settings 

 Message and Notes

4 Messages

16 Notes

 Employment 101

Employment 101 Plans  
Guide

Pre-assessment - 92%

Post-assessment - 96%

Certificate of Completion

Your Guide To Prepare:

- ★ A Career Plan
- ★ A Job Search Plan

To

 Achieve Your Goals

 Careers

Explore Careers

CNC Operator  
Truck Driver  
Material Handler

[See All](#)

 Training

Explore Training

Start exploring training and bookmark programs that interest you.

 Career Plan

Illinois workNet

 Resume Builder

Resume Builder | Guide

Cover Letter Saved

Interview Practice Saved

Resume Saved

Assessments Saved

Portfolio Saved

Website Saved

Are your saved items not checked? Next Steps

 Job Search Organizer

Find Jobs

Saved Job Openings - 4

Applied to Jobs - 3

Job Interviews - 2

[See All](#)

My Bookmarked Jobs



Once the E101 Guide is finished, users take the Post-Assessment test.

If the score is 70% or above, they achieve a Certificate of Completion.

The certificate can be printed or added to the user's Career Plan

After the guide is completed, you have access to learning modules at any time by returning to your Illinois workNet Dashboard.

# COMPLETE YOUR EMPLOYMENT 101 GUIDE

[Return to Steps](#)

[Reset Guide](#)

## Guide Overview

- This guide includes steps and activities - [Learn how each section is set up.](#)
- As you complete the steps and activities your information will be saved in Career Plan Tools - [Learn about your Career Plan Tool dashboard.](#)
- You can share your saved results if you are working with an instructor or advisor - [Learn how you can use this tool with your advisor](#)
- Complete the post-assessment. You can earn your certificate of completion - [Learn how to access your certificate.](#)

*Congratulations!* You've completed the Employment 101 guide.

[Return to the Steps and complete the Post-Assessment](#)

### 1. Prepare a Career Plan



Start with a career plan. Don't worry about getting "locked in" to one career option. This is a starting point for developing a roadmap to reach your employment goals.

- ✓ Explore Careers
- ✓ Explore Training
- ✓ Get Qualified

### 2. Prepare a Job Search Plan



Organization and preparation are key factors to finding a job. Start preparing today.

- ✓ Get Prepared
- ✓ Find Jobs

## My Overall Progress

8 / 8 Modules Completed



### 3. Achieve Your Goals



Ease your nerves by being prepared for the first day on the job. Learn about skills to help you succeed in your job.

- ✓ Start a Job
- ✓ Financial Literacy
- ✓ Skills for Success



After completing the entire E101 Guide, navigate through learning modules in any order.

Reset the guide to begin again.

Return to the Steps.

Access the Post-Assessment.

# Customer Support Center

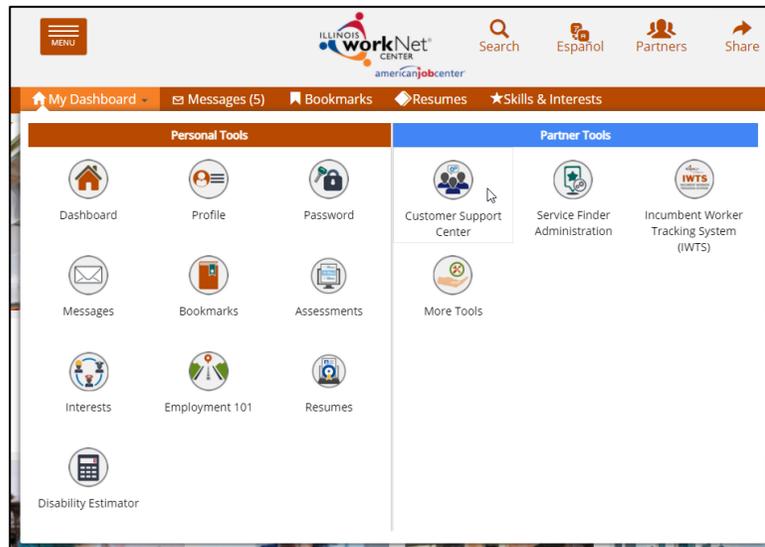


# CUSTOMER SUPPORT CENTER

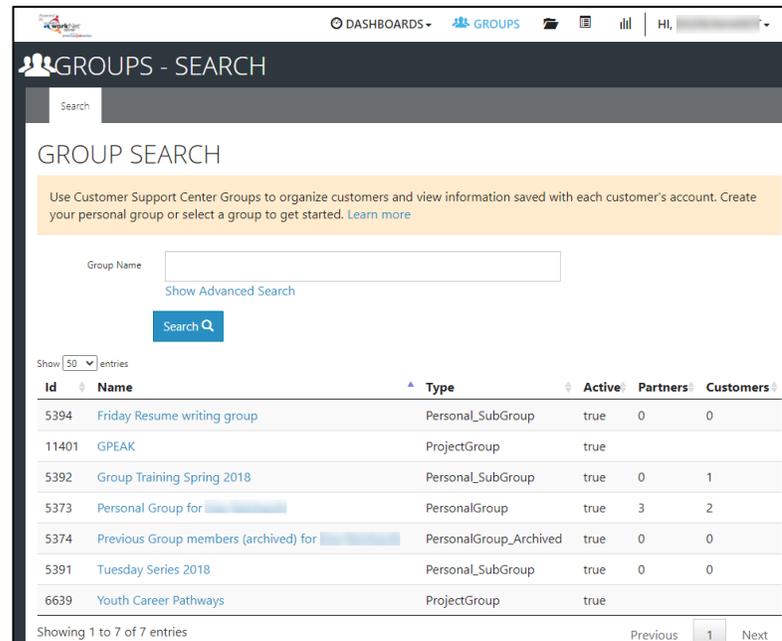


Illinois workNet Partners have access to customers Employment 101 activities who are assigned to personal groups or project groups for which you have been given rights.

Select Customer Support Center.



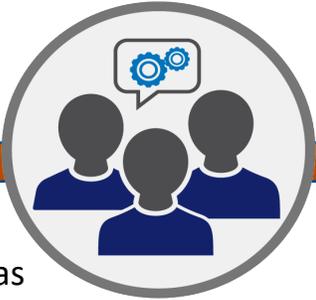
Select a group.



Select a customer by clicking the last name.

workNet Id	Last Name	First Name	Intermediary	Eligibility Determination Date
18218	Arthur	Bea	LWIA 24 SIUE East St. Louis Center	N/A
20271	Smith	Ben	LWIA 24 SIUE East St. Louis Center	N/A
26488	Ward	Ben	Apprenticeship Illinois - ABC Location	3/10/2020
18216	White	Betty	LWIA 24 SIUE East St. Louis Center	N/A
18217	White	Betty	LWIA 24 SIUE	N/A

# CUSTOMER SUPPORT CENTER



Access the Assessments by 2 options:  
Career Plan or Assessments Tab

Overview Application Progress Career Plan Case Notes **Assessments** Optimal Resume Uploads Worksites

ASSESSMENTS

Profile

- SKILLS AND INTERESTS
- DISABILITY BENEFITS ESTIMATOR
- EMPLOYMENT 101
- NOCTI RESULTS
- SELF-EVALUATION
- OBSERVATIONAL EVALUATION
- WORKSITE EVALUATION

Assessments Not Available Through Illinois workNet

ENTER MORE ASSESSMENTS

Click on Employment 101.  
See results from E101 Generation 1 or 2.

SKILLS AND INTERESTS

DISABILITY BENEFITS ESTIMATOR

EMPLOYMENT 101

EMPLOYMENT 101 - GEN 2

Pre-Assessment Taken: 36.00% on 10/26/2020

Post-Assessment Taken: 96.00% on 3/15/2021

Date Taken	Type	Score
9/1/2020 7:12 PM	Post Assessment	84.00
10/23/2020 5:36 PM	Post Assessment	92.00
10/26/2020 11:28 AM	Pre Assessment	36.00
3/10/2021 10:32 AM	Post Assessment	92.00
3/15/2021 3:00 PM	Post Assessment	96.00

View Employment 101 Guide

EMPLOYMENT 101 - GEN 1

Pre-Assessment Taken: 20% on 7/23/2014

Post-Assessment Taken: 92% on 7/23/2014

Click View Employment 101 Guide to work as the customer within the customer's profile.

10/26/2020 11:28 AM	Pre Asses
3/10/2021 10:32 AM	Post Asses
3/15/2021 3:00 PM	Post Asses

View Employment 101 Guide

EMPLOYMENT 101 - GEN 1

Pre-Assessment Taken: 20% on 7/23/2014

Watch for this blue bar to verify work on behalf of the customer.

Christopher Scheufele working as Dee Reinhardt

Career Readiness: Employment 101 Steps

1. Pre-Assessment (Score: 36%)
2. Guide (Score: 36%)
3. Post-Assessment (Score: 96%)
4. Certificate (Score: 96%)

Click the X to discontinue working as the customer.

apps.illinoisworknet.com says

Are you sure you want to stop working as Dee Reinhardt ?

OK Cancel

Career Tools

Dee Reinhardt

X

ss: Employment 101 Steps